

Bangor 10km & Half Marathon

Gender/AG Results Half Marathon

Bib	Forename	Surname	Gender	Pos	Category	Pos	Club	Gun Time	Pos	Chip Time
657	Christopher	Hollinshead	Male	1.	Male 50-54	1.	Cannock And Stafford	1:17:31,78	1.	1:17:31,06
326	Llyr	Apgeraint-Roberts	Male	2.	Male 45-49	1.	North Wales Road Runners	1:22:37,03	2.	1:22:35,36
660	Michael	Corrales	Male	3.	Male 21-34	1.	Nwrrc	1:24:26,30	3.	1:24:25,49
410	John	Edwards	Male	4.	Male 40-44	1.		1:27:30,07	4.	1:27:28,10
539	Nathan	Mountford	Male	5.	Male 21-34	2.		1:28:48,29	5.	1:28:46,90
338	Edward	Banks	Male	6.	Male 35-39	1.		1:29:33,50	6.	1:29:30,87
591	Jack	Rose	Male	7.		1.		1:31:00,87	7.	1:30:58,24
386	Stefano	Danieli	Male	8.	Male 45-49	2.		1:32:06,86	8.	1:31:54,96
605	Daryl	Smallwood	Male	9.	Male 21-34	3.		1:32:19,28	9.	1:32:09,59
538	Francesca	Mottola	Female	1.	Female 21-34	1.		1:32:31,10	10.	1:31:58,81
376	Steve	Coleman	Male	10.	Male 55-59	1.	Fydle Coast Runners	1:33:51,89	11.	1:33:45,54
522	Brian	Marshall	Male	11.	Male 45-49	3.		1:33:59,20	12.	1:33:57,22
502	Mike	Larkin	Male	12.	Male 45-49	4.		1:34:43,28	13.	1:34:39,75
329	Karl	Ashworth	Male	13.	Male 35-39	2.		1:34:46,31	14.	1:34:43,80
364	Paul	Cash	Male	14.	Male 45-49	5.		1:34:55,66	15.	1:34:52,72
447	Gareth	Harding	Male	15.	Male 35-39	3.		1:35:07,34	16.	1:35:05,17
511	Jason	Lynam	Male	16.	Male 45-49	6.		1:37:40,83	17.	1:37:27,46
456	Mike	Henderson	Male	17.	Male 50-54	2.		1:37:41,83	18.	1:37:18,88
530	Lauren	Miller	Female	2.	Female 12-20	1.		1:38:18,15	19.	1:38:11,75
533	Gethin	Morgan	Male	18.	Male 35-39	4.		1:40:14,37	20.	1:39:52,76
624	Dave	Toft	Male	19.	Male 50-54	3.	Deestridders Rc	1:40:45,19	21.	1:40:39,37
331	Charles	Atkins	Male	20.	Male 21-34	4.		1:40:53,07	22.	1:40:44,10
571	Andrew	Pritchard	Male	21.	Male 35-39	5.		1:40:56,31	23.	1:40:47,02
434	Edward	Gill	Male	22.	Male 21-34	5.		1:41:01,51	24.	1:40:14,43
351	Sammy	Blake	Male	23.	Male 21-34	6.		1:41:12,71	25.	1:40:40,25
439	Matthew	Greenough	Male	24.	Male 40-44	2.		1:41:19,71	26.	1:40:36,69
600	Jasmine	Sharp	Female	3.	Female 35-39	1.		1:41:29,21	27.	1:41:20,88
355	Mark	Briggs	Male	25.	Male 50-54	4.		1:41:30,55	28.	1:40:35,80
362	Christine	Cammillare	Female	4.	Female 35-39	2.	Deestridders Rc	1:41:37,43	29.	1:41:29,92
524	Tom	Maurice-Jones	Male	26.	Male 21-34	7.		1:41:47,46	30.	1:41:14,47

413	Gareth	Evans	Male	27.	Male 21-34	8.		1:41:57,79	31.	1:41:20,66
401	Morgan	Devonald	Male	28.	Male 21-34	9.		1:42:00,95	32.	1:41:40,15
334	Tom	Badrock	Male	29.	Male 21-34	10.		1:42:01,02	33.	1:41:44,34
404	Piotr	Dzieszkowski	Male	30.	Male 21-34	11.		1:42:06,72	34.	1:41:30,70
457	Dai	Higgins	Male	31.	Male 45-49	7.		1:42:29,21	35.	1:41:58,76
580	Russ	Reid	Male	32.	Male 45-49	8.		1:42:49,60	36.	1:42:34,08
381	Laura	Coucill	Female	5.	Female 21-34	2.	Hyde Village Striders	1:42:50,15	37.	1:42:39,74
451	Tom	Harris-Jones	Male	33.	Male 21-34	12.		1:43:09,44	38.	1:42:30,77
556	Gareth	Owen	Male	34.	Male 35-39	6.		1:43:16,58	39.	1:43:09,39
480	Paul	Jones	Male	35.	Male 50-54	5.		1:43:51,38	40.	1:43:47,45
531	William	Miller	Male	36.	Male 35-39	7.	Eryri	1:44:01,09	41.	1:43:38,73
328	Jaclyn	Artist	Female	6.	Female 35-39	3.	Eryri	1:44:02,42	42.	1:43:40,53
392	Ann	Davies	Female	7.	Female 35-39	4.		1:44:05,13	43.	1:43:54,23
484	Graham	Jones	Male	37.	Male 21-34	13.		1:44:19,25	44.	1:44:04,42
360	Matthew	Burns	Male	38.	Male 50-54	6.		1:44:52,23	45.	1:44:24,78
586	Glennis	Richardson	Female	8.	Female 55-59	1.	Hyde Striders	1:46:14,85	46.	1:46:03,84
627	Louis	Townhill	Male	39.	Male 21-34	14.		1:46:15,61	47.	1:45:24,00
443	Laura	Hadzik	Female	9.	Female 21-34	3.		1:46:24,61	48.	1:46:13,26
658	Greg	Grundy	Male	40.	Male 40-44	3.	Cbac	1:46:49,05	49.	1:46:21,75
486	John	Jones	Male	41.	Male 60-64	1.	Abergele Harriers	1:46:54,93	50.	1:46:51,52
606	Dan	Smart	Male	42.	Male 12-20	1.		1:46:56,91	51.	1:46:36,74
559	Michael	Partington	Male	43.	Male 50-54	7.		1:47:04,62	52.	1:46:47,17
488	Si	Jones	Male	44.	Male 45-49	9.	Newcastle Staffs Ac	1:47:05,98	53.	1:46:48,70
336	Llion	Baines	Male	45.	Male 45-49	10.		1:47:19,46	54.	1:46:58,03
445	Mark	Hammerton	Male	46.	Male 45-49	11.		1:47:29,88	55.	1:46:48,03
403	Matt	Dudley	Male	47.	Male 40-44	4.		1:47:31,73	56.	1:46:49,78
633	Geraint	Ward	Male	48.	Male 21-34	15.	North Wales Road Runners	1:47:52,93	57.	1:47:45,30
617	Helen	Sumner	Female	10.	Female 35-39	5.		1:48:16,06	58.	1:48:11,18
441	Christopher	Griffiths	Male	49.	Male 40-44	5.		1:48:16,99	59.	1:47:13,28
647	Ian	Winter	Male	50.	Male 35-39	8.		1:48:18,94	60.	1:47:50,17
626	Gary	Tomlinson	Male	51.	Male 35-39	9.		1:48:36,36	61.	1:48:00,91
578	Liam	Ransford	Male	52.	Male 21-34	16.		1:49:26,25	62.	1:48:30,74
516	Simon	Mackley	Male	53.	Male 40-44	6.		1:49:39,91	63.	1:49:16,04
378	Stephanie	Conway	Female	11.	Female 21-34	4.	Gog Triathlon	1:49:46,69	64.	1:49:29,42

339	Andrew	Barnard	Male	54.	Male 40-44	7.	Buckley Rc	1:49:55,00	65.	1:49:40,37
382	Stuart	Crawford	Male	55.	Male 35-39	10.		1:50:05,73	66.	1:49:40,92
344	James	Bell	Male	56.	Male 50-54	8.	Styal Running Club	1:50:11,08	67.	1:49:22,63
610	Jared	Somerville	Male	57.	Male 35-39	11.		1:50:33,80	68.	1:50:05,43
393	Rhian	Davies	Female	12.	Female 21-34	5.		1:50:40,77	69.	1:50:37,36
623	Darren	Thompson	Male	58.	Male 50-54	9.		1:50:45,46	70.	1:50:36,81
397	Julia	de Graaf	Female	13.	Female 21-34	6.		1:50:53,08	71.	1:50:15,62
636	Joe	Webb	Male	59.	Male 35-39	12.		1:51:17,38	72.	1:50:21,54
574	Paul	Pryce	Male	60.	Male 45-49	12.		1:51:36,40	73.	1:50:57,92
438	Amelia	Greaves	Female	14.	Female 35-39	6.	Rhayader Rc	1:51:59,20	74.	1:51:38,16
450	Iestyn	Harris	Male	61.	Male 55-59	2.		1:51:59,96	75.	1:51:41,12
435	Natalia	Golaski	Female	15.	Female 35-39	7.		1:52:00,64	76.	1:51:56,04
550	Sean	O'grady	Male	62.	Male 21-34	17.		1:52:05,09	77.	1:51:52,86
417	Iwan	Evans	Male	63.	Male 12-20	2.		1:52:16,91	78.	
570	Bobby	Prescott	Male	64.	Male 45-49	13.		1:52:18,15	79.	1:51:49,89
564	Justin	Pierce	Male	65.	Male 40-44	8.		1:52:18,95	80.	1:51:20,43
609	Jonathan	Smith	Male	66.	Male 35-39	13.		1:52:20,52	81.	1:51:45,60
537	Alex	Morton	Male	67.	Male 12-20	3.		1:52:20,58	82.	1:52:00,60
620	Jack	Thomas	Male	68.	Male 21-34	18.		1:52:24,45	83.	1:51:35,54
423	Robert	Fleet	Male	69.	Male 12-20	4.		1:52:44,12	84.	1:52:24,38
452	David	Hartley-Williams	Male	70.	Male 40-44	9.		1:52:48,52	85.	1:52:14,52
659	Derek	Doody	Male	71.	Male 50-54	10.	Bridgenorth	1:52:57,82	86.	1:52:52,45
567	Garry	Ponsonby	Male	72.	Male 35-39	14.		1:53:08,83	87.	1:53:01,63
384	John	Cropper	Male	73.	Male 40-44	10.		1:53:10,08	88.	1:52:32,29
597	Matthew	Scaife	Male	74.	Male 35-39	15.		1:53:10,31	89.	1:52:32,65
385	Gwenllian	Dafydd	Female	16.	Female 21-34	7.	Eryri Harriers	1:53:21,97	90.	1:52:56,63
388	Lana	Davidson	Female	17.	Female 35-39	8.	South Cheshire Harriers	1:53:31,46	91.	1:52:57,17
374	Phil	Cliff	Male	75.	Male 50-54	11.	South Cheshire Harriers	1:53:31,66	92.	1:52:57,11
650	Tony	Wolstenholme	Male	76.	Male 45-49	14.		1:53:33,84	93.	1:53:15,79
641	Noel	Williams	Male	77.	Male 40-44	11.		1:53:49,25	94.	1:52:50,30
478	Josh	Jones	Male	78.	Male 21-34	19.		1:54:00,90	95.	1:53:50,67
561	Roy	Pennington	Male	79.	Male 50-54	12.		1:54:04,09	96.	1:53:19,99
449	Amy	Harrington	Female	18.	Female 12-20	2.		1:54:10,01	97.	1:53:32,15
471	Mark	James	Male	80.	Male 55-59	3.	Lancaster Runner's	1:54:20,68	98.	1:53:23,99

345	Warren	Bennett	Male	81.	Male 50-54	13.		1:54:24,51	99.	1:53:53,52
651	Rachel	Wood	Female	19.	Female 40-44	1.	Bridgnorth	1:54:27,93	100.	1:54:23,39
366	Hannah	Caulfield	Female	20.	Female 35-39	9.	Chorley Athletics & Tri	1:54:56,41	101.	1:54:47,81
607	Bethan	Smedley	Female	21.	Female 35-39	10.		1:55:13,49	102.	1:54:58,37
611	Limhi	Somerville	Male	82.	Male 21-34	20.		1:55:58,16	103.	1:55:29,59
612	Javan	Sparks	Male	83.	Male 21-34	21.		1:56:05,35	104.	1:55:18,73
387	Martin	Darby	Male	84.	Male 40-44	12.	Sarn Helen	1:56:44,97	105.	1:56:10,03
405	George	Eadon	Male	85.	Male 21-34	22.	Sarn Helen	1:56:45,02	106.	1:56:10,00
365	Samantha	Catarelli	Female	22.	Female 21-34	8.	Styal Rc	1:56:46,30	107.	1:55:56,76
324	Kirsty	Angel	Female	23.	Female 21-34	9.		1:56:47,26	108.	1:55:52,40
645	Geraint	Williams	Male	86.	Male 45-49	15.		1:56:51,09	109.	1:56:09,43
454	Harriet	Hayto	Female	24.	Female 21-34	10.		1:57:23,65	110.	1:56:45,43
589	Esyllt Haf	Roberts	Female	25.	Female 40-44	2.		1:57:31,70	111.	1:57:22,35
352	Ben	Blunt	Male	87.	Male 21-34	23.		1:57:34,87	112.	1:57:07,56
399	Mark	Derby	Male	88.	Male 50-54	14.		1:57:45,16	113.	1:57:25,76
515	Andy	Lythgoe	Male	89.	Male 45-49	16.		1:57:59,20	114.	1:57:20,21
562	Ryan	Penny	Male	90.	Male 21-34	24.		1:58:22,19	115.	1:57:36,42
646	Stephen	Wills	Male	91.	Male 21-34	25.		1:58:37,27	116.	1:58:11,30
479	Toby	Jones	Male	92.	Male 21-34	26.		1:58:53,15	117.	1:58:46,80
505	Kevin	Lightfoot	Male	93.	Male 35-39	16.		1:59:04,09	118.	1:58:42,78
555	Neil	Owen	Male	94.	Male 21-34	27.		1:59:05,25	119.	1:58:20,17
357	Craig	Brooks	Male	95.	Male 40-44	13.		1:59:20,25	120.	1:59:14,61
375	Stuart	Coe	Male	96.	Male 65-69	1.	Beaumont Running Club	1:59:30,58	121.	1:59:04,09
512	Marie	Lynch	Female	26.	Female 40-44	3.	Aldridge Running Club	1:59:32,95	122.	1:59:21,75
371	Joshua	Clarke	Male	97.	Male 12-20	5.		2:00:09,50	123.	1:59:02,91
400	Sean	Derby	Male	98.	Male 21-34	28.		2:00:13,01	124.	1:59:53,34
327	Richard	Arden	Male	99.	Male 35-39	17.		2:01:23,57	125.	2:00:39,35
419	Mark	Farina	Male	100.	Male 21-34	29.		2:01:27,02	126.	2:00:35,42
354	Matthew	Borders	Male	101.	Male 40-44	14.		2:01:33,56	127.	2:01:01,86
568	John	Porter	Male	102.	Male 45-49	17.		2:01:43,42	128.	2:01:18,85
415	Joel	Evans	Male	103.	Male 21-34	30.		2:01:55,66	129.	2:01:31,75
604	Simon	Sherriff	Male	104.	Male 55-59	4.		2:02:00,78	130.	2:01:19,57
622	Shaun	Thomas	Male	105.	Male 21-34	31.		2:02:25,50	131.	2:01:24,14
498	Jo	Kemp	Female	27.	Female 60-64	1.	Northwich Running Club	2:02:29,75	132.	2:02:25,66

540	Audrey	Mukosera	Female	28.	Female 35-39	11.		2:02:34,77	133.	2:02:26,64
558	Dave	Pardoe	Male	106.	Male 50-54	15.		2:02:54,97	134.	2:02:30,40
460	Felicity	Hindle	Female	29.	Female 21-34	11.		2:03:15,59	135.	2:02:21,09
369	Jaqueline	Claffey	Female	30.	Female 40-44	4.		2:03:48,32	136.	2:03:43,85
637	Martin	Weetman	Male	107.	Male 55-59	5.		2:04:07,52	137.	2:03:51,23
648	Rob	Winterbourne	Male	108.	Male 60-64	2.		2:04:28,20	138.	2:03:40,62
549	Jenny	Norton	Female	31.	Female 50-54	1.	Bridgnorth Running Club	2:04:41,24	139.	2:04:36,21
323	Steven	Andrews	Male	109.	Male 45-49	18.	Barnsley Harriers	2:04:50,50	140.	2:04:42,53
402	Edmund	Drake-Lee	Male	110.	Male 35-39	18.		2:05:00,83	141.	2:04:06,94
546	Tim	Newby	Male	111.	Male 50-54	16.		2:05:03,84	142.	2:04:38,12
448	Karen	Harper	Female	32.	Female 50-54	2.	Styal Runners	2:05:09,94	143.	2:04:19,74
430	Hannah	Gerrard	Female	33.	Female 12-20	3.		2:05:14,52	144.	2:05:08,17
396	Laura	Day	Female	34.	Female 21-34	12.		2:05:41,31	145.	2:05:09,82
632	Keith	Walters	Male	112.	Male 40-44	15.		2:05:52,56	146.	2:05:22,74
634	Al	Wathan	Male	113.	Male 60-64	3.		2:06:00,78	147.	2:05:56,38
548	Andrew	Nicholson	Male	114.	Male 50-54	17.		2:06:12,76	148.	2:05:29,57
325	Jane	Antrobus	Female	35.	Female 45-49	1.		2:06:14,60	149.	2:05:47,97
638	Sophie	White	Female	36.	Female 21-34	13.		2:06:20,38	150.	2:05:35,77
545	Lorraine	Nesbitt	Female	37.	Female 50-54	3.	Abergele Harriers	2:06:27,82	151.	2:05:46,99
491	Fleur	Joyce	Female	38.	Female 55-59	2.		2:06:33,65	152.	2:05:41,70
398	Rebecca	Dean	Female	39.	Female 21-34	14.		2:06:35,61	153.	2:05:41,24
330	Jackie	Aspden	Female	40.	Female 50-54	4.		2:07:26,99	154.	2:07:18,01
468	Steven	Hughes	Male	41.	Male 21-34	31		2:07:32,28	155.	2:06:48,37
466	Melanie	Hughes	Female	42.	Female 35-39	12.	Chester Road Runners	2:07:32,73	156.	2:06:49,18
587	Sara	Roberts	Female	43.	Female 50-54	5.		2:07:41,42	157.	2:06:58,83
464	Kasia	Hrybowicz	Female	44.	Female 21-34	16.		2:07:42,22	158.	2:06:39,57
494	Micheal	Kane	Male	115.	Male 45-49	19.		2:07:56,80	159.	2:04:58,99
363	Paul	Carter	Male	116.	Male 40-44	16.		2:07:57,08	160.	2:04:54,47
407	Jamie	Edwards	Male	117.	Male 21-34	32.		2:08:06,62	161.	2:07:34,73
425	Nick	Frost	Male	118.	Male 40-44	17.		2:08:19,34	162.	2:07:21,23
406	Peter Steven	Edwards	Male	119.	Male 55-59	6.		2:08:21,68	163.	2:07:49,79
573	Amy	Probert	Female	45.	Female 35-39	13.		2:08:38,16	164.	2:08:28,34
635	Duncan	Watts	Male	120.	Male 35-39	19.	North Wales Road Runners	2:09:32,44	165.	2:09:22,37
583	Sion	Richards	Male	121.	Male 21-34	33.		2:09:48,32	166.	2:09:26,74

433	Andy	Gifford	Male	122.	Male 40-44	18.		2:10:02,44	167.	2:09:38,25
414	Cenin	Evans	Female	46.	Female 35-39	14.		2:10:43,70	168.	2:09:48,71
500	Markus	Kinch	Male	123.	Male 60-64	4.	Bearbrook Running Club	2:10:52,40	169.	2:09:52,93
513	Nigel	Lynch	Male	124.	Male 50-54	18.	Aldridge Running Club	2:10:59,34	170.	2:10:47,62
348	Kath	Biddle	Female	47.	Female 45-49	2.		2:11:02,77	171.	2:10:12,83
575	Podchara	Pupipatphol	Male	125.	Male 21-34	34.		2:11:08,50	172.	2:10:32,21
426	Anna	Frost	Female	48.	Female 21-34	17.		2:11:48,20	173.	2:10:57,87
427	Michael	Frost	Male	126.	Male 35-39	20.		2:11:48,92	174.	2:10:58,33
543	Gill	Murphy	Female	49.	Female 45-49	3.		2:11:50,52	175.	2:11:03,05
487	Hayley	Jones	Female	50.	Female 35-39	15.		2:12:05,13	176.	2:11:50,81
602	Kay	Shaw	Female	51.	Female 45-49	4.	Styal Rc	2:12:07,35	177.	2:11:17,60
569	Mark	Povall	Male	127.	Male 45-49	20.		2:12:08,61	178.	2:11:32,58
501	James	King	Male	128.	Male 21-34	35.		2:12:17,43	179.	2:11:39,13
631	Harry	Walker	Male	129.	Male 55-59	7.		2:12:22,01	180.	2:11:35,66
529	Drew	Mercer	Male	130.	Male 55-59	8.		2:12:29,42	181.	2:11:16,90
598	Sharon	Scanlon	Female	52.	Female 35-39	16.		2:12:58,58	182.	2:12:54,69
455	Celine	Hebert	Female	53.	Female 21-34	18.		2:13:10,95	183.	2:12:20,83
639	Tonia	Whitebeam	Female	54.	Female 50-54	6.	Tewkesbury Running Club	2:13:21,97	184.	2:13:11,89
506	Emily	Littlehales	Female	55.	Female 21-34	19.		2:13:31,78	185.	2:13:20,12
489	Sue	Jones	Female	56.	Female 55-59	3.		2:13:38,69	186.	2:13:05,61
576	Katherine	Quinn	Female	57.	Female 55-59	4.	Bridgnorth	2:13:50,29	187.	2:13:45,63
377	Gareth	Colley	Male	131.	Male 21-34	36.		2:14:20,49	188.	2:13:58,27
395	Tracey	Dawson	Female	58.	Female 45-49	5.		2:15:07,69	189.	2:14:52,49
436	Alison	Gow	Female	59.	Female 45-49	6.		2:15:11,75	190.	2:14:13,52
649	Brett	Withington	Male	132.	Male 40-44	19.		2:15:20,00	191.	2:14:51,49
520	Simba	Manhuwa	Male	133.	Male 35-39	21.		2:15:32,57	192.	2:15:24,43
431	Janet	Gethin	Female	60.	Female 40-44	5.	Vegan Runners	2:15:39,02	193.	2:14:49,08
572	Jodie	Pritchard	Female	61.	Female 35-39	17.		2:15:55,48	194.	2:15:40,42
476	Gari	Jones	Male	134.	Male 45-49	21.	Time 2 Run Events	2:15:56,06	195.	2:14:56,52
563	David	Percival	Male	135.	Male 21-34	37.		2:16:43,53	196.	2:15:48,27
350	Clive	Black	Male	136.	Male 50-54	19.		2:17:11,85	197.	2:16:13,00
553	Heather	Orme	Female	62.	Female 21-34	20.		2:17:55,35	198.	2:17:26,78
528	Zifan	Meng	Male	137.	Male 21-34	38.		2:19:24,93	199.	2:18:42,08
527	Mike	Mcsharry	Male	138.	Male 55-59	9.	Huncote Harriers	2:19:55,10	200.	2:18:54,13

542	Jenny	Murphy	Female	63.	Female 45-49	7.	Huncote Harriers	2:19:55,59	201.	2:18:54,96
418	Samantha	Evans	Female	64.	Female 35-39	18.		2:19:59,46	202.	2:18:56,89
495	Asif	Karim	Male	139.	Male 45-49	22.		2:19:59,57	203.	2:18:56,74
485	Lowri	Jones	Female	65.	Female 21-34	21.		2:20:09,03	204.	2:19:56,69
588	Damian	Roberts	Male	140.	Male 35-39	22.		2:20:22,96	205.	2:19:23,77
347	Ashley	Bennett	Male	141.	Male 21-34	39.		2:20:32,69	206.	2:19:50,51
346	Paul	Bennett	Male	142.	Male 55-59	10.	Road Runners Club	2:20:33,08	207.	2:19:50,82
442	Angela	Groom	Female	66.	Female 40-44	6.		2:20:35,67	208.	2:19:45,47
421	Jenny	Fewings	Female	67.	Female 35-39	19.		2:21:08,39	209.	2:20:11,11
444	Matthew	Halligan	Male	143.	Male 21-34	40.		2:21:47,27	210.	2:21:24,20
593	Gareth	Ross	Male	144.	Male 35-39	23.		2:21:54,09	211.	2:21:15,60
361	Susan	Calvert	Female	68.	Female 55-59	5.	Abergele Harriers	2:22:00,15	212.	2:21:19,43
383	Lian	Crierie	Female	69.	Female 35-39	20.		2:22:07,01	213.	2:21:45,51
370	Jonathan	Clarke	Male	145.	Male 50-54	20.	Styal Running Club	2:22:22,28	214.	2:21:33,18
482	Kerry	Jones	Female	70.	Female 35-39	21.		2:22:30,83	215.	2:22:03,81
592	Helen	Ross	Female	71.	Female 35-39	22.		2:22:32,33	216.	2:21:53,24
349	Nicola	Birkett	Female	72.	Female 40-44	7.		2:22:56,78	217.	2:21:59,95
579	Laura	Reeves	Female	73.	Female 21-34	22.		2:23:47,48	218.	2:23:10,99
504	Amy	Lemberger	Female	74.	Female 21-34	23.		2:24:41,77	219.	2:24:31,04
372	Nicki	Clayton	Female	75.	Female 35-39	23.		2:24:41,96	220.	2:24:31,35
463	Debbie	Howard	Female	76.	Female 45-49	8.		2:24:54,30	221.	2:24:01,77
536	Daniel	Morris	Male	146.	Male 40-44	20.		2:24:57,26	222.	2:24:47,39
552	Sue	Ohanlon	Female	77.	Female 55-59	6.		2:24:59,47	223.	2:24:06,79
481	Sophie	Jones	Female	78.	Female 35-39	24.		2:26:00,55	224.	2:25:45,67
335	Michael	Bailey	Male	147.	Male 35-39	24.		2:26:16,70	225.	2:25:38,59
429	Suzanne	Gardner	Female	79.	Female 50-54	7.		2:26:53,57	226.	2:26:36,05
653	Jamie	Wynne	Male	148.	Male 12-20	6.		2:27:13,89	227.	2:26:48,35
599	Mia	Seber	Female	80.	Female 21-34	24.		2:27:55,55	228.	2:27:01,14
428	Ann	Frost	Female	81.	Female 60-64	2.		2:29:13,76	229.	2:28:18,69
422	Ann	Figg	Female	82.	Female 65-69	1.		2:32:33,83	230.	2:31:47,14
590	Iorwerth	Roberts	Male	149.	Male 70-74	1.	Eryri Harriers	2:33:14,40	231.	2:32:14,66
458	Chris	Hildebrand	Male	150.	Male 21-34	41.		2:33:41,64	232.	2:33:03,02
394	Ben	Davies-Thompson	Male	151.	Male 21-34	42.		2:33:41,70	233.	2:33:02,43
525	Lou	Mccall	Female	83.	Female 50-54	8.		2:33:54,64	234.	2:33:23,14

409	Davey John	Edwards	Male	152.	Male 21-34	43.		2:34:50,49	235.	2:34:19,00
368	Gwennan	Charlton	Female	84.	Female 21-34	25.		2:35:01,27	236.	2:34:19,14
379	Alistair	Corbelli	Male	153.	Male 12-20	7.		2:35:28,19	237.	2:34:21,78
585	Juliette	Richardson	Female	85.	Female 45-49	9.		2:35:37,86	238.	2:34:57,88
557	Mark	Painter	Male	154.	Male 21-34	44.		2:36:13,73	239.	2:35:25,85
477	Sara	Jones	Female	86.	Female 21-34	26.		2:36:17,51	240.	2:35:23,62
462	Ceri	Hollywood	Female	87.	Female 21-34	27.		2:36:17,72	241.	2:35:23,70
614	Oliver	Spilsbury	Male	155.	Male 21-34	45.		2:36:27,63	242.	2:36:06,51
554	Linda	Osborne	Female	88.	Female 50-54	9.	Shropshire Shufflers	2:36:38,26	243.	2:36:23,03
618	Robert	Taylor	Male	156.	Male 45-49	23.		2:36:46,71	244.	2:35:59,05
492	Kate	Joynson	Female	89.	Female 45-49	10.		2:36:48,67	245.	2:36:01,46
613	Gavin	Speed	Male	157.	Male 21-34	46.		2:36:55,94	246.	2:36:08,47
432	Allan	Gibbs-Monaghan	Male	158.	Male 40-44	21.		2:39:02,40	247.	2:38:16,86
521	Jane	Mann	Female	90.	Female 55-59	7.		2:40:52,86	248.	2:40:24,96
517	Jane	Magee	Female	91.	Female 55-59	8.	Shropshire Shufflers	2:41:09,96	249.	2:40:54,84
490	Natasha	Jones	Female	92.	Female 21-34	28.		2:41:39,62	250.	2:41:27,59
437	Suzanne	Greaves	Female	93.	Female 45-49	11.		2:41:45,50	251.	2:41:35,86
473	Neil	Johnstone	Male	159.	Male 55-59	11.		2:44:16,46	252.	2:43:26,92
630	Keith	Tubman	Male	160.	Male 70-74	2.		2:44:17,35	253.	2:43:16,97
551	El	Ogilvie	Female	94.	Female 40-44	8.	Sowerby Bridge Snails	2:47:32,58	254.	2:47:03,31
560	Nicki	Paynter	Female	95.	Female 40-44	9.	Sowerby Bridge Snails	2:47:32,74	255.	2:47:02,84
565	Sandra	Pinder	Female	96.	Female 55-59	9.	Sowerby Bridge Snails Rc	2:47:32,74	256.	2:47:02,98
332	Amanda	Aveyard	Female	97.	Female 40-44	10.	Sowerby Bridge Snails R C	2:47:32,74	257.	2:47:03,65
356	Susan	Brocklehurst	Female	98.	Female 45-49	12.	Start2jog	2:50:13,20	258.	2:49:23,58
367	Laura	Chambers	Female	99.	Female 21-34	29.		2:51:53,70	259.	2:51:09,33
526	Alyn	Mcchesney	Male	161.	Male 35-39	25.	Seapark Ac	2:51:53,70	260.	2:50:47,64
577	Zara	Ramsay	Female	100.	Female 35-39	25.		2:52:06,18	261.	2:51:31,28
518	Kevin	Maguire	Male	162.	Male 70-74	3.	Winston Runners	2:54:37,81	262.	2:54:20,73
584	Jen	Richards	Female	101.	Female 40-44	11.		2:54:45,73	263.	2:54:30,71
440	Sarah	Greenwood	Female	102.	Female 12-20	4.		2:59:18,82	264.	2:58:27,59
380	Michael	Corf	Male	163.	Male 12-20	8.		2:59:19,16	265.	2:58:28,25
321	Andrew	Amos	Male	164.	Male 21-34	47.	Kirkby Milers Ac	3:01:09,61	266.	3:00:08,71
320	Melissa	Allen	Female	103.	Female 35-39	26.	Kirkby Milers Ac	3:01:09,74	267.	3:00:08,84
510	Owain	Lloyd	Male	165.	Male 60-64	5.		3:02:14,77	268.	3:01:34,68

621	Danielle	Thomas	Female	104.	Female 21-34	30.		3:05:49,87	269.	3:05:16,40
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