

# Sri Chinmoy 10K Race

Battersea Park, London

23rd October 2021

**AUTUMN DAWN 10K**



**SRI CHINMOY  
MARATHON TEAM**



**Run and Become**  
www.runandbecome.com

WINNERS						
RANK	NAME	SURNAME	CLUB	M   F	TIME	AGE
Men U/50						
1	Chris	Wright	Highgate Harriers	Male	00:31:33	29
2	James	Bartram	Thames Hare and Hounds	Male	00:33:03	27
3	Will	Cullen	South London harriers	Male	00:33:18	31
4	Michael	O'Shea	Kent ac	Male	00:33:39	27
5	Benjamin	Tolputt	Serpentine	Male	00:33:41	31
6	Nat	Rowland	Victoria Park & Tower Hamlets AC	Male	00:33:43	30
7	Victor	Lio	Serpentine R.C	Male	00:33:43	32
Women U/50						
1	Caoimhe	Nic Fhogartaigh	London City Athletics Club	Female	00:36:56	44
2	Rose	Penfold	Fulham Running Club	Female	00:37:30	30
3	Victoria	Crawford	Serpentine Rc	Female	00:39:29	35
4	Lucy	Stanhope	Fulham RC	Female	00:41:51	23
5	Seren	Hughes	Fulham Running Club	Female	00:42:11	23
6	Katherine	Elmore-Jones	Fulham Running Club	Female	00:42:44	44
7	Isobel	Rea	West 4 harriers	Female	00:43:14	45
Men Vet 50						
1	Terry	Booth	Guildford & Godalming AC	Male	00:34:42	55
2	Martin	Carmack	Serpentine Rc	Male	00:36:16	51
3	Peter	Clarke	Serpentine Rc	Male	00:36:52	54
Women Vet 50						
1	Michelle	Lennon	Dulwich runners	Female	00:41:34	54
2	Grethe	Petersen	Serpentine Rc	Female	00:46:46	53
3	Heather	Laing		Female	00:50:35	54
Men Vet 60						
1	Kemuel	Solomon	Serpentine Rc	Male	00:40:22	60
2	Andrew	Roberts	Serpentine Rc	Male	00:41:58	69
Women Vet 60						
1	Michele	Coe-o'brien	South London harriers	Female	00:46:32	60
Men Vet 70						
1	Michael	Mann	Dulwich Runner AC	Male	00:50:44	73
Women Vet 70						
1	Phil	Kelvin	Serpentine	Female	00:59:04	70

## ALL RESULTS BELOW

RESULTS								
RANK	NAME	SURNAME	CLUB	M   F	TIME	AGE	CATEGORY	CAT. POS.
1	Chris	Wright	Highgate Harriers	Male	00:31:33	29	MU/50	1
2	James	Bartram	Thames Hare and Hounds	Male	00:33:03	27	MU/50	2

3	Will	Cullen	South London harriers	Male	00:33:18	31	MU/50	3
4	Michael	O'Shea	kent ac	Male	00:33:39	27	MU/50	4
5	Benjamin	Tolputt	Serpentine	Male	00:33:41	31	MU/50	5
6	Nat	Rowland	Victoria Park & Tower Hamlets AC	Male	00:33:43	30	MU/50	6
7	Victor	Lio	Serpentine R.C	Male	00:33:43	32	MU/50	7
8	Hugh	Torry	Serpentine Rc	Male	00:33:46	43	MU/50	8
9	Niall	Gilchrist	Ealing Eagles Running Club	Male	00:33:48	28	MU/50	9
10	Stephen	McLeod	Fulham Running Club	Male	00:33:50	32	MU/50	10
11	Simon	Shaw	Ealing Southal & Middlesex	Male	00:33:59	49	MU/50	11
12	Timothy	Powell	Serpentine	Male	00:34:06	32	MU/50	12
13	Dominic	Howarth	Victoria Park & Tower Hamlets AC	Male	00:34:16	23	MU/50	13
14	Ian	Hurley		Male	00:34:17	28	MU/50	14
15	Oliver	Kean	Highgate Harriers	Male	00:34:26	34	MU/50	15
16	Martin	Bateman	hillingdon ac	Male	00:34:36	45	MU/50	16
17	Terry	Booth	Guildford & Godalming AC	Male	00:34:42	55	MV50	1
18	Richard	Giles	kent ac	Male	00:34:44	44	MU/50	17
19	Robin	JONES	Herne Hill Harriers	Male	00:35:27	48	MU/50	18
20	Ash	Brooks	Fulham Running Club	Male	00:35:30	29	MU/50	19
21	Lyndon	Marfell	Serpentine Rc	Male	00:35:34	32	MU/50	20
22	Ethan	Hodges	Hastings AC	Male	00:35:38	20	MU/50	21
23	Dariusz	Kabulski	Victoria Park & Tower Hamlets AC	Male	00:35:41	29	MU/50	22
24	Stuart	Beaney	Kent Athletic Club	Male	00:35:46	48	MU/50	23
25	Gavin	Lau	Victoria Park & Tower Hamlets AC	Male	00:35:57	38	MU/50	24
26	George	Hudson	Serpentine	Male	00:35:58	28	MU/50	25
27	Alexandre	Bernigaud	Serpentine	Male	00:36:13	47	MU/50	26
28	Martin	Carmack	Serpentine Rc	Male	00:36:16	51	MV50	2
29	Tom	Sloan	Kent Athletic Club	Male	00:36:44	48	MU/50	27
30	Rendy	Prakoso	Mornington Chasers	Male	00:36:47	31	MU/50	28
31	James	Gillanders	Serpentine Rc	Male	00:36:47	43	MU/50	29
32	Gareth	Hopkins	Fulham Run Club	Male	00:36:49	39	MU/50	30
33	Peter	clarke	Serpentine Rc	Male	00:36:52	54	MV50	3
34	James	Spencer		Male	00:36:53	39	MU/50	31
35	Caioimhe	Nic Fhogartaigh	London City Athletics Club	Female	00:36:56	44	WU/50	1
36	Jonathan	Ratcliffe	Herne Hill Harriers	Male	00:36:58	54	MV50	4
37	Joseph	Cassar	Kent Athletic Club	Male	00:37:01	35	MU/50	32
38	Matthew	Vokes	Serpentine	Male	00:37:03	29	MU/50	33
39	Rose	Penfold	Fulham Running Club	Female	00:37:30	30	WU/50	2
40	Christophe	Patry		Male	00:37:32	49	MU/50	34
41	Marcin	Kacperczyk	SerpentineRC	Male	00:37:37	44	MU/50	35
42	Fraser	Hagell	Herne Hill Harriers	Male	00:37:45	33	MU/50	36
43	Colm	Porter	Croydon Harriers	Male	00:37:50	35	MU/50	37
44	David	Mason		Male	00:37:58	51	MV50	5
45	Graham	Hunt		Male	00:38:32	30	MU/50	38
46	Joseph	Clemoes	London Heathside	Male	00:38:36	39	MU/50	39
47	Afzal	Memon		Male	00:38:41	45	MU/50	40
48	Philip	Hogg	London Heathside	Male	00:38:50	51	MV50	6
49	Michael	Carty		Male	00:38:50	47	MU/50	41
50	Ryan	Dargan	Thanet Roadrunners AC	Male	00:38:55	37	MU/50	42
51	Alex	Hewitt	Clapham Chasers	Male	00:38:56	23	MU/50	43
52	Josh	Halderthay		Male	00:39:02	21	MU/50	44
53	Mark	Guest		Male	00:39:04	27	MU/50	45
54	Philip	Whitehouse	Serpentine	Male	00:39:08	31	MU/50	46

55	Euan	Davies	Crystal Palace Triathletes	Male	00:39:11	29	MU/50	47
56	Ali	Macdonald		Male	00:39:29	42	MU/50	48
57	Victoria	Crawford	Serpentine Rc	Female	00:39:29	35	WU/50	3
58	David	Phillips	Herne Hill Harriers	Male	00:39:36	42	MU/50	49
59	Jonathan	Moscrop	Serpentine Rc	Male	00:40:16	47	MU/50	50
60	Joseph	Ibe	Striders of Croydon	Male	00:40:21	41	MU/50	51
61	Kemuel	Solomon	Serpentine Rc	Male	00:40:22	60	MV60	1
62	James	Lello	N/A	Male	00:40:28	28	MU/50	52
63	Jonny	Chambers	Herne Hill Harriers	Male	00:40:33	28	MU/50	53
64	Mark	Kell	Serpentine Rc	Male	00:41:22	40	MU/50	54
65	thomas	cheetham	hercules wimbledon ac	Male	00:41:23	54	MV50	7
66	Michelle	Lennon	Dulwich runners	Female	00:41:34	54	WV50	1
67	Lucy	Stanhope	Fulham RC	Female	00:41:51	23	WU/50	4
68	Eberhard	Prill	dulwich runners ac	Male	00:41:53	59	MV50	8
69	ANDREW	ROBERTS	Serpentine Rc	Male	00:41:58	69	MV60	2
70	Imran	Ahmed	Serpentine Rc	Male	00:42:10	55	MV50	9
71	Alex	Jeffreys	Serpentine Rc	Male	00:42:11	47	MU/50	55
72	Seren	Hughes	Fulham Running Club	Female	00:42:11	23	WU/50	5
73	Ben	Ben Gault	Herne Hill Harriers	Male	00:42:31	43	MU/50	56
74	matt	hartin	DULWICH AC	Male	00:42:36	39	MU/50	57
75	Abu	Asad	Serpentine Rc	Male	00:42:37	43	MU/50	58
76	Yonas	Tewldeberhan	Serpentine Running and Athletics Cl	Male	00:42:41	47	MU/50	59
77	Katherine	ELMORE-JONES	Fulham Running Club	Female	00:42:44	44	WU/50	6
78	Alex	Malzer	Serpentine Rc	Male	00:42:57	51	MV50	10
79	Richard	Hooley	TVH	Male	00:43:10	59	MV50	11
80	Isobel	Rea	west 4 harriers	Female	00:43:14	45	WU/50	7
81	Filippo	Gramigna		Male	00:43:18	50	MV50	12
82	Vincent	Rustill	Serpentine Running and Athletics Cl	Male	00:43:18	22	MU/50	60
83	Alberto	Pose		Male	00:43:23	34	MU/50	61
84	Stewart	Bond	Hercules Wimbledon	Male	00:43:53	52	MV50	13
85	Martin	Kelsen	dulwich runners ac	Male	00:44:10	60	MV60	3
86	William	Cope		Male	00:44:31	24	MU/50	62
87	Fiona	Cameron		Female	00:44:43	28	WU/50	8
88	Emma	Peters	Glossopdale Harriers	Female	00:44:46	25	WU/50	9
89	Jo	Wint	kent ac	Female	00:44:58	40	WU/50	10
90	Victoria	Potterton		Female	00:45:24	27	WU/50	11
91	David	Pimm	26.2 Road Runners Club	Male	00:45:47	62	MV60	4
92	david	gibson		Male	00:45:51	49	MU/50	63
93	Laura	Torry	Serpentine Rc	Female	00:46:28	45	WU/50	12
94	michele	coe-o'brien	South London harriers	Female	00:46:32	60	WV60	1
95	Roberto	Murcio		Male	00:46:45	46	MU/50	64
96	Grethe	Petersen	Serpentine Rc	Female	00:46:46	53	WV50	2
97	Nicola	Pritchard		Female	00:47:03	33	WU/50	13
98	Glynn	McDonald	London Fronrunners	Male	00:47:04	58	MV50	14
99	Elliot	Woodruff	Serpentine Rc	Male	00:47:17	55	MV50	15
100	Daniel	Comens	Sutton runners	Male	00:47:52	48	MU/50	65
101	Andy	Roles		Male	00:48:01	52	MV50	16
102	Kim	Scofield		Female	00:48:11	39	WU/50	14
103	Stefano	Rizzo	Fulham Running Club	Male	00:48:43	47	MU/50	66
104	Anna	Delis	kent ac	Female	00:48:57	40	WU/50	15
105	Jim	Foster	Thames Hare and Hounds	Male	00:49:23	66	MV60	5
106	Nathan	Easey		Male	00:49:43	38	MU/50	67

107	Massimo	Butti	Fulham Running Club	Male	00:49:52	55	MV50	17
108	Matteo	Carminati	Mornington Chasers	Male	00:50:01	34	MU/50	68
109	Paul	Walsh		Male	00:50:18	40	MU/50	69
110	Heather	Laing		Female	00:50:35	54	WV50	3
111	MICHAEL	Mann	Dulwich Runner AC	Male	00:50:44	73	MV70	1
112	Martin	Spence		Male	00:51:36	66	MV60	6
113	Ian	Petch		Male	00:51:39	57	MV50	18
114	Jaswant	Kanth		Male	00:51:40	51	MV50	19
115	Lorren	Comert		Female	00:52:15	31	WU/50	16
116	Mark	Standing	Herne Hill Harriers	Male	00:52:16	56	MV50	20
117	Alison	Hinton	Serpentine Rc	Female	00:53:03	52	WV50	4
118	Keith	Saunders		Male	00:53:27	40	MU/50	70
119	Catharine	Sowerby	Serpentine	Female	00:54:18	59	WV50	5
120	Patrick	Dacey		Male	00:54:27	53	MV50	21
121	Richard	Dunstan	Petts Wood Runners	Male	00:54:43	70	MV70	2
122	Ameet	Patel	dulwich runners ac	Male	00:54:47	57	MV50	22
123	Jasmine	Rapson		Female	00:54:53	30	WU/50	17
124	Rachel	Kennedy		Female	00:55:37	36	WU/50	18
125	Mark	OSullivan		Male	00:56:10	44	MU/50	71
126	Sky	Herington	Hereford Couriers	Female	00:56:45	32	WU/50	19
127	Norma	Cespedes		Female	00:56:48	37	WU/50	20
128	Phil	Kelvin	Serpentine	Female	00:59:04	70	WV70	1
129	Heidi	Rasmussen	serpentine running club	Female	00:59:19	50	WV50	6
130	Joanna	Foster	Fulham Running Club	Female	00:59:52	30	WU/50	21
131	Farid	Chehraz		Male	01:00:06	39	MU/50	72
132	Hicham	Boumediane		Male	01:03:12	29	MU/50	73
133	Sara	Benmoussa		Female	01:03:12	27	WU/50	22
134	Lorraine	Mcmenamin		Female	01:13:26	40	WU/50	23
135	Violetta	Grigorian		Female	01:18:10	47	WU/50	24