

Race#	Forename	Surname	Gender	Category	Category Pos	Club	Gun Time	Position	Chip Time	Position
18	Mohammad	Abu Rezeq	M	MSEN	1	Altrincham & District Athletic	01:07:16	1	01:07:16	1
1	Yared	Hagos	M	MSEN	2	Wallsend	01:07:18	2	01:07:17	2
17	Russell	Bentley	M	MSEN	3	Eryri Harriers	01:08:51	3	01:08:51	3
2682	Steve	Robinson	M	MSEN	4	Royal Air Force	01:11:34	4	01:11:33	4
14	Callum	Rowlinson	M	MSEN	5	Sale Harriers	01:14:29	5	01:14:28	5
20	Steffan	Sayer	M	MSEN	6	Menai Track and Field	01:15:09	6	01:15:08	6
2732	Andrew	Green	M	M50-54	1	Warrington AC	01:15:37	7	01:15:35	7
2536	Simon	Cole	M	MSEN	7		01:16:10	8	01:16:07	8
947	Adam	Green	M	MSEN	8	Warrington AC	01:16:32	9	01:16:32	9
12	Chris	Millett	M	MSEN	9	shelton striders	01:16:47	10	01:16:46	10
7	Graham	Green	M	M45-49	1	Warrington AC	01:16:51	11	01:16:50	11
1119	Christopher	Hollinshead	M	M45-49	2	Stafford Harriers	01:16:54	12	01:16:52	12
21	Rob	Grantham	M	M40-44	1	City of Chester Triathlon Club	01:16:57	13	01:16:57	13
808	Kim	Fawke-Williams	F	F35-39	1	Centurion RC	01:17:52	14	01:17:51	14
2	Ali	Lavender	F	FSEN	1	Oswestry Olympians	01:17:58	15	01:17:58	15
8	Martin	Green	M	M40-44	2	NWRRRC	01:18:12	16	01:18:11	16
2898	Mike	Goulbourne	M	M40-44	3		01:18:36	17	01:18:33	17
1429	Karl	Lee	M	MSEN	10	Wesham Road Runners	01:18:37	18	01:18:35	18
186	Jim	Bacon	M	MSEN	11	Eryri Harriers	01:19:04	19	01:19:02	19
3	Luke	Beresford	M	MSEN	12	ripley running club	01:19:12	20	01:19:11	20
1437	Dave	Lemon	M	M35-39	1	Deeside	01:19:44	21	01:19:42	21
19	Kelly	Crickmore	F	F35-39	2	Stockport Harriers & AC	01:19:59	22	01:19:59	22
753	Stephen	Edwards	M	M40-44	4		01:20:12	23	01:20:03	23
311	Gregg	Boughey	M	M35-39	2		01:20:16	24	01:20:14	24
1606	Diane	Mcvey	F	F35-39	3	Wilmslow RC	01:20:43	25	01:20:41	26
2591	Thomas	Spence	M	MSEN	13	Wrexham AAC	01:20:44	26	01:20:35	25
668	Kelvin	Dickinson	M	M40-44	5	Wirral AC	01:20:44	27	01:20:41	27
1858	Michael	Phillips	M	M35-39	3		01:20:50	28	01:20:45	28
397	Mark	Byrne	M	M35-39	4	Wrexham AAC	01:20:54	29	01:20:50	29
1453	Thomas	Little	M	M35-39	5		01:20:59	30	01:20:53	30
5	Lucie	Custance	F	F35-39	4	Clapham Chasers	01:21:16	31	01:21:15	32
381	Neil	Bullock	M	MSEN	14	Penny Lane Striders	01:21:19	32	01:21:15	31
1452	Robert	Little	M	M35-39	6	West Cheshire AC	01:21:56	33	01:21:50	33
13	David	Morris	M	MSEN	15	South Cheshire Harriers	01:22:07	34	01:22:05	36
170	Karl	Ashworth	M	MSEN	16		01:22:09	35	01:22:05	35

6	John	Edward Morris	M	MSEN	17	Denbigh Harriers	01:22:23	36	01:22:22	37
699	Martin	Dorrill	M	M45-49	3	Kenilworth Runners	01:22:41	37	01:22:32	38
10	Neil	Jones	M	M45-49	4	South Cheshire Harriers	01:22:46	38	01:22:44	39
258	Jason	Bennett	M	M40-44	6	buxton	01:22:48	39	01:22:47	40
2876	Steve	Darby	M	M45-49	5	Barnsley AC	01:23:09	40	01:23:05	41
476	Mark	Clair	M	MSEN	18	Knowsley Harriers AC	01:23:27	41	01:22:04	34
1266	Andrew	Jones	M	M35-39	7	Wrexham AAC	01:23:34	42	01:23:30	44
516	Arthur	Connell	M	MSEN	19		01:23:37	43	01:23:36	45
2892	Phil	Lynes	M	MSEN	20		01:23:42	44	01:23:39	46
896	Matt	Gawne	M	MSEN	21	GREASBY PLODDERS	01:23:50	45	01:23:44	47
1580	Allan	Mccormick	M	MSEN	22	Wilmslow RC	01:23:51	46	01:23:47	49
949	Mike	Green	M	M40-44	7	Wallasey Athletics Club	01:23:52	47	01:23:16	42
2624	Benedict	Keatinge	M	MSEN	23		01:23:52	48	01:23:45	48
1321	Robert	Jones	M	MSEN	24	Wrexham AAC	01:24:10	49	01:24:08	51
2670	Liam	Mcgrath	M	M35-39	8	Pensby Runners	01:24:13	50	01:24:10	52
131	Pete	Ackerley	M	M40-44	8	Warrington Road Runners	01:24:17	51	01:24:11	53
1636	Gary	Milligan	M	M40-44	9		01:24:24	52	01:24:17	54
1595	Karl	Mckenzie	M	M40-44	10		01:24:28	53	01:24:00	50
2874	Hannah	Oldroyd	F	FSEN	2		01:24:32	54	01:24:28	55
1942	Jonathan	Rhys	M	MSEN	25	Harlequins Orienteers	01:25:22	55	01:25:00	56
1175	Roy	Hughes	M	MSEN	26	Mossley Hill AC	01:25:25	56	01:25:18	57
2644	Mote	Keatinge	M	MSEN	27		01:25:37	57	01:25:30	60
2664	Rhys	Ab Elwyn	M	M50-54	2	Eryri Harriers	01:25:41	58	01:25:36	62
323	Paul	Bowes	M	M45-49	6	Shropshire Shufflers	01:25:46	59	01:25:43	63
2178	James	Stewart	M	MSEN	28	Chorlton Runners	01:25:49	60	01:25:26	59
116	Christopher	Moran	M	M35-39	9	Doncaster Athletic Club	01:25:52	61	01:25:50	64
2835	Matthew	Jones	M	M40-44	11	Ripley Running Club	01:26:09	62	01:26:06	67
462	Paul	Chegwin	M	MSEN	29		01:26:11	63	01:26:08	68
625	Martyn	Davies	M	MSEN	30	Newcastle (Staffs) AC	01:26:12	64	01:26:04	66
1145	David	Hudd	M	M40-44	12	Spectrum Striders	01:26:16	65	01:26:08	69
1346	Kieran	Kapoor	M	MSEN	31		01:26:20	66	01:23:22	43
2014	Simon	Rogers	M	M50-54	3	Pensby Runners	01:26:21	67	01:26:18	70
1930	Richard	Ray	M	M35-39	10		01:26:27	68	01:26:21	71
1776	Craig	Ottolini	M	M40-44	13	Market Drayton Running Club	01:26:28	69	01:25:50	65
2950	Francis	Sweeney	M	M50-54	4		01:26:40	70	01:26:27	73
1859	Neil	Phillips	M	M55-59	1		01:26:48	71	01:26:37	76

1797	Martin	Owen	M	MSEN	32	Eryri Harriers	01:26:49	72	01:26:31	74
255	Dave	Bennett	M	M35-39	11	Ellesmere Port Running Club	01:26:50	73	01:26:46	77
2435	Mark	Williams	M	M45-49	7	Deestridders Running Club	01:26:52	74	01:26:49	80
1087	Nick	Hill	M	M35-39	12	Sneyd Striders	01:26:52	75	01:26:36	75
111	Carl	Krystek	M	MSEN	33		01:27:06	76	01:26:59	83
2070	Paul	Scully	M	M40-44	14	Run Forrest Lunch Run	01:27:10	77	01:27:03	84
1362	Mark	Kemp	M	M35-39	13		01:27:16	78	01:25:35	61
2491	Gary	Wolstencroft	M	M40-44	15	Manchester Triathlon Club	01:27:17	79	01:27:15	85
187	Paul	Bagan	M	M35-39	14	Lymm Runners	01:27:20	80	01:26:53	81
1807	Adam	Owen-Smith	M	M35-39	15		01:27:28	81	01:26:47	78
1443	Jim	Lewis	M	M40-44	16		01:27:37	82	01:26:22	72
192	Steven	Bailey	M	M40-44	17	Newcastle (Staffs) AC	01:27:39	83	01:27:31	89
678	Colin	Dobbs	M	M35-39	16	Penny Lane Striders	01:27:41	84	01:27:36	90
1792	Huw	Owen	M	M35-39	17	Eryri Harriers	01:27:49	85	01:27:41	92
2592	Adam	Howard	M	MSEN	34	Trawden AC	01:27:50	86	01:27:45	94
1278	Chris	Jones	M	MSEN	35	Salford Harriers	01:27:51	87	01:27:44	93
2883	Andy	Bromley	M	MSEN	36	Deeside AAC	01:27:55	88	01:27:53	96
2919	Sam	Jones	M	MSEN	37	Parc Bryn Bach RC	01:28:02	89	01:27:27	87
1107	David	Hodgson	M	M55-59	2	new marske harriers	01:28:04	90	01:28:01	97
1546	Stephen	Mason	M	M40-44	18		01:28:07	91	01:27:22	86
280	Ben	Birks	M	M35-39	18	City of Chester Triathlon Club	01:28:09	92	01:26:53	82
999	George	Coulson	M	MSEN	38		01:28:22	93	01:28:19	100
2264	Jonathan	Toft	M	MSEN	39	Penny lane striders	01:28:43	94	01:28:38	103
857	Joe	Foy	M	M55-59	3	West Cheshire AC	01:28:45	95	01:28:39	104
2846	Rob	Jones	M	MSEN	40	City of Chester Triathlon Club	01:28:45	96	01:28:41	106
1307	Mark	Jones	M	M40-44	19	Colwyn Bay Athletics Club	01:28:48	97	01:27:38	91
1921	Phil	Ramsey	M	M35-39	19	Bramhall Runners	01:28:49	98	01:28:17	99
624	Malcolm	Davies	M	MSEN	41		01:28:54	99	01:28:48	107
2899	Ian	Ellis	M	M35-39	20	Mercia fell runners	01:28:55	100	01:28:49	108
2953	Lou	Malone	M	MSEN	42		01:28:58	101	01:28:05	98
1922	Jeremy	Randell	M	M50-54	5	Meirionnydd Running Club	01:29:00	102	01:28:29	101
1137	Gareth	Houghton	M	M40-44	20	Buckley Runners	01:29:01	103	01:28:58	112
1980	Gwyn	Roberts	M	M45-49	8		01:29:01	104	01:28:57	110
1257	Peter	Johnston	M	M35-39	21	Wirksworth Running Club	01:29:02	105	01:28:54	109
1226	Hugh	Janney	M	M40-44	21	Amman Valley Harriers	01:29:08	106	01:29:01	113
418	Alex	Carswell	M	MSEN	43		01:29:09	107	01:27:30	88

2956	Arwel	Lewis	M	M50-54	6	Eryri Harriers	01:29:14	108	01:29:12	118
2708	Colin	Cartwright	M	M35-39	22		01:29:18	109	01:29:13	119
501	Jonathan	Cole	M	M35-39	23	Ellesmere Port Running Club	01:29:18	110	01:29:03	114
945	Sally	Gray	F	F40-44	1	Cannock and Stafford	01:29:20	111	01:29:15	121
4	Gareth	Burrell	M	MSEN	44	Halifax Harriers	01:29:25	112	01:29:24	123
2893	Jonny	Bromilow	M	M35-39	24	Darwen Dashers Running Club	01:29:25	113	01:28:40	105
1348	Sean	Kavanagh	M	M45-49	9		01:29:27	114	01:28:57	111
1852	Andrew	Peters	M	MSEN	45		01:29:27	115	01:29:19	122
1543	Matt	Mason	M	MSEN	46	Bangor University Athletics Cl	01:29:27	116	01:29:07	115
1915	Simon	Qyick	M	M35-39	25		01:29:31	117	01:29:27	124
2789	James	Slack	M	MSEN	47		01:29:32	118	01:26:48	79
101	Dean	Allison	M	MSEN	48		01:29:43	119	01:29:30	125
1412	Peter	Lavery	M	MSEN	49		01:29:47	120	01:28:31	102
1080	Craig	Hicks	M	MSEN	50		01:29:54	121	01:25:24	58
2786	Peter M W	Jones	M	M55-59	4		01:29:55	122	01:29:42	129
1706	Mike	Murray	M	M45-49	10		01:29:55	123	01:29:46	130
2456	Russell	Williams	M	M40-44	22	Cybi Striders	01:30:05	124	01:29:47	131
2348	Dale	Watkinson	M	MSEN	51		01:30:11	125	01:29:11	117
2745	James	Salt	M	M35-39	26	Abergele Harriers	01:30:11	126	01:29:41	127
2792	Richard	Longley	M	M40-44	23	Trentham Running Club	01:30:12	127	01:29:48	133
614	Darrell	Davies	M	MSEN	52	Prestatyn Running Club	01:30:15	128	01:30:07	136
2005	Paul	Robertson	M	M50-54	7	Ellesmere Port Running Club	01:30:18	129	01:29:41	128
2542	Pete	Manning	M	M35-39	27	Riversway Road Runners	01:30:22	130	01:27:47	95
2471	Brian	Wills	M	M40-44	24	Eryri Harriers	01:30:27	131	01:30:18	141
1020	Gareth	Hargreaves	M	MSEN	53		01:30:30	132	01:30:17	140
234	Mike	Bayley-Sanderson	M	M45-49	11	Northern Vets	01:30:33	133	01:30:03	135
2252	Nick	Thornton	M	M50-54	8		01:30:36	134	01:30:23	145
633	Shaun	Davies	M	M35-39	28		01:30:39	135	01:30:21	143
2262	Norman	Titley	M	M50-54	9	Shropshire shufflers	01:30:40	136	01:30:19	142
2099	Mitchell	Sheridan	M	M45-49	12		01:30:45	137	01:30:38	150
2010	Philip	Robinson	M	MSEN	54		01:30:50	138	01:30:29	146
1374	Jonathan	Kettle	M	M40-44	25	Dirty Daps Muddy Tracks	01:30:52	139	01:30:41	151
1881	Paul	Plummer	M	M40-44	26	Stockport Harriers & AC	01:31:06	140	01:30:22	144
1312	Neal	Jones	M	MSEN	55	Colwyn Bay Athletics Club	01:31:10	141	01:30:08	137
1952	Stephen	Ridgway	M	M35-39	29		01:31:16	142	01:29:34	126
504	Steve	Coleman	M	M50-54	10	Astley & Tyldesley Road Runner	01:31:16	143	01:29:08	116

2520	Martin	Wynn	M	M50-54	11		01:31:25	144	01:31:09	157
2296	Jonathan	Tyler	M	MSEN	56	Eryri Harriers	01:31:27	145	01:31:18	160
2767	Thomas	Harkin	M	M40-44	27		01:31:30	146	01:29:56	134
2230	Chris	Thomas	M	MSEN	57	Cybi Striders	01:31:36	147	01:31:10	158
1876	Russ	Platt	M	M45-49	13	Warrington Road Runners	01:31:37	148	01:31:28	164
2913	Paul	Soullion	M	M50-54	12	Aberystwyth AC	01:31:37	149	01:31:26	163
1581	David	Mcculloch	M	M35-39	30		01:31:39	150	01:31:25	162
2377	Roger	Whitehead	M	M50-54	13	Bramhall Runners	01:31:40	151	01:30:52	152
2760	Robert	Hall	M	MSEN	58		01:31:43	152	01:29:13	120
956	Sean	Greeves	M	M40-44	28	Biddulph Running Club	01:31:46	153	01:30:13	139
2655	Adrian	Barnes	M	M45-49	14	Shropshire Shufflers	01:31:50	154	01:30:57	154
513	Richard	Collins	M	M45-49	15	Oswestry Olympians	01:31:50	155	01:31:38	168
577	Rhys	Cross	M	MSEN	59		01:31:52	156	01:31:22	161
2943	Mark	Davies	M	M40-44	29	NWRRC	01:31:56	157	01:30:33	149
2775	Martin	Witty	M	M45-49	16	Deestridders Running Club	01:31:58	158	01:31:42	169
716	Simon	Duckett	M	M35-39	31	Tattenhall runners	01:32:00	159	01:31:05	155
2016	Stephen	Rookes	M	M45-49	17		01:32:01	160	01:31:07	156
839	David	Ford	M	M40-44	30	Wrexham AAC	01:32:07	161	01:31:47	172
1965	Andrew	Roberts	M	M45-49	18		01:32:07	162	01:31:38	167
2631	Graham	Taylor	M	MSEN	60	Knowsley Harriers AC	01:32:08	163	01:30:12	138
1979	Gavin	Roberts	M	MSEN	61	Dwygi Warriars	01:32:11	164	01:32:02	178
2572	Kevin	Smart	M	M55-59	5	Metros	01:32:12	165	01:32:02	177
666	Mark	Dibb	M	M40-44	31		01:32:13	166	01:31:59	176
2219	Steve	Taylor	M	M55-59	6	Menai Track & Field	01:32:16	167	01:32:09	182
2060	Robert	Sauter	M	MSEN	62		01:32:23	168	01:30:29	147
2212	Brian	Taylor	M	M50-54	14		01:32:26	169	01:30:33	148
2722	Thomas	Rimmer	M	MSEN	63	Penny lane striders	01:32:27	170	01:32:22	183
1311	Martyn	Jones	M	M35-39	32		01:32:30	171	01:32:23	184
874	Steve	Gadd	M	M40-44	32		01:32:34	172	01:32:25	185
1419	Richard	Lawson	M	M40-44	33	Wilmslow RC	01:32:40	173	01:30:53	153
2098	Brian	Sheppard	M	M60-64	1		01:32:42	174	01:32:25	186
2728	Mike	Kane	M	M40-44	34		01:32:42	175	01:32:30	188
2448	Paul	Williams	M	MSEN	64	Mersey Tri	01:32:46	176	01:32:41	192
387	Michael	Burns	M	M45-49	19	Ellesmere Port Running Club	01:32:49	177	01:32:34	189
979	Alli	Grundy	F	F35-39	5	Tattenhall Runners	01:32:52	178	01:31:58	175
1179	Tim	Hughes	M	M35-39	33	Wrekin Road Runners	01:32:56	179	01:32:29	187

1694	Dave	Mulroy	M	M45-49	20	Newcastle (Staffs) Tri Club	01:32:58	180	01:32:38	191
2934	Adrian	Church	M	M40-44	35		01:32:58	181	01:32:47	194
675	Simon	Dix	M	M50-54	15	Kings Heath Running Club	01:32:59	182	01:31:53	174
659	Denzil	Denny	M	M35-39	34		01:33:01	183	01:31:30	165
268	Ben	Bewley	M	MSEN	65	Newcastle (Staffs) AC	01:33:01	184	01:32:53	197
2909	Tim	Watson	M	M50-54	16	Eryri Harriers	01:33:07	185	01:33:02	205
1059	Adrian	Hayward	M	M45-49	21	Whitchurch whippets	01:33:10	186	01:32:57	199
935	Steven	Gore	M	MSEN	66	Red Rose Road Runners	01:33:14	187	01:32:51	196
2480	Gary	Wilton	M	M35-39	35		01:33:16	188	01:33:02	203
1222	Rob	Jackson	M	M40-44	36		01:33:19	189	01:33:12	209
1862	Thomas	Physick	M	MSEN	67		01:33:21	190	01:33:08	207
2925	Andrew	Gannon	M	M50-54	17	Menai Track & Field	01:33:25	191	01:32:56	198
2902	Andy	Jones	M	M40-44	37	NWRRC	01:33:28	192	01:33:23	217
2578	Gavin	Roche	M	M35-39	36		01:33:35	193	01:33:06	206
2761	Ashley	Morris	M	MSEN	68		01:33:35	194	01:31:11	159
229	Ren	Batten	M	M45-49	22		01:33:35	195	01:33:14	211
2125	Ashley	Smith	M	M35-39	37		01:33:36	196	01:32:04	181
1451	Thomas	Lister	M	MSEN	69	Fleckney and Kibworth	01:33:42	197	01:33:15	212
273	Mark	Billington	M	M45-49	23	Red Rose Road Runners	01:33:43	198	01:33:20	216
2736	Thor	Booth	M	MSEN	70	Zone fitness striders	01:33:45	199	01:33:02	204
2699	Bill	Dargue	M	M55-59	7	Shropshire Shufflers	01:33:47	200	01:33:25	219
1871	Benjamin	Pilsbury	M	MSEN	71		01:33:47	201	01:33:31	222
955	Ryan	Greer	M	M35-39	38	Team Deane tri club	01:33:48	202	01:31:43	170
326	David	Bowkett	M	MSEN	72		01:33:52	203	01:33:27	221
901	Katie	Georgeson	F	FSEN	3		01:33:53	204	01:33:43	225
1530	James	Marsh	M	M35-39	39	Whitchurch Whippets	01:33:55	205	01:33:43	224
2077	Paul	Selley	M	M40-44	38		01:33:56	206	01:32:41	193
321	Lee	Bower	M	MSEN	73		01:33:57	207	01:33:26	220
1611	Andrew	Meincken	M	MSEN	74		01:33:59	208	01:29:48	132
2148	Pawel	Sowa	M	M35-39	40		01:34:02	209	01:31:33	166
2089	Mark	Sharrock	M	M35-39	41		01:34:03	210	01:33:44	226
2828	Gareth	Woolmington	M	M50-54	18		01:34:07	211	01:33:51	228
852	Andy	Fowler	M	M45-49	24	Stockport Harriers & AC	01:34:07	212	01:33:14	210
2433	Jonathan	Williams	M	M45-49	25	Wrexham Triathlon Club	01:34:12	213	01:32:59	200
2024	Paul	Ross	M	M35-39	42	shabbarunners	01:34:12	214	01:33:44	227
2508	Philip	Woodley	M	MSEN	75	West Cheshire AC	01:34:17	215	01:34:05	232

592	Phil	Cuthbert	M	M40-44	39	Wallasey Athletics Club	01:34:18	216	01:32:38	190
2084	Jon	Seymour	M	MSEN	76		01:34:23	217	01:33:58	231
128	Andrew	Brentnall	M	M35-39	43		01:34:24	218	01:33:39	223
1724	Mark	Newns	M	M35-39	44		01:34:28	219	01:31:46	171
2222	Graeme	Telfer	M	M35-39	45		01:34:31	220	01:34:24	236
645	Lee	Davitt	M	MSEN	77		01:34:33	221	01:34:29	242
1354	Jack	Kelbrick	M	MSEN	78		01:34:37	222	01:34:26	239
1765	Damian	O'Rourke	M	M45-49	26	Stockport Harriers & AC	01:34:45	223	01:33:15	214
425	Paul	Carter	M	M40-44	40	Bangor University Athletics Cl	01:34:46	224	01:34:26	237
2544	Sean	Cox	M	M40-44	41		01:34:51	225	01:33:15	213
1712	David	Nalder	M	M60-64	2	Ellesmere Port Running Club	01:34:51	226	01:34:35	247
2524	Andy	Yates	M	M50-54	19		01:34:52	227	01:34:30	243
2595	Aaron	Cobb	M	MSEN	79		01:34:54	228	01:32:02	179
1459	Tracey	Llewellyn	F	F35-39	6	Cybi Striders	01:34:59	229	01:34:53	258
1544	Paul	Mason	M	M35-39	46	Atherton Running club	01:35:00	230	01:33:11	208
2954	Luuk	Spauwen	M	MSEN	80		01:35:02	231	01:33:58	230
2586	William	White	M	MSEN	81		01:35:02	232	01:31:50	173
445	William	Chambers	M	MSEN	82	Bangor University Athletics Cl	01:35:03	233	01:34:13	234
498	Ashley	Coates	M	M40-44	42	South Cheshire Harriers	01:35:05	234	01:34:37	250
890	Roy	Gaskill	M	M45-49	27	Helsby RC	01:35:10	235	01:34:19	235
1835	Rob	Pearse	M	M40-44	43	Wallasey Athletics Club	01:35:13	236	01:35:07	267
1165	Joe	Hughes	M	MSEN	83		01:35:16	237	01:34:36	248
1393	Andrzej	Kubaszczyk	M	M50-54	20		01:35:18	238	01:34:57	262
2090	Rob	Sharrock	M	M40-44	44	Mow cop runners	01:35:18	239	01:35:00	264
2754	Kevin	Clark	M	M45-49	28	Cybi Striders	01:35:22	240	01:35:08	268
1627	Rory	Middleton	M	MSEN	84		01:35:22	241	01:34:34	245
596	David	Daly	M	MSEN	85		01:35:23	242	01:35:15	271
2104	Matthew	Show	M	MSEN	86		01:35:25	243	01:35:17	272
2065	Nick	Scholes	M	MSEN	87	Sale Harriers	01:35:27	244	01:34:49	255
2598	Daniel	Perris	M	MSEN	88		01:35:32	245	01:34:08	233
1287	Gareth	Jones	M	M35-39	47		01:35:32	246	01:34:57	260
2152	James	Speedie	M	MSEN	89		01:35:32	247	01:34:51	257
2240	Roy	Thomas	M	MSEN	90		01:35:35	248	01:34:26	240
642	Steve	Davis	M	M45-49	29	Lymm Runners	01:35:35	249	01:32:49	195
2340	Lawrence	Washington	M	M40-44	45	Tim Mws Piws	01:35:39	250	01:33:54	229
2905	Beckie	Taylor	F	FSEN	4	Bangor University Athletics Cl	01:35:40	251	01:34:34	244

791	Tristan	Evans	M	MSEN	91		01:35:41	252	01:32:59	201
183	Julian	Ayres	M	MSEN	92		01:35:42	253	01:35:26	277
2279	Tracie	Trueman	F	F45-49	1	Lawley Running Club	01:35:43	254	01:35:25	276
1576	Gareth	Mccarthy	M	M35-39	48		01:35:44	255	01:35:08	269
1411	Xavier	Laurent	M	M40-44	46		01:35:47	256	01:34:35	246
1981	Gwyn	Roberts	M	M45-49	30	Wrexham AAC	01:35:48	257	01:34:43	253
219	Peter	Barr	M	M35-39	49		01:35:49	258	01:35:27	279
1868	Gareth	Pierce	M	MSEN	93	Manchester Triathlon Club	01:35:50	259	01:35:33	282
536	John	Cooper	M	M40-44	47		01:35:54	260	01:35:43	288
1535	Trevor	Marshall	M	M60-64	3		01:35:55	261	01:34:41	252
333	Marc	Bradford	M	M35-39	50	macclesfield harriers	01:35:57	262	01:35:27	278
921	Ian	Glover	M	M35-39	51	Shabbarunners	01:35:58	263	01:35:31	281
2590	Steve	Farnell	M	M35-39	52	Sandbach Striders	01:35:59	264	01:35:39	285
448	Sye	Channer	M	M40-44	48		01:35:59	265	01:35:21	275
2122	Kevin	Slattery	M	M55-59	8	NWRRC	01:36:00	266	01:34:57	261
179	Paul	Austin	M	M45-49	31	Market Drayton Running Club	01:36:01	267	01:35:20	274
1814	Tony	Park	M	M50-54	21	Stockport Harriers & AC	01:36:06	268	01:34:36	249
779	Iwan	Evans	M	M35-39	53		01:36:06	269	01:34:51	256
2432	Joe	Williams	M	MSEN	94		01:36:10	270	01:34:58	263
478	Lee	Clark	M	M40-44	49		01:36:12	271	01:36:04	300
376	Mark	Buky	M	MSEN	95		01:36:17	272	01:35:04	266
851	Alain	Fourreau	M	MSEN	96		01:36:17	273	01:35:57	295
2539	Jeremy	Jackson	M	M50-54	22		01:36:17	274	01:35:30	280
2573	Paul	Witt	M	M45-49	32	RSA Club Bladerunners	01:36:17	275	01:33:17	215
2933	David	Baker	M	M45-49	33	Denbigh harriers	01:36:19	276	01:36:05	301
1125	Sallie	Holt	F	F35-39	7	Wallasey Athletics Club	01:36:19	277	01:36:08	302
2160	Chris	Spillane	M	M45-49	34	INEPT	01:36:21	278	01:36:16	306
377	Paul	Buky	M	MSEN	97		01:36:26	279	01:35:09	270
2112	Sydney	Simpson	M	M50-54	23		01:36:27	280	01:36:13	304
2478	Paul	Wilson	M	M40-44	50	Swinton Running Club	01:36:33	281	01:34:56	259
2431	Jamie	Williams	M	MSEN	98		01:36:34	282	01:34:46	254
465	Keith	Chew	M	M40-44	51		01:36:40	283	01:36:29	312
996	Caroline	Hall	F	F45-49	2	Wirral AC	01:36:43	284	01:36:32	313
1710	Aled	Myrddin	M	MSEN	99		01:36:43	285	01:35:02	265
2632	Dominic	Cooper	M	MSEN	100	Mossley Hill AC	01:36:45	286	01:32:04	180
2887	Paul	Inions	M	M40-44	52	Shropshire Shufflers	01:36:45	287	01:36:35	315

1966	Andy	Roberts	M	M40-44	53		01:36:46	288	01:35:56	293
2260	Steve	Tingle	M	M50-54	24		01:36:50	289	01:36:27	310
514	Libby	Collinson	F	F55-59	1	shropshire shufflers	01:36:51	290	01:36:00	298
548	Trevor	Cording	M	M45-49	35	Fylde Coast Runners	01:36:55	291	01:36:42	319
2259	David	Tindall	M	MSEN	101		01:36:57	292	01:36:22	308
2931	Mark	Warwick	M	M50-54	25	Team Derby Runner	01:37:00	293	01:36:39	317
414	Peter	Carpenter	M	M50-54	26		01:37:02	294	01:36:00	297
2588	Michael	Henderson	M	M50-54	27		01:37:02	295	01:36:36	316
1092	Simon	Hilton	M	M45-49	36	Stockport Harriers & AC	01:37:06	296	01:35:36	283
1426	John	Leaver	M	M45-49	37	Pensby Runners	01:37:09	297	01:36:57	328
990	Gareth	Hacking	M	MSEN	102		01:37:13	298	01:36:45	321
2784	Alan	French	M	M60-64	4	Wrexham AAC	01:37:14	299	01:36:46	323
2399	Neil	Willcox	M	M55-59	9		01:37:17	300	01:36:57	329
1228	Mark	Jarman	M	MSEN	103	Aberystwyth AC	01:37:18	301	01:33:00	202
2606	Philip	Davidson	M	M50-54	28	RED ROSE ROAD RUNNERS	01:37:20	302	01:36:47	324
206	Darren	Poulton	F	MSEN	104	Wrekin Road Runners	01:37:20	303	01:35:44	289
1300	Jason	Jones	M	M45-49	38		01:37:21	304	01:37:11	339
461	Russ	Cheetham	M	M45-49	39	Prestatyn Running Club	01:37:22	305	01:37:07	337
358	Russell	Brooks	M	M45-49	40	future fitness	01:37:25	306	01:35:43	287
1392	Adam	Krason	M	M40-44	54	white eagle running club	01:37:26	307	01:37:01	333
1590	Gareth	Mcgonagle	M	MSEN	105		01:37:27	308	01:37:05	335
1232	Paul	Jeanrenaud	M	M35-39	54		01:37:28	309	01:37:16	342
1084	Colin	Higgins	M	MSEN	106		01:37:29	310	01:35:49	291
735	David	Eardley	M	MSEN	107		01:37:31	311	01:35:51	292
2580	Jack	Davies	M	MSEN	108	Forfar Road Runners	01:37:32	312	01:37:04	334
247	Craig	Belfield	M	M50-54	29		01:37:34	313	01:36:56	327
1122	Steve	Holmes	M	M45-49	41		01:37:36	314	01:35:38	284
263	Craig	Berry	M	M35-39	55		01:37:40	315	01:36:59	331
2299	James	Upton	M	M40-44	55	macclesfield harriers	01:37:41	316	01:36:01	299
2791	Mike	Morgan	M	M40-44	56	Southport Waterloo AC	01:37:42	317	01:37:35	347
1045	Tony	Hart	M	M45-49	42	Oldham & Royton Harriers & AC	01:37:43	318	01:36:12	303
2546	Simon	Clarke	M	MSEN	109	Chorlton Runners	01:37:45	319	01:35:58	296
2771	Tom	Briggs	M	MSEN	110		01:37:50	320	01:33:24	218
2643	Stephen	Pettitt	M	M45-49	43		01:37:54	321	01:37:36	349
1994	Nick	Roberts	M	M40-44	57	City of Chester Triathlon Club	01:37:55	322	01:37:36	348
1481	James	Love	M	M40-44	58		01:37:55	323	01:36:15	305

660	Darren	Dentith	M	M40-44	59		01:37:58	324	01:37:12	340
1168	Marc	Hughes	M	MSEN	111		01:38:01	325	01:36:23	309
2672	Frazer	Hodgkins	M	M35-39	56	frazer hodgkins	01:38:02	326	01:37:23	345
2380	Scott	Whitney	M	MSEN	112	NWRRC	01:38:02	327	01:37:07	336
804	Simeon	Farrington-Newman	M	M40-44	60		01:38:03	328	01:34:26	238
2623	Peter	Tinsley	M	M45-49	44	Southport Waterloo AC	01:38:06	329	01:37:57	357
2770	Dion	Bennett-Williams	M	M35-39	57		01:38:12	330	01:36:40	318
2911	Darren	Ryder	M	M40-44	61		01:38:17	331	01:37:55	355
1785	Dave	Owen	M	M50-54	30		01:38:17	332	01:37:55	356
2742	Michael	Wrigley	M	M40-44	62	Trawden AC	01:38:17	333	01:38:11	367
2823	Lizzie	Irvine	F	FSEN	5	wimbledon windmilers	01:38:22	334	01:35:20	273
2940	Michael	Cleary	M	MSEN	113	Datchet Dashers	01:38:25	335	01:37:22	344
2525	Colin	Yates	M	M45-49	45		01:38:30	336	01:36:57	330
2885	Jennifer	Charlton	F	F35-39	8	Eryri Harriers	01:38:32	337	01:38:13	370
2533	Ahmed	Youssef	M	M40-44	63		01:38:34	338	01:35:57	294
2183	Al	Stokoe	M	MSEN	114		01:38:35	339	01:34:41	251
1772	Adam	Opperman	M	M40-44	64		01:38:35	340	01:37:25	346
2764	Des	Davies	M	M55-59	10		01:38:39	341	01:38:24	376
600	Tom	Darkey	M	M45-49	46		01:38:40	342	01:38:33	386
2710	Tristan	Duggleby	M	M35-39	58		01:38:44	343	01:38:28	381
340	Danielle	Brearton	F	F35-39	9		01:38:44	344	01:38:12	368
1196	Owen	Hurcombe	M	M40-44	65		01:38:45	345	01:35:40	286
2559	Matt	Thomas	M	MSEN	115		01:38:46	346	01:38:33	384
1331	Simon	Jones	M	M45-49	47	Swindon Striders	01:38:47	347	01:37:59	360
2216	Marcus	Taylor	M	M40-44	66	Burnden Road Runners	01:38:49	348	01:36:55	326
1742	Timothy	Norman	M	M55-59	11	Cheshire tally Ho hare and hou	01:38:50	349	01:38:26	379
754	Vincent	Edwards	M	M55-59	12	Deestriders Running Club	01:38:56	350	01:36:35	314
164	Colin	Ascott	M	M35-39	59		01:38:58	351	01:38:40	393
2341	Lee	Wasnidge	M	M50-54	31		01:39:04	352	01:38:00	361
850	Susan	Fourie	F	F40-44	2	City of Chester Triathlon Club	01:39:04	353	01:38:36	387
2186	Carlton	Street	M	MSEN	116		01:39:05	354	01:36:45	320
251	Jamie	Bell	M	MSEN	117		01:39:05	355	01:38:39	392
2470	Elly	Willoughby	F	FSEN	6	Lawley Running Club	01:39:05	356	01:38:42	395
1937	Simon	Reeve	M	MSEN	118		01:39:07	357	01:38:42	394
2537	Allan	Lawson	M	M45-49	48	Mossley Hill AC	01:39:10	358	01:34:28	241
330	Gareth	Boyd	F	F40-44	3	Helsby RC	01:39:10	359	01:36:45	322

409	William	Campbell	M	M60-64	5		01:39:14	360	01:38:05	365
2839	Colin	Minshull	M	M45-49	49	City of Chester Triathlon Club	01:39:14	361	01:37:42	352
1561	David	Maydew	M	M45-49	50	Biddulph Running Club	01:39:15	362	01:37:38	350
539	Mark	Cooper	M	MSEN	119	Newcastle (Staffs) AC	01:39:16	363	01:38:54	402
1218	Elaine	Jackson	F	F50-54	1		01:39:17	364	01:38:59	408
2597	Piotr	Danek	M	MSEN	120		01:39:19	365	01:38:16	372
1397	Joanne	Lacking	F	FSEN	7	Helsby RC	01:39:19	366	01:36:53	325
2507	Miles	Woodley	M	M45-49	51		01:39:19	367	01:38:12	369
670	Jess	Dickson	F	FSEN	8	City of Chester Triathlon Club	01:39:22	368	01:36:18	307
989	Nia	Gwynn	F	F35-39	10		01:39:22	369	01:38:03	363
2854	Tony	Wood	M	MSEN	121		01:39:22	370	01:38:55	404
267	Christopher	Betteridge	M	MSEN	122		01:39:24	371	01:38:48	399
1471	Barry	Loder	M	M40-44	67	Wrexham Triathlon Club	01:39:25	372	01:35:44	290
1699	Brendan	Murphy	M	MSEN	123	Penny Lane Striders	01:39:29	373	01:38:32	383
2317	Craig	Walker	M	M35-39	60	Biddulph Running Club	01:39:29	374	01:37:48	353
452	Martin	Chapman Fromm	M	M40-44	68		01:39:30	375	01:38:50	400
2758	Matthew	Whitfield	M	M55-59	13	Ellesmere Port Running Club	01:39:33	376	01:37:57	358
1652	Andrew	Moore	M	MSEN	124		01:39:33	377	01:38:42	396
496	Richard	Clipperton	M	M45-49	52		01:39:35	378	01:39:16	418
1716	Andrew	Neale	M	M40-44	69		01:39:36	379	01:38:44	397
2862	Steve	Evans	M	M50-54	32	Danum Harriers	01:39:37	380	01:38:25	377
410	David	Card	M	MSEN	125		01:39:37	381	01:39:29	422
1333	Steven	Jones	M	M35-39	61		01:39:39	382	00:00:00	0
423	Neil	Carter	M	M50-54	33	West Cheshire AC	01:39:45	383	01:38:39	391
486	Mark	Clayton	M	M40-44	70	Sneyd Striders	01:39:46	384	01:38:16	373
697	Liam	Doogan	M	M35-39	62		01:39:49	385	01:36:29	311
2082	Stephen	Seward	M	M40-44	71		01:39:49	386	01:38:37	389
1330	Siana	Jones	F	FSEN	9	Thames Valley Harriers	01:39:51	387	01:38:59	409
2521	Chris	Wynne	M	M50-54	34		01:39:53	388	01:38:26	378
2884	Ian	Taylor	M	M45-49	53	Colwyn Bay Athletics Club	01:39:54	389	01:39:14	417
2002	Steven	Roberts	M	M50-54	35	NWRRC	01:39:56	390	01:39:24	420
704	Fiona	Downie	F	FSEN	10		01:39:57	391	01:38:48	398
2772	Michael	Sweeney	M	M45-49	54	Team Deane tri club	01:39:57	392	01:38:02	362
2871	Daniel	Knight	M	MSEN	126	Team Deane	01:39:57	393	01:38:18	374
1086	Darren	Hill	M	MSEN	127		01:40:00	394	01:39:50	430
1375	Matthew	Kilburn	M	M45-49	55	royton road runners	01:40:00	395	01:37:00	332

490	Clem	Clement	M	M55-59	14	Penarth and Dinas Runners	01:40:02	396	01:38:04	364
2815	Dan	Cunningham	M	MSEN	128		01:40:04	397	01:39:08	415
1596	Michael	Mckinlay	M	M35-39	63	Liverpool Running Club	01:40:06	398	01:39:30	423
1478	Conor	Loughran	M	M35-39	64		01:40:11	399	01:38:37	388
1528	Lauren	Marsden	F	F40-44	4	Swinton Running Club	01:40:11	400	01:39:02	411
2326	Peter	Walters	M	M55-59	15	Winston Runners	01:40:12	401	01:37:51	354
2701	Chris	Marsh	M	MSEN	129	RAF Valley	01:40:13	402	01:37:21	343
505	Anthony	Collier	M	M55-59	16	Styal Running Club	01:40:15	403	01:39:54	434
963	Bethan	Griffiths	F	FSEN	11	Wrexham Triathlon Club	01:40:18	404	01:37:14	341
1134	David	Houghoughi	M	MSEN	130	Team Guns	01:40:18	405	01:37:07	338
2915	Brenda	Tiedthe	F	F50-54	2	Prestatyn Running Club	01:40:19	406	01:39:31	424
1204	Adam	Hyde	M	M40-44	72		01:40:23	407	01:40:11	440
1515	Andrew	Mainwaring	M	M40-44	73	Stockport Harriers & AC	01:40:24	408	01:38:53	401
1273	Antony	Jones	M	MSEN	131		01:40:28	409	01:39:44	429
337	Martin	Brady	M	M35-39	65		01:40:29	410	01:39:06	414
2875	Anthony	Ivory	M	M55-59	17		01:40:30	411	01:38:19	375
354	Nic	Brook	M	M40-44	74	Eryri Harriers	01:40:30	412	01:40:16	446
469	Andy	Christian	M	M50-54	36	Sneyd Striders	01:40:30	413	01:39:01	410
1246	Bruce	Johnson	M	MSEN	132	Newcastle (Staffs) AC	01:40:31	414	01:39:34	425
1194	Rob	Huntbach	M	M50-54	37	South Cheshire Harriers	01:40:34	415	01:39:54	432
1093	Tim	Hilton	M	M40-44	75	Chorlton Runners	01:40:35	416	01:38:58	407
2121	Richard	Slater	M	M55-59	18	blackburn road runners	01:40:37	417	01:39:54	435
2628	Elliw	Haf	F	FSEN	12		01:40:37	418	01:38:31	382
796	Steve	Fairclough	M	M45-49	56	Bramhall Runners	01:40:38	419	01:40:14	445
2611	Matthew	Williams	M	MSEN	133	Buckley Runners	01:40:39	420	01:40:35	456
199	Andy	Bakewell	M	M45-49	57		01:40:42	421	01:40:30	452
1003	Lisa	Hamilton-Arrandale	F	FSEN	13		01:40:48	422	01:38:38	390
838	David	Ford	M	M35-39	66	Newcastle (Staffs) AC	01:40:49	423	01:40:41	461
2258	Mark	Till	M	M35-39	67	Sneyd Striders	01:40:53	424	01:40:10	439
2382	Phillip	Whittle	M	M35-39	68		01:40:57	425	01:40:37	458
1933	David	Redfern	M	M40-44	76		01:40:57	426	01:39:54	431
607	Ryan	Davidson	M	MSEN	134		01:40:57	427	01:39:38	427
1075	Simon	Heys	M	M55-59	19	Stockport Harriers & AC	01:40:59	428	01:40:14	444
786	Mark	Evans	M	M55-59	20	Oswestry Olympians	01:41:02	429	01:40:47	466
746	Janet	Edwards	F	F50-54	3	shropshire shufflers	01:41:04	430	01:40:12	442
184	Richard	Ayton	M	M50-54	38		01:41:04	431	01:40:52	471

1025	Sarah	Harley	F	FSEN	14		01:41:10	432	01:40:39	459
743	Dominic	Edwards	M	MSEN	135		01:41:11	433	01:40:30	451
1849	Dan	Perry	M	M35-39	69		01:41:11	434	01:39:12	416
210	Jacquie	Barlow	F	F35-39	11		01:41:12	435	01:40:46	465
364	Robert J	Brown	M	M45-49	58	South Cheshire Harriers	01:41:14	436	01:39:54	436
1309	Mark	Jones	M	M40-44	77		01:41:15	437	01:39:05	413
755	Dariusz	Eirys	M	M45-49	59		01:41:19	438	01:39:35	426
1914	Paul	Quinn	M	M40-44	78	Buckley Runners	01:41:25	439	01:41:21	489
1588	Louise	Mceveley	F	F45-49	3	Helsby RC	01:41:25	440	01:38:55	403
2331	Richard	Ward	M	MSEN	136		01:41:27	441	01:39:56	437
1381	Ian	Kirby	M	M45-49	60	Ellesmere Port Running Club	01:41:28	442	01:39:54	433
2733	Madeleine	Hill	F	F40-44	5	Dragons Running Club (Sale)	01:41:34	443	01:38:14	371
569	Mark	Critchley	M	M40-44	79	Village Road Runners	01:41:38	444	01:40:56	473
108	Carla	Green	F	F40-44	6	NWRRC	01:41:38	445	01:40:25	449
2663	Jude	Loder	F	F35-39	12	Wrexham Triathlon Club	01:41:39	446	01:37:59	359
565	Bill	Crawshaw	M	M50-54	39		01:41:39	447	01:38:11	366
2028	Leslie	Rothwell	M	M60-64	6		01:41:41	448	01:40:28	450
1632	Benjamin	Miller	M	MSEN	137	Newcastle (Staffs) AC	01:41:43	449	01:41:19	484
2505	Paul	Woodhouse	M	MSEN	138		01:41:44	450	01:40:18	448
1113	Andrew	Holland	M	MSEN	139	Warrington Road Runners	01:41:45	451	01:41:28	496
1127	Paul	Hooton	M	M35-39	70		01:41:46	452	01:40:11	441
105	Scott	Dewar	M	MSEN	140		01:41:48	453	01:38:27	380
2378	Craig	Whiteley	M	M50-54	40	rothwell & district harriers	01:41:49	454	01:41:42	502
1444	Matthew	Lewis	M	MSEN	141	Telford Harriers	01:41:51	455	01:40:45	464
809	David	Feakes	M	M50-54	41	Helsby RC	01:41:56	456	01:39:27	421
446	Stuart	Chandler	M	MSEN	142		01:41:56	457	01:40:12	443
745	Guto	Edwards	M	M45-49	61		01:41:58	458	01:40:54	472
585	Suzy	Cumming	F	F35-39	13		01:42:02	459	01:40:52	470
493	Paul	Clifford	M	M50-54	42	Winston Runners	01:42:05	460	01:39:40	428
1304	Lewis	Jones	M	MSEN	143		01:42:05	461	01:41:24	492
1992	Martin	Roberts	M	MSEN	144		01:42:06	462	01:37:39	351
783	Jon	Evans	M	M45-49	62	NWRRC	01:42:06	463	01:40:57	475
2103	Colin	Shore	M	M40-44	80		01:42:07	464	01:41:08	480
1340	Dave	Jowitt	M	M35-39	71		01:42:10	465	01:42:01	513
2813	John	Wright	M	M40-44	81	Sandbach Striders	01:42:12	466	01:41:33	498
1089	Sarah	Hill	F	FSEN	15		01:42:13	467	01:41:27	495

2503	Jamie	Woodhouse	M	M45-49	63		01:42:15	468	01:41:07	479
2819	Naomi	Cane	F	F35-39	14	Prestatyn Running Club	01:42:17	469	01:41:51	508
1643	Robert	Minton	M	MSEN	145	Biddulph Running Club	01:42:18	470	01:40:45	463
396	Mark	Byrne	M	M45-49	64	warrington road runners	01:42:22	471	01:41:02	478
2904	Jude	Bek	F	FSEN	16	Chorlton Runners	01:42:24	472	01:40:32	453
997	James	Hall	M	MSEN	146	Bramhall Runners	01:42:27	473	01:41:42	503
2727	Kevin	Upton	M	M40-44	82		01:42:27	474	01:40:42	462
1252	Paul	Johnson	M	M35-39	72		01:42:27	475	01:42:23	533
2918	Paul	Morris	M	M40-44	83		01:42:28	476	01:41:53	509
1757	Mark	O'Callaghan	M	M35-39	73		01:42:28	477	01:42:05	517
2353	Nick	Webb	M	M50-54	43	Sale Harriers	01:42:31	478	01:40:57	474
293	David	Blyth	M	M35-39	74		01:42:33	479	01:38:56	405
237	Laura	Baynham-Hughes	F	F35-39	15	Helsby RC	01:42:33	480	01:40:03	438
2145	Craig	Sommerville	M	M35-39	75		01:42:34	481	01:38:56	406
2717	James	Gibbons	M	M35-39	76		01:42:35	482	01:41:20	487
906	Emyr	Gibson	M	M35-39	77	Eryri Harriers	01:42:35	483	01:41:36	499
474	David	Chuter	M	M50-54	44	MDRC	01:42:35	484	01:39:03	412
650	Andrew	Deaville	M	M35-39	78	south cheshire harriers	01:42:39	485	01:42:10	521
1055	Paul	Hatton	M	M40-44	84		01:42:40	486	01:41:40	500
139	Paul	Alexander	M	M55-59	21	Pensby Runners	01:42:41	487	01:42:07	518
1483	Jessica	Lovell	F	F35-39	16	Wallasey Athletics Club	01:42:42	488	01:41:22	490
301	Anthony	Bolton	M	M35-39	79		01:42:43	489	01:42:17	528
2538	Rob	Mckenzie	M	M35-39	80		01:42:44	490	01:42:40	545
757	Kylan	Elis	M	MSEN	147		01:42:46	491	01:38:33	385
1441	Iwan	Lewis	M	MSEN	148		01:42:46	492	01:41:18	483
1737	Steven	Nokes	M	M35-39	81	Warrington Road Runners	01:42:47	493	01:42:17	526
285	Neil	Bithell	M	M40-44	85		01:42:53	494	01:41:19	485
2180	Nick	Stocker	M	M45-49	65	Bridgend AC	01:42:53	495	01:42:28	537
1978	Florence	Roberts	F	FSEN	17		01:42:56	496	01:41:41	501
1509	Mark	Madden	M	M35-39	82		01:42:56	497	01:41:20	488
526	Gary	Cook	M	M45-49	66		01:42:57	498	01:42:40	543
981	Ed	Guccione	M	MSEN	149		01:42:57	499	01:40:59	477
2143	David	Soley	M	M45-49	67		01:43:02	500	01:40:32	454
2209	Garry	Tann	M	M55-59	22	Abergele Mysteruns	01:43:05	501	01:39:21	419
2156	Tim	Spencer	M	M40-44	86	Warrington Running Club	01:43:07	502	01:40:58	476
776	David	Evans	M	M55-59	23		01:43:08	503	01:41:43	504

888	Colin	Garside	M	M40-44	87		01:43:09	504	01:41:28	497
1663	Nia	Morgan	F	F40-44	7		01:43:13	505	01:41:20	486
226	Andy	Bassett	M	M45-49	68	Bolton Tri Club	01:43:16	506	01:42:27	536
2880	Neil	Godding	M	MSEN	150		01:43:22	507	01:42:50	548
958	Peter	Greno	M	MSEN	151		01:43:24	508	01:42:20	530
713	James	Dubash	M	M40-44	88		01:43:25	509	01:42:32	539
2207	Jonathan	Dobson	M	M35-39	83		01:43:28	510	01:41:48	507
1673	Dafydd	Morris	M	M55-59	24	Deestriders Running Club	01:43:32	511	01:42:58	553
1255	Robin	Johnson	M	M40-44	89		01:43:33	512	01:43:06	557
674	Nick	Dilworth	M	M45-49	69		01:43:34	513	01:43:08	560
1630	Dave	Millard	M	M40-44	90		01:43:35	514	01:40:36	457
2780	Paul	Orry	M	MSEN	152	Trentham Running Club	01:43:37	515	01:41:23	491
815	Mat	Fenwick	M	M35-39	84		01:43:37	516	01:42:40	544
2105	Kevin	Shufflebottom	M	M50-54	45	Biddulph Running Club	01:43:37	517	01:42:14	524
2438	Matthew	Williams	M	M35-39	85		01:43:38	518	01:40:40	460
2576	Peter	Speake	M	M60-64	7	Oswestry Olympians	01:43:42	519	01:42:28	538
581	Jon	Crowther	M	M45-49	70	South Cheshire Harriers	01:43:46	520	01:42:19	529
2945	Amy	Hayes	F	FSEN	18		01:43:47	521	01:42:05	516
752	Simon	Edwards	M	M45-49	71		01:43:47	522	01:43:12	563
166	Chris	Ashcroft	M	M50-54	46		01:43:47	523	01:42:39	541
503	Stephen	Cole	M	M40-44	91	Stockport Harriers & AC	01:43:51	524	01:43:07	558
876	Janine	Gall	F	F45-49	4	Team Derby Runner	01:43:53	525	01:42:56	551
2569	David	Whitley	M	M50-54	47		01:43:56	526	01:43:24	571
2554	John	Eustace	M	MSEN	153	RSA Club Bladerunners	01:43:57	527	01:40:47	467
2859	Helen	Stansfield	F	FSEN	19		01:44:00	528	01:42:58	554
1931	Ian	Raymond	M	M40-44	92		01:44:01	529	01:43:33	581
1011	Daniel	Hand	M	MSEN	154		01:44:06	530	01:40:49	468
2213	Courtney	Taylor	M	M60-64	8	San Domenico	01:44:08	531	01:43:08	559
1163	Jac	Hughes	M	MSEN	155		01:44:09	532	01:42:24	534
1538	Carl	Martin	M	M50-54	48	Newcastle (Staffs) AC	01:44:10	533	01:43:45	591
2409	Arfon	Williams	M	M45-49	72		01:44:10	534	01:43:50	602
2169	Malcolm	Steiger	M	M50-54	49		01:44:16	535	01:41:25	493
2249	Colin	Thomson	M	M35-39	86		01:44:16	536	01:43:53	605
1472	Mark	Long	M	MSEN	156		01:44:16	537	01:42:55	550
2712	Simon	Jacobs	M	MSEN	157		01:44:16	538	01:43:49	600
1359	Paul	Kelly	M	M40-44	93	DEGANWY	01:44:20	539	01:41:27	494

1081	Sheldon	Hicks	M	M45-49	73		01:44:20	540	01:42:04	515
2097	Lisa	Shepherf	F	F40-44	8		01:44:21	541	01:43:49	597
2689	Leon	Cumberbach	M	M35-39	87	NWRRC	01:44:22	542	01:43:19	568
1831	Carl	Peacock	M	M40-44	94		01:44:23	543	01:43:39	586
1826	Philip	Parry	M	M40-44	95		01:44:27	544	01:42:25	535
1745	Andrew	Norton	M	M35-39	88		01:44:28	545	01:42:57	552
2930	Jason	Blount	M	M35-39	89	Newcastle (Staffs) AC	01:44:28	546	01:42:46	546
2466	Daniel	Williams	M	MSEN	158		01:44:28	547	01:42:07	519
1854	Stephen	Pettman	M	M55-59	25	Riversway Road Runners	01:44:30	548	01:42:01	512
2924	Mark	Jones	M	M40-44	96	NWRRC	01:44:31	549	01:43:59	610
2681	Phil	Rowen	M	MSEN	159	Lymm Runners	01:44:33	550	01:41:46	506
1684	Michael	Mort	M	M35-39	90		01:44:34	551	01:43:24	572
482	Oliver	Clarke	M	MSEN	160	Newcastle (Staffs) AC	01:44:35	552	01:44:11	622
2843	Jill	Riley	F	F50-54	4	Eryri Harriers	01:44:35	553	01:43:24	573
1146	Ben	Hudson	M	M35-39	91	NWRRC	01:44:37	554	01:43:21	569
361	Chris	Brown	M	MSEN	161		01:44:37	555	01:44:05	616
627	Nicola	Davies	F	F50-54	5		01:44:37	556	01:44:24	633
1932	Matt	Reardon-Brown	M	MSEN	162		01:44:38	557	01:44:06	619
1885	Terry	Poole	M	M55-59	26	THORNTON CLEVELEYS R.C.	01:44:39	558	01:43:32	579
400	Timothy	C	M	MSEN	163		01:44:41	559	01:44:13	626
1247	Christopher	Johnson	M	MSEN	164	South Cheshire Harriers	01:44:41	560	01:41:18	482
2154	Graeme	Spencer	M	M45-49	74	South Cheshire harriers	01:44:41	561	01:43:28	577
2131	Kevin	Smith	M	M50-54	50		01:44:42	562	01:44:13	624
2497	Paul	Wood	M	MSEN	165		01:44:42	563	01:43:09	561
1629	Robert	Miles	M	M35-39	92	James Garden Services	01:44:45	564	01:44:13	625
2951	Derek	Hughes	M	M50-54	51	East Cheshire	01:44:47	565	01:42:03	514
1253	Richard	Johnson	M	M65-69	1	Sneyd Striders	01:44:49	566	01:44:06	617
2738	Jason	Smiley	M	M35-39	93	Team deane	01:44:51	567	01:42:47	547
2656	Paul	Jenkins	M	M40-44	97		01:44:51	568	01:44:21	631
1945	John	Richards	M	M35-39	94	Stockport Harriers & AC	01:44:52	569	01:43:23	570
2146	David	South	M	M45-49	75		01:44:54	570	01:40:50	469
2017	Thomas	Rooney	M	MSEN	166		01:44:57	571	01:43:01	555
1172	Peter	Hughes	M	M45-49	76		01:44:57	572	01:43:53	604
403	Chris	Callaghan	M	M35-39	95		01:45:00	573	01:41:46	505
367	James	Bruckshaw	M	MSEN	167		01:45:02	574	01:42:13	523
1337	Steve	Jones	M	M50-54	52		01:45:03	575	01:42:39	542

686	Jamie	Doherty	M	MSEN	168	Cambridge Avenue Fundraisers	01:45:04	576	01:44:17	628
430	Philip	Rose	M	M50-54	53	Spectrum Striders	01:45:04	577	01:43:25	574
2697	Jonathan	White	M	M40-44	98		01:45:06	578	01:42:53	549
1006	Steven	Hammill	M	M35-39	96		01:45:07	579	01:43:46	594
613	Colin	Davies	M	M65-69	2	Altrincham & District Athletic	01:45:09	580	01:43:54	606
385	Paul	Burgess	M	M40-44	99		01:45:11	581	01:44:05	613
1336	Will	Jones	M	MSEN	169		01:45:12	582	01:44:22	632
1878	Paul	Plested	M	M50-54	54	Ellesmere Port Running Club	01:45:15	583	01:43:39	587
2857	Gemma	Brown	F	FSEN	20	NWRRC	01:45:17	584	01:44:17	627
1138	Dave	Houlker	M	M35-39	97		01:45:18	585	01:42:11	522
941	David	Graham	M	M35-39	98		01:45:21	586	01:42:23	532
240	Neil	Beardmore	M	M35-39	99	Trefriw Trail & Road Runners	01:45:22	587	01:44:40	640
2903	Louise	Beetlestone	F	FSEN	21	Eryri Harriers	01:45:23	588	01:43:49	598
1004	Stewart	Hamilton-Arrandale	M	M35-39	100		01:45:23	589	01:43:12	564
487	Alan	Cleall	M	M45-49	77		01:45:23	590	01:42:10	520
1585	Adam	Mcdonnell	M	M40-44	100		01:45:28	591	01:43:33	580
976	Darren	Griss	M	MSEN	170	NWRRC	01:45:28	592	01:44:00	611
1008	Adam	Hampson	M	MSEN	171		01:45:29	593	01:44:55	648
2947	Justin	Marshall	M	M35-39	101		01:45:30	594	01:44:59	652
598	Matthew	Daniels	M	M35-39	102	Stockport Harriers & AC	01:45:30	595	01:42:01	511
2908	Kristian	Jones	M	MSEN	172		01:45:30	596	01:43:12	562
967	Dewi Bryn	Griffiths	M	MSEN	173		01:45:31	597	01:43:27	576
616	Gareth	Davies	M	MSEN	174		01:45:33	598	01:45:09	659
1573	Angela	Mccarthy	F	F50-54	6	Wilmslow RC	01:45:34	599	01:44:29	637
2737	Mark	Scott	M	M45-49	78	Liverpool Running Club	01:45:36	600	01:43:43	589
2570	David	Owen	M	M45-49	79		01:45:36	601	01:44:27	634
511	Geoff	Collins	M	M55-59	27		01:45:36	602	01:44:52	646
2281	Karl	Truswell	M	M40-44	101	Betsi Runaways	01:45:36	603	01:44:02	612
2206	Lukasz	Sztygiel	M	MSEN	175		01:45:36	604	01:43:03	556
390	Matthew	Burton	M	MSEN	176		01:45:37	605	01:44:05	615
2458	Simon	Williams	M	MSEN	177		01:45:38	606	01:44:20	630
2328	David	Ward	M	M50-54	55		01:45:38	607	01:43:49	599
2215	James	Taylor	M	M40-44	102	Newcastle (Staffs) AC	01:45:38	608	01:45:15	666
923	John	Godding	M	M55-59	28		01:45:39	609	01:40:17	447
1320	Richard	Jones	M	MSEN	178		01:45:43	610	01:43:13	565
2853	Mike	Hobday	M	M55-59	29	Abergele Mysteruns	01:45:44	611	01:42:21	531

863	Paul	Freeman	M	M45-49	80		01:45:45	612	01:45:15	667
737	John	Edmondson	M	M60-64	9	Kendal AAC	01:45:47	613	01:43:57	609
1434	Simon	Leeson	M	M50-54	56		01:45:50	614	01:43:36	584
895	Mick	Gavin	M	M50-54	57		01:45:50	615	01:45:04	654
2749	Sean	Lavery	M	MSEN	179		01:45:51	616	01:41:13	481
468	Richard	Chinery	M	MSEN	180		01:45:51	617	01:43:45	592
922	Ian	Glover	M	MSEN	181		01:45:51	618	01:45:29	675
2142	Martin	Smyth	M	M40-44	103		01:45:52	619	01:43:35	583
2172	Marc	Stevens	M	MSEN	182		01:45:53	620	01:44:32	638
1446	Tomos	Lewis	M	MSEN	183		01:45:54	621	01:43:34	582
1743	Wayne	Norman	M	M40-44	104		01:45:55	622	01:44:11	623
142	Becki	Deeran	F	FSEN	22	Chorlton Runners	01:45:59	623	01:43:44	590
1014	Claire	Hankinson	F	FSEN	23	Sneyd striders	01:45:59	624	01:43:56	608
1390	Kristina	Kordiak	F	F35-39	17		01:46:00	625	01:45:46	692
2848	Liam	Roberts	M	MSEN	184		01:46:00	626	01:43:37	585
218	Glenn	Barnett	M	M40-44	105	NWRRC	01:46:01	627	01:44:38	639
2735	James	Harwood	M	M40-44	106	Eryri Harriers	01:46:02	628	01:43:18	566
1815	Andrew	Parker	M	M35-39	103		01:46:04	629	01:44:52	647
2422	Euryn	Williams	M	M50-54	58		01:46:06	630	01:45:30	680
1400	Michael	Lamb	M	M40-44	107	Liverpool Running Club	01:46:10	631	01:44:18	629
2192	Michael	Stubbs	M	M35-39	104		01:46:13	632	01:44:55	649
1061	Phil	Heaword	M	MSEN	185	Bramhall Runners	01:46:14	633	01:45:41	686
1662	Ian	Morgan	M	MSEN	186		01:46:16	634	01:45:26	674
1888	Luke	Potts	M	M35-39	105	Warrington Road Runners	01:46:17	635	01:45:57	699
767	Anthony	English	M	M45-49	81		01:46:17	636	01:41:53	510
2356	Graham	Webster	M	M55-59	30		01:46:19	637	01:45:44	690
965	David	Griffiths	M	M45-49	82	Penny Lane Striders	01:46:20	638	01:42:33	540
881	Mark	Gamblin	M	M45-49	83	Chorlton Runners	01:46:21	639	01:45:39	684
2923	Wes	Briscoe	M	MSEN	187		01:46:23	640	01:42:16	525
835	Jonathan	Flynn	M	MSEN	188		01:46:24	641	01:45:42	687
2763	Jonty	Goodchild	M	M40-44	108		01:46:28	642	01:45:48	694
1240	Mark	Jessett	M	MSEN	189		01:46:29	643	01:45:41	685
1640	Ricky	Milne	M	M45-49	84	trawden ac	01:46:30	644	01:45:12	665
635	Paul	Donoghue	M	M45-49	85	Buckley Runners	01:46:34	645	01:45:34	683
891	Mary	Gatehouse	F	F40-44	9	London Heathside	01:46:34	646	01:46:16	713
1820	Andrew	Parry	M	M40-44	109	Buckley Runners	01:46:34	647	01:44:59	653

2579	Luke	Rafferty	M	MSEN	190		01:46:36	648	01:45:29	677
643	Tom	Davis	M	MSEN	191		01:46:36	649	01:46:25	722
2863	Andrew	Dixon	M	M50-54	59		01:46:37	650	01:45:30	679
205	Louise	Ball	F	F35-39	18		01:46:40	651	01:45:43	688
1641	Andy	Milton	M	MSEN	192		01:46:41	652	01:43:50	601
2619	Mark	Dunn	M	MSEN	193		01:46:42	653	01:42:17	527
1656	Richard	Moore	M	M35-39	106		01:46:43	654	01:45:12	663
1505	Katy	Mack	F	FSEN	24		01:46:46	655	01:45:17	668
1139	Chris	Hoult	M	M45-49	86	ParaFit Hoplites	01:46:47	656	01:45:24	673
2487	David	Wolfenden	M	MSEN	194		01:46:48	657	01:43:18	567
246	Lindsay	Beeston	M	M45-49	87	SANDBACH STRIDERS	01:46:49	658	01:46:10	707
437	Robert	Cator	M	M50-54	60	Stockport Harriers & AC	01:46:49	659	01:46:03	704
413	John	Carey	M	M35-39	107		01:46:49	660	01:45:29	676
1029	Nathan	Harney	M	MSEN	195		01:46:49	661	01:45:18	671
2485	Nathan	Winstanley	M	M35-39	108		01:46:50	662	01:43:26	575
2805	Peter	Woods	M	MSEN	196		01:46:51	663	01:45:46	691
2492	Tony	Wolstenholme	M	M40-44	110		01:46:53	664	01:46:16	714
615	David	Davies	M	M40-44	111	Wrekin Road Runners	01:46:54	665	01:46:27	724
2948	Kevin	Higgins	M	M50-54	61	NWRRRC	01:46:54	666	01:46:21	720
2556	Stephen	Ellis	M	MSEN	197		01:46:55	667	01:43:55	607
2785	Toby	Turnham	M	MSEN	198		01:46:58	668	01:43:31	578
831	Dee	Fletcher	F	FSEN	25	Southville Running Club	01:47:04	669	01:44:49	643
1023	Tim	Hargreaves	M	M45-49	88		01:47:05	670	01:43:51	603
608	Alun	Davies	M	M35-39	109		01:47:10	671	01:45:10	661
1217	Ben	Ivory	M	MSEN	199		01:47:12	672	01:44:56	651
2191	Adam	Stubblings	M	M45-49	89		01:47:13	673	01:46:51	736
401	Roy	Cahoon	M	M40-44	112	Prestatyn Running Club	01:47:15	674	01:47:00	746
602	David	Darton	M	M55-59	31	York Knavesmire Harriers	01:47:19	675	01:47:03	750
1015	Stephen	Hanlon	M	M50-54	62		01:47:23	676	01:44:41	641
1887	Marc	Potter	M	M35-39	110	Riversway Road Runners	01:47:23	677	01:44:49	642
2705	Karen	Mcneil	F	F45-49	5		01:47:24	678	01:45:47	693
2552	Tom	Jordan	M	MSEN	200	Riversway Road Runners	01:47:24	679	01:44:50	644
2441	Michael	Williams	M	MSEN	201	MNRC	01:47:28	680	01:45:06	657
1916	Damian	Rafferty	M	M35-39	111		01:47:31	681	01:45:22	672
332	Debbie	Bradburn	F	F35-39	19		01:47:31	682	01:45:59	700
1892	Aeronwy	Preece- Towey	F	FSEN	26	Bramhall runners	01:47:32	683	01:46:19	717

2630	Paul	Koffman	M	M40-44	113		01:47:32	684	01:46:03	703
2251	Bill	Thornton	M	MSEN	202		01:47:34	685	01:44:28	636
2719	Stephen	Botham	M	M55-59	32	Wrexham Triathlon Club	01:47:37	686	01:46:38	730
647	Bethany	Dawid	F	F35-39	20	Newcastle (Staffs) AC	01:47:37	687	01:45:10	660
2714	Ruth	Williams	F	F35-39	21		01:47:37	688	01:45:43	689
648	Philip	Dawid	M	MSEN	203	Philip Dawid	01:47:38	689	01:45:12	664
943	Jo	Grandfield	F	F50-54	7	Market Drayton Running Club	01:47:40	690	01:43:47	595
571	Sarah	Croft	F	FSEN	27		01:47:40	691	01:44:52	645
1154	Chris	Hughes	M	MSEN	204	Hoplite	01:47:42	692	01:46:21	718
269	Steve	Beynon	M	MSEN	205		01:47:42	693	01:43:46	593
2298	Philippa	Tyson	F	F50-54	8	SOUTH CHESHIRE HARRIERS	01:47:47	694	01:46:30	725
2894	John Gwynn	Evans	M	M65-69	3	Aberystwyth AC	01:47:48	695	01:46:37	728
254	James	Belton	M	MSEN	206		01:47:49	696	01:47:04	751
257	Ed	Bennett	M	M35-39	112		01:47:50	697	01:47:14	758
2151	Paul	Speed	M	M45-49	90	Blackley walk2run	01:47:51	698	01:46:22	721
2795	Scott	Lowe	M	M45-49	91	TEAM DEANE TRIATHLON CL	01:47:53	699	01:46:12	709
2416	David	Williams	M	MSEN	207		01:47:55	700	01:40:34	455
174	Nigel	Atkins	M	M50-54	63	SDRRAC	01:47:56	701	01:43:48	596
2946	Sam	Roberts	M	MSEN	208		01:47:57	702	01:47:35	775
2937	David	Pughe	M	M50-54	64		01:47:57	703	01:46:02	701
723	Trevor	Duggan	M	M45-49	92		01:47:57	704	01:47:39	783
1555	Andrew	Maton	M	M40-44	114		01:48:00	705	01:45:18	669
1514	Gareth	Maher	M	MSEN	209	bramhall runners	01:48:00	706	01:47:40	786
1364	Earle	Kenlay	M	M40-44	115		01:48:01	707	01:45:49	696
1158	Elgan	Hughes	M	MSEN	210		01:48:05	708	01:46:14	711
248	Andrew	Bell	M	M50-54	65	Congleton Harriers	01:48:06	709	01:45:31	681
2729	James	Lewis	M	MSEN	211		01:48:10	710	01:47:57	804
2662	Robert	Evans	M	MSEN	212		01:48:11	711	01:44:27	635
388	Anthony	Burrell	M	M45-49	93		01:48:11	712	01:46:59	745
2400	Sara	Willhoit	F	FSEN	28	SYTri (Shrewsbury Triathlon)	01:48:12	713	01:44:05	614
2355	Elizabeth	Webster	F	FSEN	29		01:48:12	714	01:47:39	782
964	Brian	Griffiths	M	M60-64	10	Ellesmere Port Running Club	01:48:15	715	01:46:40	732
939	Peter	Gough	M	M45-49	94		01:48:16	716	01:47:38	780
1755	Sue	O'Brien	F	F55-59	2	Knowsley Harriers AC	01:48:16	717	01:45:12	662
551	Anthony	Costigan	M	M40-44	116		01:48:16	718	01:44:10	621
902	Laith	Gibani	M	MSEN	213		01:48:16	719	01:47:34	771

373	Patricia	Budd	F	F50-54	9		01:48:18	720	01:46:49	735
1698	Anthony	Murphy	M	M40-44	117	Red Rose Road Runners	01:48:21	721	01:45:56	698
665	Steve	Devonport	M	M40-44	118		01:48:21	722	01:46:05	705
1510	Dave	Maddock	M	M35-39	113		01:48:22	723	01:47:35	776
1700	Johnny	Murphy	M	M40-44	119		01:48:22	724	01:47:36	778
766	Carl	Endemano	M	M40-44	120		01:48:24	725	01:45:04	655
225	Anthony	Barton	M	M45-49	95		01:48:25	726	01:47:54	798
1759	Robert	O'Gorman	M	MSEN	214		01:48:25	727	01:45:05	656
233	James	Bayley	M	MSEN	215	Newcastle (Staffs) AC	01:48:27	728	01:48:15	819
1746	Phil	Norton	M	MSEN	216		01:48:27	729	01:47:44	789
2696	Gareth	Williams	M	M40-44	121		01:48:29	730	01:46:51	737
2354	Andrea	Webster	F	F55-59	3		01:48:30	731	01:47:56	802
1281	Daniel	Jones	M	MSEN	217		01:48:33	732	01:44:06	618
655	Luca	Della Rocca	M	MSEN	218		01:48:34	733	01:44:06	620
1085	Leo	Higgins	M	M55-59	33	British Military Fitness	01:48:35	734	01:46:48	734
2676	Andrew	Brady	M	MSEN	219		01:48:36	735	01:47:30	767
250	James	Bell	M	M45-49	96	Styal Running Club	01:48:36	736	01:46:17	715
392	Gavin	Butler	M	M45-49	97		01:48:37	737	01:45:18	670
550	Andrew	Cosgrove	M	M35-39	114		01:48:37	738	01:46:40	731
2920	Sian	Price	F	FSEN	30	Parc Bryn Bach RC	01:48:38	739	01:48:02	809
2922	Simon	Taylor	M	M35-39	115	West Cheshire AC	01:48:39	740	01:43:42	588
1626	John	Micallef	M	M45-49	98		01:48:40	741	01:46:18	716
2557	Gareth	Whiteside	M	MSEN	220	RSA Club Bladerunners	01:48:40	742	01:45:30	678
2211	Andrew	Taylor	M	M40-44	122		01:48:41	743	01:47:22	761
420	Damian	Carter	M	M40-44	123		01:48:42	744	01:48:27	831
1564	Andy	Mayne-Flower	M	M35-39	116		01:48:43	745	01:45:34	682
515	Phil	Collister	M	M45-49	99		01:48:44	746	01:46:02	702
1782	Chris	Owen	M	MSEN	221		01:48:45	747	01:46:59	744
903	Michael	Gibbons	M	M55-59	34	bramhall runners	01:48:46	748	01:47:34	772
1801	Phil	Owen	M	M35-39	117		01:48:49	749	01:47:26	764
110	Len	Jackson	M	M55-59	35	NWRRRC	01:48:51	750	01:48:37	844
399	Andrew	Byrom	M	M45-49	100	Pudsey Pacers	01:48:52	751	01:48:33	838
2816	Craig	Bradbury	M	M40-44	124	Astley & Tyldesley Road Runners	01:48:54	752	01:46:11	708
2561	Andrew	Potter	M	M35-39	118	Lee Atherton Athletics	01:48:56	753	01:47:35	777
2858	Daniel	Ashe	M	MSEN	222		01:48:57	754	01:44:56	650
612	Carwyn	Davies	M	MSEN	223		01:49:00	755	01:46:56	740

416	Steven	Carr	M	MSEN	224		01:49:02	756	01:48:51	850
845	Andrew	Forster	M	M40-44	125		01:49:02	757	01:46:21	719
1715	Andrew	Neal	M	M45-49	101		01:49:03	758	01:47:56	801
1054	Kay	Hatton	F	F50-54	10	NWRRC	01:49:03	759	01:48:50	849
991	James	Haddley	M	MSEN	225		01:49:07	760	01:48:07	811
1445	Nic	Lewis	M	M45-49	102		01:49:07	761	01:48:14	818
1159	Gareth	Hughes	M	M35-39	119		01:49:07	762	01:48:33	837
2752	Andrew	Dodd	M	M40-44	126	Wilmslow RC	01:49:09	763	01:46:25	723
2327	Steven	Warburton	M	M55-59	36		01:49:09	764	01:47:24	762
1261	Phil	Jolley	M	M45-49	103	Warrington Running Club	01:49:10	765	01:47:31	768
2283	Rhys	Tudur	M	M40-44	127		01:49:11	766	01:45:51	697
927	Vince	Gonzalez	M	M35-39	120		01:49:14	767	01:48:18	822
1431	Geoff	Leech	M	M45-49	104	Horwich RMI Harriers	01:49:15	768	01:45:49	695
1423	Colin	Lea	M	M45-49	105	York Knavesmire Harriers	01:49:15	769	01:48:59	856
599	Ian	Danks	M	M50-54	66		01:49:18	770	01:48:19	824
1141	Richard	Howcroft	M	MSEN	226		01:49:26	771	01:47:51	794
1140	Simon	Howard	M	M40-44	128	Royton Road Runners	01:49:26	772	01:48:56	852
2939	Neil	Phillips	M	M35-39	121		01:49:26	773	01:45:07	658
2543	Alison	Thomson	F	FSEN	31	Riversway Road Runners	01:49:27	774	01:46:59	743
2583	Annabelle	Caton	F	FSEN	32	Riversway Running Club	01:49:29	775	01:47:00	747
1408	Charles	Larsson	M	M45-49	106	Newcastle (Staffs) AC	01:49:29	776	01:49:03	858
2365	Jennifer	West	F	F35-39	22	Village Road Runners	01:49:30	777	01:47:12	755
2814	Steve	Sutton	M	M50-54	67		01:49:32	778	01:48:01	808
1313	Neil	Jones	M	MSEN	227		01:49:33	779	01:47:39	781
954	Catherine	Greenough	F	FSEN	33		01:49:37	780	01:47:53	796
150	Michael	Anderson	M	M40-44	129		01:49:41	781	01:47:50	793
1767	Angela	Oldham	F	F60-64	1	East Cheshire	01:49:41	782	01:47:01	748
1091	Martin	Hilton	M	M45-49	107	Tattenhall	01:49:44	783	01:47:03	749
1558	Ian	Mauilin	M	M35-39	122	Sneyd Striders	01:49:45	784	01:47:35	774
2626	Andrew	Graham	M	M35-39	123		01:49:45	785	01:48:58	854
349	Kevin	Brierley	M	M45-49	108		01:49:50	786	01:47:57	803
2896	Russell	Fay	M	MSEN	228	Team deane	01:49:50	787	01:47:53	795
134	Shayne	Adams	M	M45-49	109	kaboodle	01:49:50	788	01:47:07	752
579	Mark	Crossland	M	M45-49	110	Greenfield Greyhounds	01:49:51	789	01:47:59	807
107	Marc	Goudie	M	MSEN	229	Penny lane striders	01:49:51	790	01:49:37	884
2144	Karen	Soley	F	F40-44	10		01:49:57	791	01:47:28	765

1355	Andrew	Kelly	M	M35-39	124	Abergele Mysteruns	01:49:58	792	01:46:35	727
589	Kevin	Curtis	M	M55-59	37	Ellesmere Port Running Club	01:50:00	793	01:48:22	828
2019	Marc	Rose	M	MSEN	230		01:50:03	794	01:48:12	816
175	Charles	Attard	M	M60-64	11	DONFORD STRIDERS	01:50:04	795	01:48:34	840
1244	Paul	Johansen	M	M45-49	111		01:50:04	796	01:46:14	710
440	Peter	Cawley	M	M45-49	112		01:50:05	797	01:48:47	848
1066	Daniel	Hennessey	M	M40-44	130	Beaumaris Town Road Runners	01:50:07	798	01:48:19	823
1753	Sean	O'Beirn	M	MSEN	231		01:50:10	799	01:48:28	832
1038	Stephen	Harris	M	MSEN	232		01:50:10	800	01:47:24	763
685	Dermot	Doherty	M	M45-49	113		01:50:10	801	01:49:39	887
1702	Gaynor	Murray	F	F40-44	11		01:50:11	802	01:49:11	867
2612	John	Danks	M	MSEN	233		01:50:12	803	01:46:16	712
289	Dave	Blackmore	M	M40-44	131		01:50:14	804	01:47:42	788
453	Will	Charles	M	MSEN	234		01:50:14	805	01:49:38	885
926	Raul	Gomez	M	M35-39	125		01:50:16	806	01:49:44	892
2427	Hannah	Williams	F	FSEN	34		01:50:17	807	01:48:59	857
1686	Hugh	Moseley-Fletcher	M	MSEN	235		01:50:21	808	01:48:06	810
275	Claire	Birch	F	F35-39	23	Oswestry olympians	01:50:21	809	01:49:05	860
1126	Ewan	Holton	M	M35-39	126	Kutsford Tri Club	01:50:22	810	01:48:32	835
1959	David	Rimington	M	M35-39	127		01:50:22	811	01:46:43	733
2278	Amanda	Trivett	F	F35-39	24	Stockport Harriers & AC	01:50:22	812	01:48:32	836
2957	Ian	Wilson	M	MSEN	236		01:50:23	813	01:47:13	757
1413	Chris	Law	M	M65-69	4		01:50:29	814	01:46:08	706
291	Ken	Bloor	M	M50-54	68	Trentham Running Club	01:50:29	815	01:48:37	842
1058	Gemma	Hayes	F	FSEN	35		01:50:30	816	01:47:46	792
2825	Michael	Bradley	M	M35-39	128	Warrington Running Club	01:50:32	817	01:48:21	825
2196	David	Sumner	M	M40-44	132		01:50:32	818	01:48:33	839
300	Andy	Bolton	M	M40-44	133		01:50:33	819	01:48:36	841
1079	Steve	Hibbert	M	M50-54	69		01:50:33	820	01:49:33	881
1893	Emma	Preston	F	F40-44	12	SYTri (Shrewsbury Triathlon)	01:50:34	821	01:49:25	878
1828	Michael	Partington	M	M50-54	70		01:50:35	822	01:48:08	813
2046	Becky	Ryall	F	FSEN	36		01:50:35	823	01:47:07	753
2527	Ali	Yazdi	M	MSEN	237	West Cheshire AC	01:50:37	824	01:47:07	754
2553	Scott	Brooks	M	M50-54	71	Mersey Tri	01:50:38	825	01:47:59	806
1520	Robert	Mandley	M	M40-44	134		01:50:39	826	01:47:45	791
2906	Dewi	Snelson	M	MSEN	238		01:50:41	827	01:48:37	843

887	Ben	Garnett	M	MSEN	239		01:50:43	828	01:49:41	888
1341	Michael	Joy	M	MSEN	240	scunthorpe and district ac	01:50:43	829	01:49:41	889
2944	Charles	Andrew	M	M40-44	135		01:50:45	830	01:48:15	820
2916	James	de Ferranti	M	MSEN	241		01:50:46	831	01:46:58	742
2602	Stuart	Clitheroe	M	MSEN	242		01:50:46	832	01:50:11	922
1184	Trefor	Hughes-Morris	M	M45-49	114		01:50:47	833	01:49:49	896
1987	Julie	Roberts	F	F35-39	25		01:50:47	834	01:49:50	897
2214	Ian-Keith	Taylor	M	M45-49	115	Bungay Black Dog RC	01:50:48	835	01:48:23	829
1376	Valerie	Kilburn	F	F45-49	6	royton road runners	01:50:48	836	01:47:40	785
1177	Shaun	Hughes	M	MSEN	243		01:50:51	837	01:46:58	741
2798	Mark	Bryant	M	M35-39	129		01:50:52	838	01:47:15	759
1427	Mark	Leaver	M	M45-49	116		01:50:52	839	01:49:35	883
2385	Martyn	Wickens	M	MSEN	244		01:50:53	840	01:49:29	879
1752	Ben	Nuss	M	M35-39	130		01:50:55	841	01:49:15	872
558	Dominic	Coupes	M	M45-49	117		01:50:58	842	01:48:43	847
1455	Christopher	Littler	M	MSEN	245		01:50:58	843	01:46:53	738
961	Thomas	Griffith	M	MSEN	246		01:50:59	844	01:50:56	948
1117	Phillip	Holland	M	MSEN	247		01:50:59	845	01:46:54	739
2009	Nathan	Robinson	M	M35-39	131		01:51:01	846	01:47:12	756
1169	Mark	Hughes	M	M50-54	72		01:51:02	847	01:49:45	893
519	Daniel	Connor	M	MSEN	248	Chorlton Runners	01:51:02	848	01:50:21	925
1877	Keith	Pleasant	M	M35-39	132		01:51:02	849	01:50:07	916
555	Daniel	Cottle	M	MSEN	249		01:51:04	850	01:49:35	882
2641	Luis	Pisa Tolosa	M	MSEN	250		01:51:04	851	01:50:36	936
204	Lance	Ball	M	M45-49	118	Wrexham Triathlon Club	01:51:05	852	01:50:26	929
962	Andy	Griffiths	M	M40-44	136		01:51:07	853	01:47:19	760
640	Owen	Davis	M	M35-39	133		01:51:07	854	01:47:35	773
2774	Peter	Hayler	M	M55-59	38	Northern Veterans Athletic Clu	01:51:11	855	01:50:00	910
335	Mark	Bradley	M	M45-49	119		01:51:11	856	01:47:40	784
832	Paul	Fletcher	M	M40-44	137		01:51:13	857	01:46:33	726
412	Rowenna	Cardy	F	FSEN	37		01:51:16	858	01:50:10	921
1522	Frank	Manning	M	M50-54	73	Biddulph Running Club	01:51:18	859	01:48:07	812
1129	Michael	Horaczek	M	M35-39	134		01:51:19	860	01:49:58	908
1723	Chris	Newman	F	F55-59	4		01:51:19	861	01:50:35	935
2396	David	Wilkinson	M	M55-59	39	Lancaster and Morecambe Athle	01:51:19	862	01:46:38	729
877	John	Gallagher	M	MSEN	251		01:51:20	863	01:48:21	826

2109	Richard	Sim	M	M50-54	74		01:51:22	864	01:47:54	797
1102	Luke	Hobart	M	M35-39	135		01:51:24	865	01:49:55	904
1345	Tony	Kane	M	M60-64	12	Royton Road Runners	01:51:25	866	01:47:54	799
2545	Alex	Doherty	M	MSEN	252		01:51:25	867	01:50:39	938
2449	Philip	Williams	M	M35-39	136		01:51:27	868	01:47:29	766
2575	Stephen	Gleave	M	M40-44	138	Prestatyn Running Club	01:51:27	869	01:51:02	951
2743	Marc	Timmins	M	M40-44	139		01:51:27	870	01:51:15	971
858	Angela	Francis	F	F50-54	11		01:51:28	871	01:48:18	821
1997	Peter	Roberts	M	M55-59	40	South Cheshire Harriers	01:51:29	872	01:49:43	891
1747	Dan	Nosworthy	M	M40-44	140		01:51:31	873	01:49:07	865
1605	Andrew	Mcshane	M	M50-54	75	Fenland Running Club	01:51:33	874	01:47:41	787
353	Ryan	Britland	M	MSEN	253		01:51:33	875	01:49:48	895
673	Mike	Dilworth	M	M60-64	13		01:51:35	876	01:48:12	815
2811	Chris	Poole	M	MSEN	254		01:51:35	877	01:50:08	919
2364	Roy	Wells	M	M40-44	141		01:51:36	878	01:50:49	944
2319	Georgina	Walker	F	F35-39	26	Lymm Runners	01:51:37	879	01:48:58	855
2366	Richard	Westcott	M	M55-59	41		01:51:37	880	01:49:04	859
836	Clare	Fogden	F	F35-39	27		01:51:37	881	01:47:44	790
366	Ben	Brown	M	MSEN	255		01:51:37	882	01:50:33	932
191	Martin	Bailey	M	M45-49	120		01:51:39	883	01:49:14	870
937	Kirsty	Gornall	F	F40-44	13	City of Chester Triathlon Club	01:51:40	884	01:50:36	937
1339	Jessica	Jouan	F	FSEN	38		01:51:40	885	01:50:16	924
488	Vicki	Cleall	F	F40-44	14		01:51:43	886	01:48:29	833
506	Hadrian	Collier	M	M45-49	121		01:51:44	887	01:51:05	956
568	Michael	Cripps	M	M50-54	76		01:51:44	888	01:47:38	779
2314	Steven	Voyzey	M	MSEN	256		01:51:46	889	01:51:24	982
2687	Chris	Hassall	M	MSEN	257	South Cheshire Harriers	01:51:46	890	01:50:24	926
2484	Mike	Winstanley	M	M65-69	5	Rochdale Harriers	01:51:48	891	01:48:57	853
1812	Gruff	Pari	M	MSEN	258		01:51:49	892	01:47:32	769
1032	Non	Harries	F	FSEN	39		01:51:49	893	01:47:32	770
1784	Dafydd	Owen	M	M60-64	14	Prestatyn Running Club	01:51:51	894	01:51:11	965
957	Katherine	Gregson	F	FSEN	40		01:51:52	895	01:48:10	814
834	Alastair	Flett	M	M45-49	122		01:51:52	896	01:51:14	970
758	Gareth	Ellis	M	M45-49	123		01:51:53	897	01:51:18	977
960	Laurie	Griffith	F	F40-44	15	Colwyn Bay Athletics Club	01:51:54	898	01:49:39	886
553	Jonathan	Cotsen	M	M40-44	142		01:51:55	899	01:49:42	890

1440	Michael	Lever	M	M45-49	124		01:51:57	900	01:48:32	834
152	Simon	Anderson	M	M40-44	143		01:51:58	901	01:51:14	969
1845	Rod	Perons	M	M50-54	77	Les Croupiers RC	01:51:58	902	01:49:52	898
775	Carl	Evans	M	MSEN	259		01:52:00	903	01:47:58	805
1608	Lee	Meakin	M	M40-44	144	Shelton striders	01:52:00	904	01:50:46	942
2358	Paul	Webster	M	M60-64	15	Shelton Striders	01:52:01	905	01:51:06	959
2831	Stephen	Bushell	M	M45-49	125		01:52:03	906	01:50:56	947
346	Carl	Bridgwood	M	M40-44	145	Sneyd Striders	01:52:04	907	01:49:59	909
2932	Roderick	Thomson	M	MSEN	260		01:52:05	908	01:51:39	996
534	David	Cooper	M	MSEN	261		01:52:09	909	01:51:49	1011
2601	Luke	Grant	M	MSEN	262		01:52:09	910	01:50:56	949
130	Paul	Abela-Stevenson	M	M40-44	146	Liverpool Running Club	01:52:09	911	01:48:22	827
2594	Craig	Tipton	M	M40-44	147	RSA Club Bladerunners	01:52:10	912	01:49:07	862
1308	Mark Price	Jones	M	M45-49	126	City of Chester Triathlon Club	01:52:12	913	01:51:44	1002
823	Adrienne	Fisher	F	F40-44	16	BOLTON UNITED HARRIERS	01:52:17	914	01:51:25	983
1681	Steve	Morris	M	M40-44	148		01:52:18	915	01:49:21	874
1822	Ashleigh	Parry	M	MSEN	263		01:52:18	916	01:49:54	902
1131	Michael	Horton	M	M65-69	6	NORTH STAFFS ROAD RUNN	01:52:21	917	01:50:35	933
2776	Clare	Kilgallon	F	F40-44	17	widnes wasps	01:52:21	918	01:49:22	876
1833	Kimberley	Peak	F	FSEN	41		01:52:23	919	01:48:56	851
411	Brian	Cardwell	M	M45-49	127		01:52:23	920	01:51:36	992
1953	Neil	Rigby	M	M35-39	137	Shelton Striders	01:52:23	921	01:49:30	880
122	Jill	Valentine	F	F40-44	18		01:52:24	922	01:52:11	1031
380	David	Bull	M	M45-49	128		01:52:27	923	01:49:56	907
856	Dale	Fox-Byrne	M	M35-39	138		01:52:27	924	01:48:40	845
1779	Peer	Ovesen	M	M45-49	129		01:52:28	925	01:49:53	900
552	Kevin	Costigan	M	M45-49	130		01:52:30	926	01:48:24	830
1132	Adam	Horwich	M	MSEN	264		01:52:31	927	01:51:54	1021
1315	Paul	Jones	M	M50-54	78	ALDRIDGE RUNNING CLUB	01:52:34	928	01:52:08	1028
1940	Michael	Reynolds	M	M35-39	139		01:52:36	929	01:49:15	871
2879	Ian	Ford	M	M35-39	140	Shropshire Shufflers	01:52:36	930	01:51:28	986
2460	Stephen	Williams	M	M35-39	141	Wrekin Road Runners	01:52:36	931	01:49:25	877
1741	Amy	Norfolk	F	FSEN	42	Liverpool Running Club	01:52:37	932	01:50:44	940
855	John	Fox	M	M35-39	142		01:52:37	933	01:47:55	800
2692	James	Buky	M	MSEN	265		01:52:42	934	01:51:25	984
1385	Helen	Knight	F	F40-44	19	Royton Road Runners	01:52:42	935	01:48:13	817

378	Rebecca	Buky	M	MSEN	266		01:52:42	936	01:51:24	981
2208	Jim	Tait	M	M45-49	131		01:52:44	937	01:52:20	1037
2665	Simon	Straker	M	M45-49	132		01:52:44	938	01:52:20	1039
2193	Joni	Stubbs-Thrush	F	F35-39	28		01:52:44	939	01:51:28	985
2515	Andrew	Wright	M	M40-44	149		01:52:47	940	01:49:07	861
649	Nigel	Dean	M	M40-44	150		01:52:47	941	01:49:07	864
2162	Charlotte	Standing	F	FSEN	43		01:52:47	942	01:51:36	993
2678	John	Jones	M	M55-59	42		01:52:48	943	01:52:03	1024
629	Peter	Davies	M	M40-44	151		01:52:49	944	01:49:12	868
2079	Giuseppe	Serra	M	M45-49	133		01:52:49	945	01:52:20	1041
2286	John	Turford	M	M60-64	16	Shropshire Shufflers	01:52:51	946	01:51:43	1001
1016	John	Hanson	M	M45-49	134		01:52:52	947	01:50:35	934
1012	Ian	Hand	M	M40-44	152		01:52:54	948	01:50:51	945
339	Paul	Brannan	M	M45-49	135	Market Drayton Running Club	01:52:55	949	01:49:22	875
1433	Dan	Leeson	M	M40-44	153		01:52:55	950	01:50:41	939
1363	Mark	Kemsley	M	MSEN	267		01:52:55	951	01:51:04	953
742	David	Edwards	M	M55-59	43	Abergele Harriers	01:52:55	952	01:49:54	903
2514	Mike	Wrench	M	M40-44	154		01:52:56	953	01:51:33	990
1188	Harry	Humphries	M	MSEN	268		01:52:56	954	01:51:36	994
1956	Anna Louise	Riley	F	F50-54	12		01:52:57	955	01:52:38	1057
1646	Anna	Moccia	F	F40-44	20	Wrexham AAC	01:52:58	956	01:49:53	901
1077	Anthony	Heywood	M	M40-44	155		01:53:03	957	01:51:12	966
930	Lesley	Goodson	F	F50-54	13	NWRRC	01:53:04	958	01:52:03	1025
2509	Nigel	Woods	M	M50-54	79		01:53:05	959	01:52:35	1054
1507	Anna	Mackenzie	F	FSEN	44		01:53:05	960	01:51:47	1006
2323	Pete	Wallroth	M	MSEN	269	Mummy's Star	01:53:06	961	01:50:04	914
970	Rhys	Griffiths	M	M35-39	143		01:53:06	962	01:51:02	952
942	Harriet	Grandfield	F	FSEN	45		01:53:07	963	01:49:13	869
2635	Robert	Sargant	M	MSEN	270	Chorlton Runners	01:53:08	964	01:50:49	943
983	Sarah	Guinan	F	F45-49	7	Wrexham AAC	01:53:08	965	01:50:03	912
157	Dave`	Antrobus	M	M45-49	136	City of Chester Triathlon Club	01:53:09	966	01:51:19	978
1096	Carolyn	Hirons	F	F45-49	8	Wilmslow RC	01:53:10	967	01:50:29	930
574	Liza	Crompton	F	F40-44	21		01:53:10	968	01:51:12	967
2865	Paul	Wright	M	MSEN	271	Mummys Star	01:53:10	969	01:50:07	917
2288	Dave	Turley	M	M45-49	137	Shelton Striders	01:53:11	970	01:50:00	911
1195	Emma	Huntley	F	F35-39	29		01:53:12	971	01:52:50	1068

522	Martin	Constable	M	M50-54	80		01:53:12	972	01:50:04	913
1825	Huw	Parry	M	M35-39	144		01:53:13	973	01:52:51	1069
2404	Alison	Williams	F	F40-44	22		01:53:14	974	01:52:24	1044
1028	Mark	Harney	M	M50-54	81		01:53:18	975	01:51:51	1015
290	Frank	Blakeley	M	M40-44	156		01:53:18	976	01:51:05	954
2653	Stuart	Harrison	M	MSEN	272	penny lane striders	01:53:19	977	01:49:19	873
1409	John	Latham	M	M45-49	138		01:53:19	978	01:52:23	1043
1040	Gareth	Harrison	M	M35-39	145		01:53:19	979	01:51:10	964
1865	Felicity	Pickering	F	FSEN	46		01:53:22	980	01:50:25	927
1864	Amie	Pickering	F	FSEN	47		01:53:23	981	01:50:26	928
904	Andrew	Gibson	M	M35-39	146	Sandbach Striders	01:53:24	982	01:52:45	1062
2430	Ian	Williams	M	M45-49	139	Mossley Hill AC	01:53:24	983	01:48:42	846
684	Mike	Dodd	M	MSEN	273		01:53:24	984	01:51:42	999
1813	Gwyndaf	Pari	M	M45-49	140		01:53:25	985	01:49:07	863
1203	Dylan	Huws	M	M55-59	44		01:53:27	986	01:53:17	1088
1675	John	Morris	M	MSEN	274		01:53:28	987	01:50:12	923
2462	Stuart	Williams	M	MSEN	275		01:53:29	988	01:51:47	1007
2860	Eloise	Eccles	F	F35-39	30		01:53:32	989	01:49:09	866
865	David	Freer	M	M45-49	141	Royton Road Runners	01:53:36	990	01:49:48	894
1323	Rod	Jones	M	M55-59	45	Liverpool Running Club	01:53:40	991	01:49:56	905
1547	Soraya	Mason	F	F45-49	9	Wilmslow RC	01:53:42	992	01:51:01	950
638	Emma	Davis	F	FSEN	48	Lymm Runners	01:53:42	993	01:51:31	988
2137	Ted	Smith	M	M45-49	142		01:53:45	994	01:51:05	955
1897	Rachel	Price	F	F50-54	14	Market Drayton Running Club	01:53:46	995	01:52:16	1033
2134	Rick	Smith	M	M50-54	82		01:53:47	996	01:51:07	960
936	Stephen	Gorman	M	M40-44	157	Penny Lane Striders	01:53:48	997	01:53:18	1090
2607	Michael	Pearson	M	M45-49	143	Atherton Running Club	01:53:48	998	01:49:52	899
359	Simon	Brooks	M	M40-44	158		01:53:50	999	01:50:33	931
121	David	Thomas	M	M40-44	159		01:53:51	1000	01:51:37	995
2383	Danny	Whitworth	M	MSEN	276		01:53:53	1001	01:52:10	1029
2921	Kat	Hargreaves	F	FSEN	49		01:53:54	1002	01:51:48	1008
1021	Jonathan	Hargreaves	M	M35-39	147		01:53:55	1003	01:51:49	1010
138	John	Alcock	M	MSEN	277	Newcastle (Staffs) AC	01:54:00	1004	01:53:37	1103
213	Vincent	Barnard	M	M45-49	144		01:54:01	1005	01:52:18	1035
2237	Neil	Thomas	M	M35-39	148		01:54:01	1006	01:51:18	975
844	Tom	Forshaw	M	M45-49	145	Natterjack Fast Forward	01:54:02	1007	01:51:16	973

2085	Stephen	Shakespeare	M	M40-44	160		01:54:03	1008	01:52:56	1074
1602	Louise	Mcmurray	F	FSEN	50		01:54:04	1009	01:53:35	1102
1043	Suzanne	Harrison	F	F50-54	15	South Cheshire Harriers	01:54:05	1010	01:52:47	1064
283	Jo	Bissell	F	F35-39	31	Barnsley Harriers	01:54:05	1011	01:51:08	961
282	Anthony	Bissell	M	MSEN	278	Barnsley Harriers	01:54:05	1012	01:51:10	963
667	Aled	Dicken	M	MSEN	279		01:54:07	1013	01:52:53	1072
1795	Karen	Owen	F	F35-39	32		01:54:08	1014	01:51:44	1003
2801	Adam	Lee	M	MSEN	280		01:54:12	1015	01:52:28	1047
1041	Gavin	Harrison	M	M35-39	149	Sneyd Striders	01:54:14	1016	01:52:17	1034
1365	Thomas	Kennedy	M	MSEN	281		01:54:15	1017	01:52:27	1046
1726	Pauline	Newton	F	F60-64	2	Market Drayton Running Club	01:54:17	1018	01:50:09	920
1099	Martin	Hirst	M	M40-44	161		01:54:17	1019	01:50:08	918
1601	Cameron	Mcmullen	M	M45-49	146		01:54:17	1020	01:53:38	1104
912	Dom	Gilvarry	M	M35-39	150		01:54:18	1021	01:51:16	972
1919	Richard	Ramsbottom	M	MSEN	282		01:54:18	1022	01:50:06	915
2555	Owen	Parle	M	MSEN	283	RSA club Bladerunners	01:54:19	1023	01:51:17	974
2096	Sarah	Greaves	F	F55-59	5	Oswestry Olympians	01:54:23	1024	01:53:50	1116
2872	Rob	Jones	M	M40-44	162		01:54:24	1025	01:52:20	1040
2547	Liam	Sherlock	M	M40-44	163	Team Deane	01:54:24	1026	01:52:43	1060
2734	Claire	Williams	F	F50-54	16	Canicross Anglesey	01:54:26	1027	01:51:35	991
2500	Chris	Woodard	M	M40-44	164		01:54:26	1028	01:53:48	1115
1418	Samuel	Lawrence	M	MSEN	284	Riversway Road Runners	01:54:26	1029	01:51:49	1012
2272	Mark	Tooze	M	M45-49	147		01:54:29	1030	01:51:46	1005
2936	Karen	Jones	F	F50-54	17		01:54:29	1031	01:53:47	1114
2878	Louise	Gray	F	F45-49	10	Bellahouston Road Runners	01:54:30	1032	01:53:41	1109
771	Chris	Etchells	M	M35-39	151		01:54:31	1033	01:51:54	1020
1296	James	Jones	M	MSEN	285		01:54:34	1034	01:52:29	1049
2368	Ian	Westney	M	M50-54	83		01:54:34	1035	01:51:53	1018
1262	Adrian	Jones	M	M55-59	46		01:54:35	1036	01:52:52	1070
168	Charles	Ashley	M	M55-59	47	Wrexham AAC	01:54:36	1037	01:52:49	1065
2068	Andrew	Scott	M	M35-39	152	Prestatyn Running Club	01:54:37	1038	01:52:44	1061
2049	Shereen	Salami	F	FSEN	51	Knowsley Harriers AC	01:54:37	1039	01:51:33	989
261	Alex	Bentley	M	M35-39	153	Knowsley Harriers AC	01:54:38	1040	00:00:00	0
1094	Colin	Hird	M	MSEN	286		01:54:42	1041	01:53:24	1093
1768	Anna	Oliver	F	FSEN	52		01:54:42	1042	01:54:30	1142
1766	Dave	O'Brien	M	MSEN	287	BIRKENHEAD AC	01:54:44	1043	01:53:12	1083

637	Wyn	Davies	M	M40-44	165	City of Chester Triathlon Club	01:54:45	1044	01:52:30	1050
2748	David	Wallis	M	MSEN	288	Team Deane	01:54:47	1045	01:53:07	1080
284	Ian	Bithell	M	M50-54	84		01:54:49	1046	01:53:06	1079
698	Andy	Dooley	M	M55-59	48	Styal Running Club	01:54:51	1047	01:53:27	1097
2434	Lindsey	Williams	F	F35-39	33		01:54:51	1048	01:54:29	1141
2838	Alison	Butlin	F	F40-44	23	Ripley Running Club	01:54:53	1049	01:54:19	1134
1644	Steven	Mitchell	M	MSEN	289	Team Guns	01:54:57	1050	01:51:42	1000
2473	Mike	Wilshaw	M	M35-39	154		01:54:58	1051	01:52:55	1073
707	Mike	Dowsett	M	M35-39	155		01:54:58	1052	01:53:55	1121
2020	Andrew	Rosenthal	M	M40-44	166		01:54:59	1053	01:51:05	957
2008	Mark	Robinson	M	M40-44	167		01:54:59	1054	01:52:42	1059
1622	Michelle	Metcalfe	F	F40-44	24	Stockport Harriers & AC	01:55:02	1055	01:52:33	1053
994	Ian	Haigh	M	MSEN	290		01:55:02	1056	01:54:24	1135
1671	Andrea	Morris	F	F45-49	11		01:55:03	1057	01:51:06	958
908	Alistair	Gifford-Moore	M	M40-44	168		01:55:05	1058	01:53:22	1092
1734	Jennifer	Nix	M	M35-39	156	Shelton Striders	01:55:05	1059	01:53:52	1118
2603	Simon	Williams	M	M50-54	85	simon Williams	01:55:06	1060	01:51:08	962
2163	William	Staniard	M	M50-54	86	Manchester Harriers & AC	01:55:06	1061	01:51:52	1016
1719	Katy	Nelson	F	FSEN	53		01:55:06	1062	01:51:50	1014
2346	James	Watkins	M	M45-49	148		01:55:09	1063	01:53:13	1085
774	Bleddyn	Evans	M	M40-44	169		01:55:09	1064	01:51:20	979
1147	Sharon	Hudson	F	F40-44	25		01:55:10	1065	01:54:11	1129
2564	Tracy	Bagguley	F	F40-44	26	Newcastle (Staffs) AC	01:55:10	1066	01:53:26	1096
951	Llinos	Greenhalgh	F	FSEN	54		01:55:11	1067	01:54:52	1161
1378	Amanda	Kimber	F	FSEN	55	South Cheshire Harriers	01:55:11	1068	01:53:54	1119
2056	Jonathan	Sanderson	M	M40-44	170		01:55:12	1069	01:52:46	1063
2589	Michael	Ruane	M	M40-44	171		01:55:13	1070	01:53:50	1117
992	Victoria	Hagan	F	FSEN	56		01:55:15	1071	01:53:46	1112
2418	Dylan Lloyd	Williams	M	M50-54	87		01:55:15	1072	01:51:30	987
393	Kevin	Butterfield	M	M35-39	157		01:55:15	1073	01:53:16	1087
1569	Andrew	Mcauliffe	M	M45-49	149		01:55:16	1074	01:51:41	998
1751	Paul	Nurse	M	M45-49	150		01:55:17	1075	01:54:11	1130
1572	Steven	Mccall	M	M55-59	49	Manchester Harriers & AC	01:55:17	1076	01:52:53	1071
2636	Claire	Anderson	F	FSEN	57	Chorlton Runners	01:55:19	1077	01:53:00	1077
1396	Paul	Craddock	M	M40-44	172		01:55:22	1078	01:54:25	1136
1350	Heather	Kedrowski-Gonzalez	F	FSEN	58		01:55:26	1079	01:54:30	1144

671	Lisa	Digger	F	F45-49	12		01:55:26	1080	01:51:52	1017
1701	Karen	Murphy	F	F50-54	18	Biddulph Running Club	01:55:27	1081	01:52:33	1052
1799	Naomi	Owen	F	FSEN	59		01:55:28	1082	01:52:23	1042
681	Colin	Dodd	M	M50-54	88		01:55:29	1083	01:53:25	1094
969	Rachel	Griffiths	M	M40-44	173		01:55:32	1084	01:51:21	980
2768	Pat	Clay	F	F60-64	3		01:55:32	1085	01:51:14	968
1649	Mark	Molloy	M	M45-49	151	Warrington Road Runners	01:55:35	1086	01:55:06	1171
1713	Vicky	Nall	F	FSEN	60		01:55:36	1087	01:54:07	1127
2171	Gordon	Stephenson	M	MSEN	291	Beaton Track Club	01:55:36	1088	01:50:45	941
1180	Damon	Hughes	M	MSEN	292		01:55:36	1089	01:51:50	1013
362	Duncan	Brown	M	M35-39	158		01:55:39	1090	01:51:54	1019
2284	Blair	Tuffery	M	M40-44	174		01:55:40	1091	01:51:54	1022
1744	Michael	Norris	M	M50-54	89	Deestriders Running Club	01:55:42	1092	01:52:19	1036
2429	Hayley	Williams	F	FSEN	61	Run Dem Crew	01:55:43	1093	01:55:21	1180
2062	Tim	Saxon	M	MSEN	293		01:55:48	1094	01:51:48	1009
1042	Mark	Harrison	M	M40-44	175		01:55:50	1095	01:52:25	1045
1900	Jess	Prince	F	FSEN	62		01:55:50	1096	01:54:51	1159
382	Peter	Bulmer	M	M55-59	50		01:55:51	1097	01:53:26	1095
898	Gemma	Geekie	F	F35-39	34		01:55:51	1098	01:52:37	1055
2907	Jonathan	Pratt	M	MSEN	294		01:55:52	1099	01:53:33	1101
975	Val	Grimes	F	F45-49	13		01:55:53	1100	01:54:33	1147
497	Craig	Cluney	M	M45-49	152	Liverpool Running Club	01:55:54	1101	01:52:10	1030
2330	Richard	Ward	M	M40-44	176	Red rose road runners	01:55:56	1102	01:51:18	976
1124	Nicholas	Holt	M	M40-44	177	Wallasey Athletics Club	01:55:56	1103	01:53:39	1106
682	Lee	Dodd	M	MSEN	295		01:55:58	1104	01:53:54	1120
931	Louise	Goodwin	F	F35-39	35		01:55:59	1105	01:54:51	1158
546	Mark	Corcoran	M	M45-49	153	Bramhall runners	01:56:01	1106	01:52:32	1051
1773	Linda	Orborn	F	F35-39	36		01:56:02	1107	01:51:39	997
1524	Adrian	Markham	M	M35-39	159		01:56:03	1108	01:55:22	1181
1135	Ally	Houghton	M	M40-44	178		01:56:03	1109	01:55:22	1182
2359	Nadine	Weeks	F	FSEN	63		01:56:04	1110	01:54:58	1167
1995	Owain	Roberts	M	MSEN	296		01:56:04	1111	01:52:49	1066
1488	Barry James	Lucketti	M	M40-44	179	Sweatshop	01:56:07	1112	01:54:48	1155
1657	Sally	Moore	F	F35-39	37	Stockport Harriers & AC	01:56:08	1113	01:55:50	1204
2393	Maureen	Wilkins	M	M50-54	90	Stockport Harriers & AC	01:56:08	1114	01:55:50	1205
1027	Tom	Harmston	M	MSEN	297	Stockport Harriers & AC	01:56:08	1115	01:55:50	1203

1039	Claire	Harrison	F	F35-39	38	South Cheshire Harriers	01:56:09	1116	01:54:49	1156
2529	Amber	Yorke	F	FSEN	64		01:56:11	1117	01:55:53	1209
2942	Nick	Marriott	M	M40-44	180	wakefield triathlon club	01:56:11	1118	01:55:53	1210
537	Jonathan	Cooper	M	M45-49	154		01:56:12	1119	01:52:28	1048
1775	Andrew	Osborne	M	M35-39	160		01:56:12	1120	01:53:15	1086
460	Graham	Cheers	M	M35-39	161	Warrington Running Club	01:56:12	1121	01:54:04	1126
2640	John	Spindler	M	M50-54	91	Chorlton Runners	01:56:12	1122	01:53:47	1113
591	Ian	Cuthbert	M	M45-49	155	Wallasey Athletics Club	01:56:14	1123	01:53:02	1078
2053	Sally	Sammut	F	FSEN	65		01:56:14	1124	01:55:30	1188
1508	Karen	Mackintosh	F	F50-54	19	Biddulph Running Club	01:56:15	1125	01:53:20	1091
2101	Tim	Sherwood	M	MSEN	298		01:56:17	1126	01:54:55	1166
2153	Andy	Speer	M	M50-54	92	Red Rose Road Runners	01:56:19	1127	01:54:26	1137
1428	Karen	Lee	F	FSEN	66		01:56:22	1128	01:55:23	1183
2560	John	Malone	M	M55-59	51	Winston Runners	01:56:25	1129	01:53:11	1082
2759	Linden	Dover	M	MSEN	299		01:56:25	1130	01:52:38	1056
1492	Katrine	Lyhr Jakobsen	F	FSEN	67		01:56:25	1131	01:52:04	1026
739	Louise	Edmondson	M	M40-44	181	petrides posse	01:56:28	1132	01:51:44	1004
2847	Stephen	Richards	M	M40-44	182		01:56:32	1133	01:55:35	1190
2787	Matt	Davison	M	MSEN	300		01:56:32	1134	01:52:06	1027
1502	Alison	Macdonald	F	F45-49	14	Ellesmere Port Running Club	01:56:32	1135	01:56:17	1233
2649	Phil	Tranter	M	M35-39	162		01:56:34	1136	01:56:23	1241
1047	Graham	Harvey	M	M45-49	156		01:56:34	1137	01:53:08	1081
1518	Joanne	Malcolmson	F	F35-39	39	red rose road runners	01:56:35	1138	01:51:58	1023
2731	Kate	Morris	F	FSEN	68	Bentham Beagles Running Club	01:56:35	1139	01:52:50	1067
807	Keith	Fawcett	M	M50-54	93		01:56:36	1140	01:54:03	1124
2661	Tom	Cassar	M	MSEN	301		01:56:36	1141	01:53:55	1122
1415	Pawel	Lawniczak	F	F35-39	40		01:56:38	1142	01:55:54	1212
729	Richard	Durcan	M	M35-39	163		01:56:44	1143	01:54:28	1139
2777	James	Kilgallon	M	M40-44	183	St.Helen's striders	01:56:45	1144	01:53:46	1111
1349	Ian	Kay	M	M45-49	157		01:56:47	1145	01:54:46	1152
2111	Martin	Simpson	M	MSEN	302	Red Rose Road runners	01:56:47	1146	01:54:54	1164
1816	Dawn	Parker	F	F50-54	20		01:56:49	1147	01:53:27	1098
2685	Justin	Baddeley	M	M45-49	158	Southport Waterloo AC	01:56:50	1148	01:54:44	1151
1067	Gwennan	Henstock	F	FSEN	69		01:56:51	1149	01:52:15	1032
2437	Mathew	Williams	M	M35-39	164		01:56:52	1150	01:55:42	1194
2481	Robert	Windscheffel	M	M35-39	165		01:56:55	1151	01:54:04	1125

1727	Alexandra	Nichols	F	FSEN	70		01:56:55	1152	01:54:16	1133
2417	David John	Williams	M	M50-54	94		01:56:57	1153	01:53:40	1107
1682	Terry	Morris	M	M45-49	159	Bentham Beagles Running Club	01:56:58	1154	01:53:12	1084
583	Andrew	Cubbin	M	M35-39	166	Village Road Runners	01:56:58	1155	01:56:15	1229
1651	Keith	Montgomery	M	M55-59	52		01:57:01	1156	01:54:29	1140
2013	Gareth	Rogers	M	MSEN	303		01:57:02	1157	01:52:20	1038
2869	Adam	Gallimore	M	M40-44	184		01:57:03	1158	01:55:49	1202
1539	Elizabeth	Martin	F	F35-39	41	Prestatyn Running Club	01:57:04	1159	01:56:11	1225
386	Tom	Burke	M	MSEN	304		01:57:07	1160	01:53:40	1108
889	George	Gaskell	M	MSEN	305		01:57:07	1161	01:55:03	1169
1238	Robert	Jenkins	M	M45-49	160		01:57:09	1162	01:54:51	1160
1911	Pippa	Purnell	F	F35-39	42	Crowborough	01:57:10	1163	01:52:58	1075
1621	Abigail	Merrett	F	F35-39	43		01:57:12	1164	01:53:33	1100
1584	John	Mcdonald	M	M35-39	167		01:57:16	1165	01:54:16	1132
1225	Nicola	Jameson	F	F35-39	44		01:57:16	1166	01:54:16	1131
1904	Dave	Prosser	M	M45-49	161	South Cheshire Harriers	01:57:17	1167	01:55:52	1207
800	Michael	Fallows	M	MSEN	306		01:57:18	1168	01:56:14	1227
529	David	Coombs	M	MSEN	307		01:57:22	1169	01:53:31	1099
1157	Dawn	Hughes	F	FSEN	71		01:57:22	1170	01:55:44	1195
2344	Will	Waters	M	M40-44	185		01:57:22	1171	01:55:58	1215
1973	Dilwyn	Roberts	M	M40-44	186	Overweight harriers	01:57:25	1172	01:56:18	1235
2387	Laura	Wiggans	F	F35-39	45	Riversway Road Runners	01:57:27	1173	01:54:52	1162
2756	Cheryl Ann	Frost	F	F45-49	15	NWRRC	01:57:30	1174	01:56:26	1245
2882	Shantelle	James	F	FSEN	72		01:57:31	1175	01:53:38	1105
2808	John	Mcadam	M	MSEN	308		01:57:31	1176	01:52:40	1058
2867	Gareth	Williams	M	M55-59	53		01:57:33	1177	01:53:17	1089
160	David	Argles	M	MSEN	309		01:57:34	1178	01:54:09	1128
317	Ron	Bowcock	M	M45-49	162	penny lane striders	01:57:35	1179	01:56:08	1218
1545	Richard	Mason	M	MSEN	310		01:57:36	1180	01:56:10	1224
249	Austin	Bell	M	M60-64	17	Abergele Mysteruns	01:57:36	1181	01:55:39	1192
1754	Colin	O'Brien	M	M40-44	187	penny lane striders	01:57:36	1182	01:56:09	1221
1960	Neil	Ringstead	M	M40-44	188	Ellesmere Port Running Club	01:57:37	1183	01:55:45	1197
2952	Steve	Treweeks	M	M45-49	163		01:57:39	1184	01:54:41	1148
1474	Helen	Lonsdale	F	F35-39	46		01:57:40	1185	01:54:42	1149
374	Andrew	Buky	M	M55-59	54		01:57:42	1186	01:53:44	1110
1874	Andy	Plant	M	M45-49	164		01:57:42	1187	01:55:08	1173

1500	Tim	Lyttle	M	M40-44	189		01:57:43	1188	01:56:38	1261
2398	James	Wilkinson	M	M40-44	190		01:57:44	1189	01:56:42	1264
2116	Mark	Skerritt	M	MSEN	311		01:57:46	1190	01:56:09	1222
1988	Kevin	Roberts	M	M40-44	191		01:57:46	1191	01:56:08	1220
2935	Jonathan	Perry	M	M45-49	165		01:57:47	1192	01:57:08	1286
1241	Andrew	Jessop	M	M45-49	166		01:57:48	1193	01:55:13	1175
731	Paul	Durkin	M	M50-54	95		01:57:50	1194	01:55:47	1200
1841	Suzette	Pentland	F	F35-39	47		01:57:52	1195	01:53:55	1123
2454	Robert	Williams	M	M55-59	55		01:57:57	1196	01:56:09	1223
2374	Paul	White	M	M35-39	168		01:57:58	1197	01:56:34	1259
1280	Curtis	Jones	M	MSEN	312		01:57:58	1198	01:55:01	1168
2040	Andrew	Rudder	M	M45-49	167	YMCA	01:58:00	1199	01:57:07	1283
2809	Jamie	Fullerton	M	MSEN	313	Knowsley Harriers AC	01:58:01	1200	01:56:04	1217
879	Steve	Gallagher	M	M50-54	96	Walk 2 Run Blackley	01:58:01	1201	01:57:07	1285
1316	Paul	Jones	M	MSEN	314		01:58:04	1202	01:54:52	1163
1031	Anthony	Harper	M	MSEN	315	Southport Waterloo AC	01:58:04	1203	01:52:59	1076
1486	Anna	Lowndes	F	FSEN	73		01:58:05	1204	01:55:34	1189
1678	Lisa	Morris	F	F45-49	16		01:58:07	1205	01:55:17	1177
1493	Jason	Lynam	M	M40-44	192		01:58:07	1206	01:56:26	1244
1389	Adam	Komorowski	M	M45-49	168		01:58:07	1207	01:56:29	1249
2604	Scott	Ashworth	M	M45-49	169	Winston Runners	01:58:08	1208	01:55:46	1199
928	Andrew	Goodson	M	M50-54	97		01:58:12	1209	01:57:33	1301
1243	Rajesh	Jinabhai	M	M40-44	193	LITTLEWOODS RUNNING CLUB	01:58:13	1210	01:55:17	1176
2266	Wayne	Tomlinson	M	M35-39	169		01:58:14	1211	01:56:47	1266
2352	Carolyn	Waywell	F	F50-54	21		01:58:14	1212	01:57:36	1305
1721	Brian	Newall	M	M50-54	98	Littlewoods Running Club	01:58:15	1213	01:55:19	1178
1834	Phil	Peake	M	M40-44	194	Live Life Light	01:58:15	1214	01:55:12	1174
2092	Kay	Shaw	F	F40-44	27	Styal Running Club	01:58:15	1215	01:55:55	1214
2684	Neil	Goodrich	M	M40-44	195		01:58:17	1216	01:56:21	1239
1848	Alison	Perrins	F	F40-44	28	Wrexham AAC	01:58:19	1217	01:56:25	1243
2031	Laurence	Rowlands	M	M50-54	99		01:58:20	1218	01:56:08	1219
1133	Thomas	Hough	M	MSEN	316		01:58:21	1219	01:54:55	1165
1664	Osian	Morgan	M	MSEN	317		01:58:22	1220	01:56:33	1257
1353	Charlotte	Keen	F	FSEN	74		01:58:22	1221	01:56:13	1226
1007	Graham	Hammond	M	M45-49	170		01:58:22	1222	01:55:19	1179
1219	Fay	Jackson	F	FSEN	75	Delamere Spartans	01:58:23	1223	01:57:24	1295

188	Jane	Bailey	F	FSEN	76		01:58:23	1224	01:56:54	1273
266	Claire	Beswick	F	F40-44	29		01:58:26	1225	01:55:53	1211
1687	Steven	Moss	M	M40-44	196		01:58:29	1226	01:57:10	1287
788	Shaun	Evans	M	MSEN	318		01:58:33	1227	01:55:45	1196
1430	Carl	Leech	M	MSEN	319	Horwich RMI Harriers	01:58:33	1228	01:54:50	1157
1521	Helen	Manley	F	FSEN	77		01:58:35	1229	01:57:47	1314
1024	Owen	Harkin	M	M40-44	197		01:58:36	1230	01:55:46	1198
214	Anthony	Barnes	M	M45-49	171		01:58:37	1231	01:56:01	1216
1691	Dorothy	Muldoon	F	F45-49	17	Winston Runners	01:58:37	1232	01:54:27	1138
363	Michael	Brown	M	MSEN	320		01:58:38	1233	01:58:05	1334
587	Michael	Cummins	M	M45-49	172	Leicester Roadhoggs	01:58:41	1234	01:50:52	946
1057	Allison	Haycox	F	F40-44	30	Wrekin Road Runners	01:58:41	1235	01:56:18	1238
1499	Amanda	Lysons	F	F35-39	48	Wrekin Road Runners	01:58:41	1236	01:56:18	1237
2840	Mark	Hyde	M	M45-49	173		01:58:41	1237	01:55:52	1208
540	Matthew	Cooper	M	MSEN	321	Macclesfield Harriers	01:58:41	1238	01:57:07	1284
512	Megan	Collins	F	FSEN	78		01:58:42	1239	01:57:50	1317
2447	Paul	Williams	M	M55-59	56		01:58:42	1240	01:58:32	1365
1674	Hayley	Morris	F	FSEN	79		01:58:42	1241	01:54:48	1153
2238	Rich	Thomas	M	MSEN	322		01:58:42	1242	01:54:48	1154
1738	Christopher	Nolan	M	M35-39	170		01:58:44	1243	01:56:31	1255
1739	Jonny	Nolan	M	MSEN	323		01:58:44	1244	01:56:31	1254
2651	Rob	Davies	M	M55-59	57	Buckley Runners	01:58:45	1245	01:54:33	1146
1104	Lee	Hobson	M	M45-49	174		01:58:48	1246	01:56:51	1270
2711	Paul	Barry	M	M60-64	18	Ealing Eagles Running Club	01:58:51	1247	01:58:18	1353
2047	Julie	Ryan	F	F45-49	18		01:58:52	1248	01:54:30	1145
2267	Sean	Toms	M	M50-54	100		01:58:52	1249	01:57:02	1282
394	Janine	Butterworth	F	F35-39	49		01:58:54	1250	01:56:33	1258
1497	Mark	Lyon	M	M45-49	175		01:58:55	1251	01:57:42	1311
525	Eugene	Cook	M	M45-49	176		01:58:58	1252	01:58:20	1355
2959	Claire	Lawrence	F	F35-39	50		01:58:58	1253	01:55:07	1172
236	Vaughn	Baynes	M	M35-39	171		01:58:58	1254	01:57:33	1302
1709	Steve	Myatt	M	M45-49	177		01:59:00	1255	01:56:49	1267
802	Ed	Farrell	M	M40-44	198		01:59:01	1256	01:58:32	1364
1620	Katie	Meredith	F	F45-49	19	Chorlton Runners	01:59:01	1257	01:56:35	1260
794	Sian	Fagence	F	FSEN	80		01:59:02	1258	01:56:15	1230
793	Dale	Fagence	M	M45-49	178		01:59:03	1259	01:56:16	1231

2958	Peter	Metcalfe	M	M40-44	199	BODYTECH	01:59:03	1260	01:55:25	1184
1728	Jane	Nicholson	F	F45-49	20	Altrincham & District Athletic	01:59:06	1261	01:57:35	1303
2566	Tina	Usherwood	F	F50-54	22		01:59:06	1262	01:56:24	1242
761	David	Ellmore	M	M50-54	101		01:59:07	1263	01:58:33	1367
158	Nick	Appleton	M	MSEN	324		01:59:07	1264	01:57:46	1313
253	Robert	Bell-Davies	M	M35-39	172		01:59:11	1265	01:56:17	1234
2574	Richard	Harmsworth	M	MSEN	325	Mossley Hill AC	01:59:12	1266	01:54:30	1143
156	Jon	Anslow	M	MSEN	326	Lawley Running Club	01:59:13	1267	01:58:49	1383
2694	Patrick	Hannon	M	M65-69	7		01:59:13	1268	01:58:24	1362
2293	Gary	Turner	M	M50-54	102		01:59:14	1269	01:57:15	1289
2455	Russell	Williams	M	MSEN	327		01:59:16	1270	01:55:48	1201
2562	Samuel	Smith	M	MSEN	328		01:59:17	1271	01:57:52	1320
1823	Christopher	Parry	M	M35-39	173		01:59:17	1272	01:58:06	1335
2136	Stephen	Smith	M	M50-54	103	Liverpool Running Club	01:59:18	1273	01:56:56	1274
588	David	Currie	M	MSEN	329		01:59:19	1274	01:57:00	1278
2312	Kristian	Virgo	M	M40-44	200		01:59:19	1275	01:57:21	1293
467	Grant	Cheyne	M	MSEN	330		01:59:19	1276	01:57:01	1280
507	Tracy	Colligan	F	F40-44	31	Prestatyn Running Club	01:59:19	1277	01:59:04	1394
1044	Angie	Hart	F	F40-44	32	Oldham & Royton Harriers & AC	01:59:22	1278	01:55:27	1185
1809	Karen	Owens	F	F45-49	21	Oswestry Olympians	01:59:22	1279	01:58:13	1344
1577	Francis	Mccombs	M	M50-54	104	Liverpool Running Club	01:59:22	1280	01:55:30	1187
2439	Michael	Williams	M	M50-54	105	r/dale	01:59:23	1281	01:58:26	1363
982	Kay	Guccione	F	FSEN	81		01:59:23	1282	01:57:24	1294
768	Ruby	Enion	F	F35-39	51		01:59:24	1283	01:55:05	1170
1730	Wendy	Nickerson	F	F40-44	33	Stockport Harriers & AC	01:59:24	1284	01:56:50	1269
202	Diane	Ball	F	FSEN	82		01:59:25	1285	01:58:16	1348
1853	Steven	Peters	M	MSEN	331		01:59:29	1286	01:57:41	1307
383	Lee	Burberry	M	M45-49	179		01:59:31	1287	01:56:27	1246
2177	Ian	Stewart	M	M50-54	106		01:59:31	1288	01:56:27	1247
1631	Adam	Miller	M	MSEN	332		01:59:32	1289	01:57:41	1310
2746	Lee	Welsby	M	M35-39	174		01:59:33	1290	01:54:44	1150
2679	Madeleine	Bird	F	F60-64	4	Ellesmere Port Running Club	01:59:33	1291	01:57:01	1281
2229	Brian	Thomas	M	M40-44	201	Shelton Striders	01:59:35	1292	01:58:20	1357
1598	Bernard	Mcmahon	M	M45-49	180		01:59:35	1293	01:58:35	1370
2581	Paul	Cummings	M	M40-44	202	South Cheshire Harriers	01:59:36	1294	01:58:56	1388
1653	Chris	Moore	M	M50-54	107		01:59:38	1295	01:56:28	1248

2726	Stephen	Llewellyn	M	M35-39	175		01:59:39	1296	01:57:54	1322
200	Clive	Baldwin	M	M55-59	58		01:59:41	1297	01:56:38	1262
1587	Catherine	Mcelhinney	F	F40-44	34		01:59:41	1298	01:58:18	1352
2534	Denise	Zachariasz	F	F40-44	35	Spectrum Striders	01:59:42	1299	01:58:02	1331
1780	Andy	Owen	M	M40-44	203		01:59:42	1300	01:55:29	1186
2625	Debs	Roberts	F	F35-39	52	Beaumaris Town Road Runners	01:59:43	1301	01:56:51	1272
1068	Tracy	Hepburn	F	F45-49	22	Shelton Striders	01:59:43	1302	01:58:47	1382
573	Lisa	Crompton	F	F35-39	53	Dragons Running Club (Sale)	01:59:44	1303	01:56:23	1240
1838	Alison	Peel	F	FSEN	83		01:59:44	1304	01:57:21	1292
1100	Hayley-Dawn	Ho	F	F45-49	23	Shelton striders	01:59:44	1305	00:00:00	0
2522	Eric	Wynne	M	MSEN	333		01:59:44	1306	01:55:55	1213
441	Nic	Chalk	M	M35-39	176		01:59:48	1307	01:58:52	1385
208	Stuart	Barkley	M	M40-44	204		01:59:50	1308	01:57:41	1309
194	Helen	Bainbridge	F	F35-39	54	Wrexham Triathlon Club	01:59:56	1309	01:58:11	1339
2593	Philip	Thomas	M	M35-39	177		01:59:56	1310	01:58:36	1372
1666	Rhiannon	Morgan	F	FSEN	84		01:59:59	1311	01:55:39	1193
2325	Frank	Walsh	M	M50-54	108	Kenilworth Runners	02:00:03	1312	01:59:29	1406
2582	Anna	Pettifor	F	FSEN	85	South Cheshire Harriers	02:00:05	1313	01:59:26	1404
604	Nicola	Daunt	F	F35-39	55	City of Chester Triathlon Club	02:00:06	1314	01:59:04	1395
1891	Nicky	Precious	F	F45-49	24		02:00:06	1315	01:58:19	1354
2232	Gafyn	Thomas	M	M35-39	178		02:00:07	1316	01:56:56	1275
2420	Ellen	Williams	F	F35-39	56		02:00:08	1317	01:55:37	1191
306	Gemma	Booth	F	FSEN	86		02:00:09	1318	02:00:01	1431
824	Andy	Fisher	M	M40-44	205	Warrington Running Club	02:00:10	1319	01:58:08	1337
479	Mike	Clark	M	M40-44	206	Warrington Running Club	02:00:10	1320	01:58:09	1338
2841	Steve	Fox	M	M50-54	109		02:00:10	1321	01:56:30	1250
2706	Christian	Jones	M	M40-44	207	Salford harriers & AC	02:00:11	1322	01:57:57	1325
575	Anneke	Crosby	F	F45-49	25	red rose road runners	02:00:11	1323	01:56:30	1252
235	John	Bayly	M	M45-49	181		02:00:11	1324	01:59:48	1417
1475	Anne Marie	Lord	F	F45-49	26	Oldham & Royton Harriers & AC	02:00:12	1325	01:57:57	1327
1405	Tom	Larkham	M	MSEN	334	SYTri (Shrewsbury Triathlon)	02:00:13	1326	01:58:45	1380
1476	Sian	Lord	F	F35-39	57		02:00:15	1327	01:56:56	1276
1798	Matthew	Owen	M	M35-39	179		02:00:17	1328	01:58:21	1358
1963	Rebecca	Robbins	F	FSEN	87		02:00:21	1329	01:59:05	1396
2390	Simon	Wilcox	M	M40-44	208		02:00:22	1330	01:58:20	1356
2436	Martin	Williams	M	M35-39	180		02:00:23	1331	01:59:02	1391

1379	Annabel	King	F	FSEN	88		02:00:25	1332	01:56:18	1236
1272	Anthony	Jones	M	MSEN	335		02:00:26	1333	01:56:16	1232
2261	Jennifer	Tipper	F	FSEN	89		02:00:27	1334	02:00:06	1434
421	Hazel	Carter	F	F35-39	58		02:00:27	1335	01:56:40	1263
2369	Ruth	Wheatley	F	F45-49	27	Lytham Road Runners	02:00:27	1336	01:57:54	1323
161	Tim	Armit	M	M45-49	182	Fylde Tri Club	02:00:27	1337	01:57:55	1324
2724	Bryn	Etherington	M	MSEN	336		02:00:28	1338	01:56:32	1256
2244	Ian	Thompson	M	M50-54	110		02:00:29	1339	01:58:37	1374
1382	Colin	Kirkham	M	M55-59	59		02:00:29	1340	01:59:15	1402
2322	Cathy	Wallington	F	F45-49	28		02:00:30	1341	01:59:53	1424
1886	Debbie	Porter	F	F40-44	36	Red Rose Road Runners	02:00:31	1342	01:56:51	1271
1803	Rhydian	Owen	M	MSEN	337		02:00:32	1343	01:56:30	1253
216	Lisa	Barnes	F	F45-49	29		02:00:33	1344	01:56:14	1228
1760	Neil	O'Hagan	M	M45-49	183		02:00:33	1345	01:57:47	1315
1731	Laura	Nield	F	FSEN	90		02:00:34	1346	01:56:30	1251
1202	Vicki	Hutchinson	F	FSEN	91	Shelton Striders	02:00:35	1347	01:59:19	1403
2671	Dean	Shafto	M	MSEN	338	Blackley W2R	02:00:41	1348	01:59:14	1400
2243	Donna	Thompson	F	F35-39	59		02:00:45	1349	01:55:51	1206
2877	Chris	Pritchard	M	MSEN	339		02:00:47	1350	01:58:08	1336
176	Jennifer	Attard	F	FSEN	92		02:00:49	1351	01:57:00	1277
1949	Carole	Richardson	F	F35-39	60		02:00:50	1352	01:57:57	1326
2817	Darren	Brown	M	M40-44	209	Liverpool Running Club	02:00:51	1353	01:57:01	1279
2350	Iona	Watson	M	M45-49	184		02:00:51	1354	01:59:03	1392
463	Les	Cheney	M	M60-64	19		02:00:53	1355	01:58:03	1333
2223	Colin	Thackray	M	M55-59	60	NWRRC	02:00:55	1356	01:57:51	1318
554	Stan	Cottier	M	M65-69	8	Liverpool Running Club	02:00:56	1357	01:57:14	1288
2868	Glenn	Lewis	M	MSEN	340	Dwgi Warriors	02:00:57	1358	01:58:40	1377
167	Kerry	Ashcroft	F	F40-44	37		02:00:59	1359	01:59:55	1428
2703	Tony	Rees	M	M60-64	20		02:00:59	1360	02:00:19	1442
2054	Julia	Samuels	F	F50-54	23		02:01:00	1361	01:58:53	1387
646	Richard	Davoos	M	M40-44	210		02:01:01	1362	01:58:52	1386
2548	Paul	Booth	M	M35-39	181		02:01:04	1363	01:58:11	1341
1559	Sarah	Mawhinney	F	F50-54	24		02:01:05	1364	02:00:34	1450
1732	Mark	Nield	M	MSEN	341		02:01:08	1365	02:00:04	1432
1439	Paul	Leonard	M	M40-44	211		02:01:08	1366	01:57:32	1300
2837	Louise	Davies	F	F40-44	38		02:01:15	1367	02:00:39	1456

2343	Clive	Waters	M	M50-54	111		02:01:15	1368	01:59:27	1405
2881	Paul	Martin	M	M40-44	212		02:01:16	1369	01:58:34	1369
1245	Andrew	Johnson	M	M55-59	61		02:01:17	1370	01:59:52	1422
978	Ifor	Gruffydd	M	M50-54	112		02:01:18	1371	01:57:20	1291
256	Don	Bennett	M	M60-64	21	Bramhall Runners	02:01:18	1372	02:00:08	1435
1151	Anne	Hughes	F	F35-39	61		02:01:19	1373	01:58:16	1350
1120	Emma	Hollinshead	F	F40-44	39	Cannock and Stafford	02:01:19	1374	01:58:14	1345
1890	David	Pratt	M	M55-59	62		02:01:21	1375	01:57:52	1319
1647	Liam	Moden	M	M45-49	185		02:01:21	1376	01:58:37	1375
2227	Adrian	Thomas	M	M40-44	213		02:01:21	1377	01:58:00	1329
324	Susan	Bowes	F	F40-44	40	Shropshire Shufflers	02:01:21	1378	02:00:18	1441
1142	Anthony	Howe	M	M35-39	182	Abergele Harriers	02:01:22	1379	01:57:31	1298
2782	Steven	Campbell	M	M35-39	183		02:01:23	1380	01:57:36	1304
207	Neil	Barker	M	M50-54	113	Royton Road Runners	02:01:23	1381	01:56:45	1265
2773	Tim	Doswell	M	M40-44	214	NYPTri	02:01:23	1382	01:57:37	1306
2926	Carolyn	Hopkinson	F	F50-54	25		02:01:25	1383	01:58:33	1368
1993	Nan	Roberts	F	F45-49	30		02:01:26	1384	02:00:58	1472
1063	Robert	Helm	M	M55-59	63		02:01:27	1385	01:58:14	1346
644	Stephen	Davison	M	M35-39	184		02:01:30	1386	01:58:36	1373
747	Jo	Edwards	F	F40-44	41	Prestatyn Running Club	02:01:32	1387	01:58:16	1349
2011	Sue	Rodgers	F	F55-59	6	Prestatyn Running Club	02:01:32	1388	01:58:16	1347
1957	Belinda	Riley	F	F55-59	7	Newcastle (Staffs) AC	02:01:33	1389	01:59:49	1420
689	Rachel	Dolan	F	F35-39	62		02:01:33	1390	01:58:21	1359
2827	Jodie	Reynolds	F	FSEN	93		02:01:33	1391	02:00:59	1474
1936	Elgan	Rees Williams	M	MSEN	342		02:01:34	1392	02:00:17	1440
2693	Nicole	Van Den Wittenboer	F	F45-49	31	Dragons Running Club (Sale)	02:01:34	1393	02:00:47	1461
703	Julianne	Downham	F	FSEN	94		02:01:35	1394	01:56:50	1268
641	Paul	Davis	M	M35-39	185		02:01:40	1395	01:58:41	1378
484	Ian	Clayton	M	M40-44	215		02:01:41	1396	01:58:12	1342
109	Hannah	Griffith	F	F40-44	42	NWRRC	02:01:42	1397	01:58:23	1361
2629	Llyr	Ap Rhobert	M	MSEN	343		02:01:42	1398	01:59:36	1410
1967	Arren	Roberts	M	M40-44	216		02:01:43	1399	01:59:00	1390
656	Graham	Denney	M	M45-49	186		02:01:44	1400	01:57:15	1290
2725	Paul	Gilbertson	M	M35-39	186	Liverpool Running Club	02:01:44	1401	01:57:45	1312
2224	Carl	Thatcher	M	MSEN	344		02:01:49	1402	02:00:50	1463
710	Robert	Drew	M	M60-64	22	Sneyd Striders	02:01:52	1403	01:59:47	1416

2615	Tracey	Jones	F	FSEN	95	Dragons Running Club (Sale)	02:01:53	1404	01:57:29	1296
2960	Graham	Yarlett	M	M40-44	217	NWRRC	02:01:54	1405	01:58:42	1379
2614	Adele	Siddall	F	F40-44	43	Dragons Running Club (Sale)	02:01:54	1406	01:57:30	1297
2135	Simon	Smith	M	M35-39	187		02:01:54	1407	01:59:14	1399
1435	Sarah	Leidner	F	FSEN	96		02:01:54	1408	01:59:15	1401
2226	Michael	Thirsk	M	M55-59	64	Stockport Harriers & AC	02:01:55	1409	01:59:54	1426
1050	Rachael	Hassall	F	FSEN	97		02:01:55	1410	01:57:57	1328
144	Leanne	Alston	F	FSEN	98		02:01:56	1411	01:58:46	1381
2091	Heidi	Shaw	F	F40-44	44		02:01:56	1412	02:01:15	1486
690	Christine	Donald	F	F50-54	26	Shelton Striders	02:01:56	1413	02:00:58	1473
1941	Iwan	Rhys	M	MSEN	345		02:01:59	1414	01:58:57	1389
825	Andy	Fisher	M	M35-39	188		02:01:59	1415	01:59:50	1421
424	Nick	Carter	M	M60-64	23	Cheshire hash house harriers	02:02:00	1416	01:57:31	1299
276	Carl	Birchall	M	M40-44	218		02:02:04	1417	01:58:36	1371
2012	Frank	Rogers	M	M40-44	219	Belle Vue Racers	02:02:06	1418	02:00:59	1475
2851	Kieran	Heneghan	M	MSEN	346		02:02:07	1419	01:59:09	1397
2822	Kathryn	Porter	F	F40-44	45		02:02:07	1420	01:59:40	1412
884	Hannah	Garlinge	F	FSEN	99		02:02:10	1421	02:01:23	1492
2015	Michael	Rogerson	M	MSEN	347		02:02:15	1422	01:57:48	1316
1327	Sam	Jones	M	M35-39	189		02:02:15	1423	02:01:37	1508
622	Liam	Davies	M	MSEN	348		02:02:15	1424	01:57:53	1321
1575	Des	Mccarthy	M	M45-49	187		02:02:20	1425	01:58:12	1343
1860	Chris	Phillipson	M	M35-39	190		02:02:20	1426	02:01:15	1485
2873	Apassara	Wichaisri	F	FSEN	100		02:02:22	1427	02:01:31	1499
1550	Maria	Matchett	F	F40-44	46		02:02:24	1428	01:58:17	1351
531	Becky	Cooper	F	FSEN	101		02:02:28	1429	02:00:56	1469
1485	Dave	Lowe	M	M35-39	191		02:02:28	1430	02:00:57	1471
408	Shirley	Campbell	F	F55-59	8		02:02:31	1431	02:00:49	1462
1302	John	Jones	M	M60-64	24	Wrexham Triathlon Club	02:02:32	1432	01:59:58	1429
2033	Michael	Rowlands	M	MSEN	349		02:02:34	1433	01:59:35	1408
2338	Philip	Warrington	M	M60-64	25		02:02:34	1434	01:59:31	1407
2401	Alan	Williams	M	M45-49	188		02:02:36	1435	02:00:36	1455
113	Sarah	Leatherbarrow	F	F50-54	27	Bramhall Runners	02:02:37	1436	01:58:01	1330
913	James	Gilzean	M	MSEN	350		02:02:38	1437	02:01:40	1510
849	Gavin	Fouracre	M	M45-49	189		02:02:38	1438	01:59:53	1423
118	Andrew	Pennell	M	M50-54	114	Bramhall Runners	02:02:38	1439	01:58:02	1332

2659	Daniel	Kozinski	M	M40-44	220	White Eagle Running Club	02:02:38	1440	02:01:12	1482
348	Joseph	Brierley	M	MSEN	351		02:02:43	1441	02:01:44	1511
2461	Steve	Williams	M	M40-44	221		02:02:43	1442	02:01:08	1477
1616	Drew	Mercer	M	M50-54	115	City Of Hull AC	02:02:47	1443	01:57:41	1308
1964	Amy	Roberts	F	FSEN	102		02:02:48	1444	02:01:25	1494
1685	Laura	Morton	F	FSEN	103		02:02:51	1445	02:01:29	1496
1781	Charlotte	Owen	F	FSEN	104		02:02:53	1446	02:01:24	1493
2187	Joshua	Street	M	MSEN	352		02:02:54	1447	02:00:33	1449
1819	Gary	Parkinson	M	M40-44	222	barlick fell runners	02:02:54	1448	02:01:36	1505
2587	Christina	Accardi	F	FSEN	105		02:02:58	1449	01:59:43	1415
2218	Paul	Taylor	M	M35-39	192		02:03:01	1450	01:58:32	1366
2453	Rich	Williams	M	MSEN	353		02:03:01	1451	01:58:21	1360
2895	Peter	Williams	M	M45-49	190		02:03:02	1452	02:01:45	1514
1789	Gary	Owen	M	M45-49	191	RUN4ALL	02:03:04	1453	02:02:04	1523
603	Andrew	Dasey	M	MSEN	354	Newcastle (Staffs) AC	02:03:04	1454	02:01:38	1509
1599	Helen	Mcmanus	F	F35-39	63		02:03:05	1455	01:58:11	1340
2072	Darren	Seeney	M	M45-49	192		02:03:06	1456	02:00:36	1454
870	John	Fryer	M	M60-64	26	Trentham Running Club	02:03:08	1457	02:00:14	1439
2139	Vikki	Smith	F	F40-44	47	Royton Road Runners	02:03:08	1458	01:58:38	1376
2204	Nigel	Symms	M	M45-49	193	Newcastle (Staffs) AC	02:03:09	1459	02:01:25	1495
2627	Simon	Roberts	M	M45-49	194		02:03:11	1460	02:02:41	1548
724	Yvette	Dukanovic	F	FSEN	106	Sneyd striders	02:03:12	1461	02:01:10	1479
1693	Sara	Mullery	F	FSEN	107		02:03:13	1462	01:58:49	1384
1842	David	Percival	M	MSEN	355		02:03:14	1463	01:59:12	1398
1438	Dave	Leonard	M	M35-39	193		02:03:14	1464	01:59:37	1411
319	Carol;	Bowen	F	F45-49	32	Blythe Bridge Running Club	02:03:15	1465	02:00:26	1446
2026	Mark	Rothero	M	M40-44	223		02:03:16	1466	02:00:44	1458
2493	Amanda	Wood	F	F45-49	33	Newcastle (Staffs) AC	02:03:16	1467	02:00:26	1447
1268	Angharad	Jones	F	FSEN	108		02:03:18	1468	02:00:14	1438
1276	Ceri	Jones	F	FSEN	109	Lawley Running Club	02:03:18	1469	01:59:49	1418
1181	Gordon	Hughes	M	MSEN	356		02:03:19	1470	01:59:41	1413
1070	Simon	Hesketh	M	MSEN	357	NWRRRC	02:03:20	1471	01:59:04	1393
2642	Michael	Hayton	M	M65-69	9	NWRRRC	02:03:22	1472	02:02:10	1526
911	Shaun	Giltrap	M	M40-44	224	Biddulph Running Club	02:03:23	1473	02:00:28	1448
1707	Sarah	Gibbs	F	F35-39	64	Vale Royal AC	02:03:24	1474	02:00:57	1470
222	Mark	Barrow	M	M40-44	225		02:03:24	1475	01:59:55	1427

559	Andy	Cowden	M	M50-54	116	Beer Alston Trekkers	02:03:25	1476	02:01:30	1497
1149	Theo	Hudson	M	MSEN	358		02:03:26	1477	02:02:27	1537
1239	Sian	Jenkins	F	F35-39	65		02:03:29	1478	02:02:38	1544
2518	Nia	Wyn Jones	F	F40-44	48		02:03:30	1479	02:02:39	1547
2866	Lee	Jones	M	M35-39	194	Team dean	02:03:36	1480	02:01:30	1498
1366	Sam	Kenny	F	F45-49	34	Penny Lane Striders	02:03:36	1481	01:59:54	1425
215	Brian	Barnes	M	M50-54	117	Chorlton Runners	02:03:40	1482	02:01:19	1489
1870	Steven	Pike	M	M60-64	27		02:03:47	1483	02:01:36	1506
2018	Josh	Rose	M	MSEN	359		02:03:48	1484	02:01:37	1507
1906	Colin	Pugh	M	M45-49	195		02:03:51	1485	02:00:34	1451
1939	Jason	Revill	M	M40-44	226	Astley & Tyldesley Road Runners	02:03:54	1486	02:03:12	1561
1971	Daren	Roberts	M	M40-44	227		02:03:56	1487	01:59:42	1414
1143	Neil	Howell	M	M40-44	228		02:03:58	1488	02:03:04	1558
2241	Ceri	Jones	F	FSEN	110	NWRRC	02:03:59	1489	02:02:33	1539
185	Chris	Bach	M	MSEN	360		02:03:59	1490	02:01:16	1487
2236	Michael	Thomas	M	M45-49	196		02:03:59	1491	02:02:34	1540
2165	Karl	Stanyer	M	M45-49	197		02:03:59	1492	02:00:46	1460
252	Peter	Bell	M	M35-39	195		02:04:01	1493	02:02:03	1522
2027	Chris	Rothwell	M	MSEN	361		02:04:01	1494	02:00:12	1437
2804	Gary	Manning	M	M40-44	229		02:04:01	1495	01:59:35	1409
379	Nick	Buley	M	M40-44	230		02:04:01	1496	02:03:01	1557
2310	Shelley	Vickers	F	FSEN	111		02:04:03	1497	02:00:25	1444
2063	Mark	Scarratt	M	M50-54	118		02:04:04	1498	01:59:49	1419
389	Chris	Burrell	M	M55-59	65	Halifax Harriers	02:04:05	1499	02:01:34	1503
1216	Paul	Islip	M	M50-54	119		02:04:06	1500	02:00:35	1453
1690	Rachel	Moynihan	F	F40-44	49		02:04:08	1501	02:02:58	1554
872	David	Furber	M	M40-44	231		02:04:09	1502	02:00:26	1445
772	Craig	Etchells	M	M40-44	232		02:04:11	1503	02:01:34	1502
2821	Matthew	Tollitt	M	M50-54	120	Penny Lane Striders	02:04:11	1504	02:00:08	1436
1704	Karen	Murray	F	FSEN	112		02:04:11	1505	02:01:45	1513
2596	Nadine	Parsons	F	FSEN	113		02:04:17	1506	02:00:19	1443
1110	Veronika	Holaskova	F	FSEN	114		02:04:17	1507	02:01:20	1491
471	Kate	Christian	F	F50-54	28	Sneyd Striders	02:04:21	1508	02:02:15	1532
334	Darren	Bradley	M	M35-39	196	Shelton Striders	02:04:21	1509	02:00:55	1467
712	Mandy	Driver	F	F45-49	35		02:04:24	1510	02:01:59	1516
1010	Zoe	Hancock	F	F35-39	66		02:04:25	1511	02:02:39	1545

1817	Martyn	Parker	M	MSEN	362		02:04:26	1512	02:02:06	1524
523	Barry	Conway	M	M45-49	198		02:04:27	1513	02:03:25	1565
1490	Stephen	Ludgate	M	MSEN	363		02:04:28	1514	02:01:33	1500
491	Janice	Clement	F	F55-59	9	Penarth and Dinas Runners	02:04:31	1515	02:01:00	1476
2170	Emma	Stenson	F	F35-39	67		02:04:31	1516	02:00:56	1468
2158	Marcus	Spencer-Williams	M	MSEN	364		02:04:32	1517	02:00:51	1464
2080	Andrew	Seville	M	MSEN	365		02:04:34	1518	02:00:06	1433
2488	Susann	Wolfram	F	FSEN	115		02:04:35	1519	02:01:59	1515
2231	David	Thomas	M	M50-54	121	Wallasey Athletics Club	02:04:35	1520	02:03:46	1579
1805	Sarah	Owen	F	F35-39	68		02:04:35	1521	02:02:00	1518
1324	Rosie	Jones	F	FSEN	116		02:04:35	1522	02:02:00	1519
2558	Phil	Mann	M	M35-39	197		02:04:37	1523	02:00:44	1459
2440	Michael	Williams	M	MSEN	366		02:04:38	1524	02:01:17	1488
173	Nick	Atkin	M	M45-49	199		02:04:38	1525	02:02:11	1527
1882	Helen	Pollitt	F	FSEN	117		02:04:40	1526	02:01:59	1517
2003	Tudur	Roberts	M	M35-39	198		02:04:40	1527	01:59:59	1430
1786	Fiona	Owen	F	F40-44	50	Eryri Harriers	02:04:41	1528	02:02:30	1538
744	Gerallt	Edwards	M	MSEN	367		02:04:44	1529	02:02:21	1535
2318	Emma	Walker	F	F40-44	51	Walk2run Wythenshawe (uka)	02:04:45	1530	02:01:13	1483
805	Andy	Farrow	M	MSEN	368		02:04:48	1531	02:03:37	1573
787	Sandra	Evans	F	F45-49	36	Market Drayton Running Club	02:04:48	1532	02:03:18	1563
2035	Alun	Rowlands	M	M55-59	66	cybi striders	02:04:49	1533	02:01:19	1490
2289	Heather	Turley	F	F45-49	37	Shelton Striders	02:04:49	1534	02:01:35	1504
1402	Steve	Langdon	M	M45-49	200		02:04:50	1535	02:00:43	1457
2057	Kat	Saunders	F	FSEN	118	Newcastle (Staffs) AC	02:04:55	1536	02:04:23	1595
543	Bonnie	Copeland	F	F40-44	52		02:04:58	1537	02:03:39	1575
2818	Carl	Williams	M	M50-54	122		02:05:00	1538	02:01:11	1480
405	Susan	Calvert	F	F55-59	10	Abergele Harriers	02:05:01	1539	02:01:09	1478
2720	Sue	Williams	F	F50-54	29		02:05:01	1540	02:01:12	1481
1770	Mark	Oliver	M	M45-49	201	Royton Road Runners	02:05:05	1541	02:04:06	1590
920	Adam	Glover	M	M45-49	202		02:05:05	1542	02:02:55	1553
2751	Toby	Blackmore	M	MSEN	369		02:05:05	1543	02:04:31	1600
119	Amy	Probert	F	F35-39	69		02:05:06	1544	02:00:55	1466
1586	Sarah	Mcdonnell	F	F35-39	70		02:05:07	1545	02:01:14	1484
1380	Tony	King	M	M55-59	67		02:05:09	1546	02:01:45	1512
1384	Claire	Knight	F	F40-44	53		02:05:16	1547	02:04:15	1591

296	Robert	Boelema	M	M50-54	123		02:05:16	1548	02:03:51	1582
1317	Philip	Jones	M	M70+	1	Prestatyn Running Club	02:05:17	1549	02:04:35	1603
1604	Kate	Mcqueen	F	FSEN	119		02:05:17	1550	02:00:35	1452
532	Clare	Cooper	F	F40-44	54	Belper Harriers	02:05:18	1551	02:04:25	1597
1883	Christopher	Pomphrey	M	M35-39	199		02:05:19	1552	02:02:13	1529
2351	Julie	Watson	F	F50-54	30	Biddulph Running Club	02:05:24	1553	02:02:35	1542
628	Paul	Davies	M	M45-49	203		02:05:29	1554	02:02:50	1552
140	Abir	Ali	M	M40-44	233		02:05:29	1555	02:03:51	1583
2102	Claire	Shiland	M	MSEN	370		02:05:29	1556	02:02:17	1533
351	Sue	Brierley-Hobson	F	F40-44	55		02:05:29	1557	02:03:34	1572
1325	Sally	Jones	M	M45-49	204	YMCA	02:05:29	1558	02:04:35	1604
449	Nigel	Chaplin	M	M35-39	200		02:05:31	1559	02:02:07	1525
2032	Mark	Rowlands	M	M55-59	68		02:05:35	1560	02:00:54	1465
2652	Richard	Baker	M	M45-49	205	Rawdon Rollers	02:05:36	1561	02:03:49	1581
2414	Daniel	Williams	M	MSEN	371		02:05:43	1562	02:03:56	1584
1211	Colin	Irving	M	M50-54	124		02:05:44	1563	02:02:13	1530
843	Rukiye	Forshaw	F	F35-39	71	Natterjack Fast Forward	02:05:45	1564	02:02:59	1556
1166	John	Hughes	M	MSEN	372		02:05:46	1565	02:03:59	1587
1477	Clare	Loughran	F	F35-39	72		02:05:47	1566	02:04:46	1608
1597	Claire	Mcloughlin	M	MSEN	373		02:05:48	1567	02:02:46	1551
2395	Carole	Wilkinson	F	F55-59	11	Lancaster and Morecambe Athl	02:05:49	1568	02:02:39	1546
1506	Philip	Mack	M	M45-49	206		02:05:49	1569	02:01:33	1501
315	Emma	Boulwood	F	F40-44	56	Shropshire shufflers	02:05:50	1570	02:04:47	1609
495	Johanne	Clifton	F	F45-49	38	Kings Heath Running Club	02:05:52	1571	02:04:47	1610
2064	John	Scholes	M	M50-54	125		02:05:53	1572	02:03:43	1577
2690	Bushra	Alam	F	F35-39	73	YMCA	02:05:54	1573	02:03:45	1578
2233	Katie	Thomas	F	F40-44	57	Lawley Running Club	02:05:57	1574	02:04:59	1616
2114	Rebecca	Skade	F	FSEN	120	Delamere Spartans	02:06:00	1575	02:03:33	1570
365	Sarah	Brown	F	FSEN	121		02:06:05	1576	02:05:06	1622
2504	Neil	Woodhouse	M	M40-44	234		02:06:05	1577	02:05:04	1621
1549	David	Matchett	M	M45-49	207		02:06:10	1578	02:02:02	1521
1103	Greg	Hobbs	M	MSEN	374		02:06:12	1579	02:02:15	1531
1258	Gareth	Johnstone	M	M40-44	235		02:06:16	1580	02:03:47	1580
2030	Susan	Rowland	F	F45-49	39		02:06:17	1581	02:02:23	1536
360	Anna	Brown	F	FSEN	122		02:06:18	1582	02:02:34	1541
1735	Lorraine	Noble	F	F50-54	31		02:06:19	1583	02:02:02	1520

535	Hayley	Cooper	F	F45-49	40		02:06:25	1584	02:03:17	1562
1680	Owain	Morris	M	MSEN	375		02:06:26	1585	02:03:26	1567
1523	Peter	Mariette	M	M40-44	236		02:06:27	1586	02:05:57	1640
2141	Andrew	Smithurst	M	M50-54	126	Pudsey Pacers	02:06:28	1587	02:06:02	1642
915	Sylvia	Gittins	F	F65-69	1	Lytham St Annes Road Runners	02:06:29	1588	02:03:59	1585
2713	Damon	Winterbottom	M	M45-49	208		02:06:32	1589	02:03:26	1566
1667	Richard	Morgan	M	M45-49	209		02:06:44	1590	02:03:59	1586
451	Jacqueline	Chapman	F	F40-44	58		02:06:46	1591	02:04:05	1589
756	Jonny	Eldridge	M	MSEN	376		02:06:50	1592	02:03:33	1571
1866	Damieon	Pickles	M	M40-44	237	Royton Road Runners	02:06:52	1593	02:02:20	1534
520	Joseph	Connor	M	MSEN	377	Bramhall Runners	02:06:52	1594	02:04:36	1605
303	Rachael	Bolton	F	FSEN	123		02:06:54	1595	02:06:12	1646
1846	Sarah	Perons	F	F50-54	32	Les Croupiers RC	02:06:56	1596	02:04:50	1613
298	Janice	Boisvert	F	F35-39	74		02:06:57	1597	02:02:12	1528
1208	Kim	Ingleby	F	F35-39	75	Team Energised	02:06:57	1598	02:03:29	1568
1571	Louise	Mccall	F	F45-49	41		02:07:02	1599	02:02:37	1543
2320	Mark	Walker	M	M55-59	69		02:07:06	1600	02:03:12	1560
2769	Paul	Cawley	M	M40-44	238		02:07:07	1601	02:05:49	1636
475	Sam	Clack	M	MSEN	378		02:07:13	1602	02:04:38	1606
2638	Claire	Rowland	F	FSEN	124	Atherton Running Club	02:07:14	1603	02:02:59	1555
2616	Chris	Blackburn	M	M45-49	210		02:07:14	1604	02:07:04	1677
1830	Girish	Patel	M	M45-49	211	Salford Metropolitan Athletic	02:07:14	1605	02:07:05	1679
1293	Huw	Jones	M	M35-39	201		02:07:23	1606	02:05:07	1623
1178	Stuart	Hughes	M	M35-39	202	Run England	02:07:24	1607	02:06:22	1653
1326	Sam	Jones	F	FSEN	125	Wrekin Road Runners	02:07:28	1608	02:04:01	1588
2929	Laura	Evans	F	FSEN	126		02:07:30	1609	02:02:45	1549
1249	Hadyn	Johnson	M	M40-44	239		02:07:31	1610	02:05:31	1631
2304	Amber	Vanderwoude	F	F35-39	76		02:07:31	1611	02:02:46	1550
2660	Georgie	Eltenton	F	FSEN	127		02:07:32	1612	02:04:51	1614
2044	Thomas	Rust	M	M50-54	127		02:07:35	1613	02:04:55	1615
1254	Richard	Johnson	M	M50-54	128		02:07:38	1614	02:05:38	1633
2753	Darren	Owen	M	M40-44	240		02:07:38	1615	02:06:36	1661
1634	Maggie	Miller	F	F40-44	59		02:07:41	1616	02:07:00	1673
1206	Paul	Hynes	M	M50-54	129	Hyde Village Striders	02:07:43	1617	02:03:09	1559
626	Michael	Davies	M	M70+	2		02:07:43	1618	02:05:52	1638
2127	Georgia	Smith	F	FSEN	128		02:07:44	1619	02:04:19	1592

2007	Jane	Robinson	F	F55-59	12		02:07:45	1620	02:03:19	1564
1566	Rosemarie	Mcardle	F	F35-39	77		02:07:48	1621	02:06:19	1650
120	Lian	Roberts	F	FSEN	129	Tattenhall	02:07:51	1622	02:04:23	1596
171	Stephen	Ashworth	M	M35-39	203		02:07:52	1623	02:04:31	1601
782	Jemina	Evans	F	FSEN	130		02:07:53	1624	02:05:08	1624
740	Rebecca	Edmondson	F	F35-39	78		02:07:59	1625	02:06:09	1645
819	Jonathan	Field	M	M45-49	212		02:08:01	1626	02:06:51	1671
1708	Peter	Murray	M	M40-44	241	Hyde Village Striders	02:08:02	1627	02:03:31	1569
190	Maria	Bailey	F	F40-44	60	Newcastle (Staffs) AC	02:08:04	1628	02:05:11	1625
1403	Victoria	Langdon	F	FSEN	131		02:08:04	1629	02:07:11	1683
1582	Sean	Mcdermott	M	MSEN	379		02:08:05	1630	02:07:12	1687
1793	James	Owen	M	M35-39	204		02:08:06	1631	02:06:05	1644
242	Emma	Beckett	F	FSEN	132	Warley Woods Pacers	02:08:07	1632	02:06:20	1651
2483	Julie	Winstanley	F	F55-59	13	Ellesmere Port Running Club	02:08:08	1633	02:03:41	1576
398	Nic	Byrne	M	MSEN	380		02:08:10	1634	02:03:38	1574
2807	Sandra	Vedovotto	F	F45-49	42		02:08:14	1635	02:04:22	1594
1388	Judie	Ko	F	F45-49	43	Liverpool Running Club	02:08:15	1636	02:04:26	1599
718	Natalie	Duckworth	F	F35-39	79		02:08:15	1637	02:07:23	1695
1109	Sabine	Hoekema	F	F35-39	80	Rhedwyr Glanrafon	02:08:16	1638	02:05:00	1617
2076	Marc	Selley	M	M45-49	213		02:08:18	1639	02:06:35	1660
2126	David	Smith	M	M60-64	28		02:08:19	1640	02:07:26	1696
159	Graham	Arden	M	M50-54	130	Abergele Harriers	02:08:21	1641	02:04:38	1607
1541	Silvia	Masiero	F	FSEN	133		02:08:23	1642	02:06:04	1643
2669	Steven	Roberts	M	M45-49	214		02:08:23	1643	02:05:49	1637
974	Rhian	Griffiths-Jones	F	FSEN	134		02:08:24	1644	02:07:11	1685
2680	Russell	Whitwell	M	M35-39	205		02:08:24	1645	02:07:18	1691
1791	Heledd	Owen	F	F45-49	44		02:08:30	1646	02:06:29	1656
785	Lee	Evans	M	M35-39	206		02:08:31	1647	02:06:30	1657
2686	Stephanie	Bird	F	F35-39	81	Chorlton Runners	02:08:32	1648	02:06:17	1649
2744	Nicola	Lomas	F	F35-39	82	walk2run	02:08:33	1649	02:07:40	1705
562	Russell	Cox	M	M55-59	70		02:08:33	1650	02:04:32	1602
1283	Dewi	Jones	M	M40-44	242	Para Fit Hoplites	02:08:34	1651	02:07:10	1682
2486	John	Wiseman	M	M50-54	131	bramhall runners	02:08:37	1652	02:06:33	1659
2747	Matthew	Glover	M	M45-49	215		02:08:39	1653	02:06:30	1658
2235	Louise	Thomas	F	FSEN	135	Liverpool Running Club	02:08:43	1654	02:08:13	1725
499	Lizzie	Cockle	F	FSEN	136		02:08:44	1655	02:07:48	1709

439	Natalie	Caughtry	F	FSEN	137		02:08:46	1656	02:04:49	1612
1112	Glyn	Holcroft	M	M65-69	10		02:08:48	1657	02:04:25	1598
1589	Clare	Mcewen	F	F40-44	61		02:08:48	1658	02:05:30	1630
2316	Andrew	Walker	M	M35-39	207		02:08:50	1659	02:04:20	1593
2888	Mark	Sobczak	M	M40-44	243		02:08:52	1660	02:05:39	1634
481	Judith	Clarke	F	F55-59	14		02:08:52	1661	02:06:38	1664
1855	Colin	Pheasant	M	M55-59	71	Chase Harriers	02:08:53	1662	02:08:40	1748
162	Sally	Armstrong	F	FSEN	138		02:08:59	1663	02:06:50	1670
1267	Andy	Jones	M	M45-49	216		02:08:59	1664	02:05:36	1632
2166	Nicola	Stanyer	F	F45-49	45		02:09:00	1665	02:05:47	1635
1193	Thomas	Hunt	M	MSEN	381		02:09:01	1666	02:06:42	1665
1637	Antony	Millington	M	MSEN	382		02:09:05	1667	02:05:19	1627
1512	Sarah	Maggs	F	FSEN	139		02:09:10	1668	02:07:59	1717
2702	Glen	Miller	M	M45-49	217	Greasby Plodders	02:09:10	1669	02:07:21	1694
1297	Jane	Jones	F	F40-44	62	Femme fatell	02:09:11	1670	02:08:23	1731
1263	Alan	Jones	M	M45-49	218	Prestatyn Running Club	02:09:12	1671	02:08:56	1757
2864	Michael	Collins	M	M45-49	219	Blythe Bridge Running Club	02:09:12	1672	02:06:24	1654
2329	Martin	Ward	M	M55-59	72		02:09:12	1673	02:05:53	1639
1527	John	Marsden	M	M65-69	11		02:09:13	1674	02:07:11	1684
847	James	Foster	M	MSEN	383		02:09:13	1675	02:05:01	1618
127	Catherine	Hayle	F	F35-39	83		02:09:14	1676	02:04:49	1611
1529	Tania	Marsden	F	F50-54	33		02:09:15	1677	02:07:13	1688
281	Peter	Birtwistle	M	M50-54	132		02:09:15	1678	02:08:22	1730
2704	Matthew	Whitley	M	M40-44	244	Greasby Plodders	02:09:17	1679	02:07:28	1697
792	Natalie	Everley	F	FSEN	140		02:09:21	1680	02:06:02	1641
1191	Martin	Hunt	M	M45-49	220		02:09:23	1681	02:07:05	1678
1155	Chris	Hughes	M	MSEN	384		02:09:27	1682	02:06:37	1662
527	Hannah	Cook	F	FSEN	141	Bramhall Runners	02:09:27	1683	02:08:39	1747
709	Sue	Doyle	F	F45-49	46		02:09:28	1684	02:07:20	1693
727	Steve	Dunkerley	M	M50-54	133		02:09:30	1685	02:05:03	1620
1189	Dawn	Hunt	F	F45-49	47		02:09:31	1686	02:05:13	1626
1567	Stephanie	Mcardle-Watson	F	FSEN	142		02:09:36	1687	02:08:08	1721
789	Steven	Evans	M	M45-49	221		02:09:38	1688	02:08:16	1727
1974	Dylan	Roberts	M	M45-49	222		02:09:42	1689	02:09:12	1763
518	Rebecca	Connolly	F	FSEN	143		02:09:46	1690	02:08:27	1738
873	John	Futter	M	M40-44	245		02:09:47	1691	02:08:57	1759

517	John	Connolly	M	M40-44	246		02:09:49	1692	02:06:27	1655
1002	Diane	Hamblet	F	F40-44	63		02:09:50	1693	02:08:10	1723
795	Jenny	Fairclough	F	F55-59	15	Red Rose Road Runners	02:10:01	1694	02:05:22	1628
733	Nicholas	Dyer	M	M35-39	208		02:10:02	1695	02:05:02	1619
2402	Alex	Williams	M	MSEN	385		02:10:04	1696	02:08:39	1746
2306	Pauline	Vella	F	F40-44	64		02:10:05	1697	02:08:08	1720
683	Matthew	Dodd	M	MSEN	386		02:10:07	1698	02:06:46	1668
1954	Yvonne	Rigby	F	F40-44	65		02:10:07	1699	02:07:59	1716
868	David	Frith	M	M45-49	223		02:10:09	1700	02:07:04	1676
1750	Emma	Nunnerley	F	F35-39	84	Lymm Runners	02:10:11	1701	02:07:32	1700
2220	Victoria	Taylor	F	F40-44	66		02:10:14	1702	02:06:17	1648
1763	Mark	O'Neill	M	M45-49	224		02:10:15	1703	02:06:45	1666
2324	Claire	Walsh	F	FSEN	144		02:10:16	1704	02:07:10	1681
1271	Anthony	Jones	M	M40-44	247		02:10:16	1705	02:05:27	1629
1642	Karina	Minchin	F	FSEN	145		02:10:17	1706	02:09:29	1778
1948	Sion	Richards	M	MSEN	387		02:10:20	1707	02:08:26	1735
1548	Sarah	Massey	F	F35-39	85		02:10:20	1708	02:06:46	1667
307	Phil	Booth	M	M45-49	225		02:10:22	1709	02:06:15	1647
265	Axelle	Besson	F	F35-39	86		02:10:25	1710	02:09:38	1787
302	Michael	Bolton	M	M50-54	134		02:10:25	1711	02:08:25	1734
2167	Dawid	Starczewski	M	M35-39	209		02:10:26	1712	02:10:06	1806
661	Lisa	Derrick	F	FSEN	146		02:10:26	1713	02:08:13	1726
2886	Albert	Zijlstra	M	M50-54	135		02:10:27	1714	02:07:50	1711
1335	Thomas	Jones	M	M60-64	29	Teesdale Athletic	02:10:30	1715	02:09:14	1765
2613	Carl	Rush	M	M40-44	248		02:10:30	1716	02:09:25	1774
1387	Beata	Knychala	F	F35-39	87	Winston Runners	02:10:33	1717	02:06:22	1652
1758	Hannah	O'Connor	F	F35-39	88		02:10:40	1718	02:07:16	1689
308	Calum	Boothroyd	M	MSEN	388		02:10:41	1719	02:07:31	1699
1489	Julie	Luckman	F	F45-49	48	Oldham & Royton Harriers & AC	02:10:41	1720	02:09:50	1791
2901	Rachel	Dennison	F	FSEN	147	Chorlton Runners	02:10:42	1721	02:08:17	1729
1037	Sue	Harris	F	F40-44	67		02:10:49	1722	02:07:12	1686
1628	Christine	Miles	F	F55-59	16	bramhall runners	02:10:51	1723	02:09:39	1788
1729	Jane	Nicholson	F	F50-54	34	Penny Lane Striders	02:10:59	1724	02:07:17	1690
2639	Marie	Motley	F	F50-54	35	Mossley Hill AC	02:11:00	1725	02:07:19	1692
1847	Ffion	Perrin	F	FSEN	148		02:11:03	1726	02:09:43	1790
1473	Terry	Long	M	M60-64	30	PENNY LANE STRIDERS	02:11:05	1727	02:07:06	1680

762	Richard	Elmore	M	M45-49	226		02:11:05	1728	02:08:48	1750
2861	Caroline	Jones	F	F50-54	36	Prestatyn Running Club	02:11:06	1729	02:07:49	1710
230	Matt	Batterbee	M	MSEN	389		02:11:07	1730	02:06:58	1672
406	Piers	Camp	M	MSEN	390		02:11:10	1731	02:09:57	1796
1298	Janette	Jones	F	F50-54	37	South Cheshire Harriers	02:11:12	1732	02:09:18	1769
1360	James	Kelso	M	M50-54	136		02:11:12	1733	02:07:38	1704
2707	John	Dickson	M	M55-59	73		02:11:15	1734	02:07:35	1702
314	Scott	Boulton	M	M40-44	249		02:11:16	1735	02:06:38	1663
1026	Lisa Clair	Harman	F	FSEN	149		02:11:17	1736	02:07:02	1674
732	Jason	Dwan	M	M40-44	250	Buckley Runners	02:11:17	1737	02:09:01	1760
917	Tanya	Gizzie	F	F35-39	89	Abergele Mysteruns	02:11:17	1738	02:07:02	1675
1310	Martin	Jones	M	M40-44	251		02:11:18	1739	02:10:39	1825
1201	Alison	Husbands	F	F45-49	49	Biddulph Running Club	02:11:20	1740	02:08:32	1741
2120	Panny	Skrivanos	M	MSEN	391		02:11:20	1741	02:09:15	1766
1274	Bethan	Jones	F	FSEN	150		02:11:21	1742	02:09:15	1767
1294	Huw	Jones	M	M50-54	137		02:11:23	1743	02:09:27	1777
1436	Janet	Leighton	F	F45-49	50		02:11:23	1744	02:08:49	1752
145	David	Ambler	M	M60-64	31	Stockport Harriers & AC	02:11:24	1745	02:08:49	1753
619	Jane	Davies	F	F45-49	51		02:11:26	1746	02:07:44	1708
1990	Lucy	Roberts	F	FSEN	151	South Cheshire Harriers	02:11:28	1747	02:08:27	1737
780	Jacqueline	Evans	F	F35-39	90		02:11:30	1748	02:08:23	1732
2750	Emily	Payne	F	FSEN	152		02:11:33	1749	02:07:42	1707
342	Mark	Brennan	M	M55-59	74	Fell Runners Association	02:11:33	1750	02:06:47	1669
2349	Helen	Watson	F	F40-44	68		02:11:33	1751	02:10:24	1816
2637	Paula	Stevens	F	F40-44	69		02:11:33	1752	02:09:51	1793
356	Liz	Brookes	F	F50-54	38		02:11:34	1753	02:08:51	1754
1749	Dave	Nunn	M	M45-49	227	Shelton Striders	02:11:34	1754	02:10:40	1827
1065	Eric	Henderson	M	M35-39	210		02:11:46	1755	02:08:29	1739
1351	Janine	Keeble	F	F35-39	91		02:11:47	1756	02:09:17	1768
853	Haydn	Fowler	M	M50-54	138	Meirionnydd Running Club	02:11:47	1757	02:10:42	1829
239	Mandy	Beard	M	M45-49	228	SWINTON RUNNING CLUB	02:11:49	1758	02:07:52	1714
1153	Benjamin	Hughes	M	MSEN	392		02:11:52	1759	02:08:30	1740
2912	Stuart	Morgan	M	M40-44	252		02:11:54	1760	02:07:29	1698
1174	Rosie	Hughes	F	FSEN	153		02:11:56	1761	02:08:34	1742
169	Fiona	Ashworth	F	F40-44	70	Winston Runners	02:12:00	1762	02:07:40	1706
2309	Jenna	Vero	F	FSEN	154		02:12:00	1763	02:09:21	1772

2889	Tania	Tolson	F	FSEN	155		02:12:01	1764	02:09:33	1781
2474	Diane	Jackson	F	F45-49	52	stoke fit	02:12:05	1765	02:10:39	1826
1286	Eryl	Jones	F	F40-44	71		02:12:06	1766	02:07:55	1715
1270	Anna	Jones	F	FSEN	156		02:12:09	1767	02:08:49	1751
2472	Katherine	Wills	F	F50-54	39		02:12:09	1768	02:09:24	1773
2830	Paul	Griffin	M	M50-54	139		02:12:11	1769	02:10:03	1804
477	Jill	Clark	F	F50-54	40	Hyde Village Striders	02:12:12	1770	02:07:37	1703
2392	Colin	Wilkes	M	M35-39	211		02:12:15	1771	02:10:59	1837
2078	Jennifer	Serjeant	F	FSEN	157		02:12:18	1772	02:11:07	1840
2450	Rebecca	Williams	F	FSEN	158	Penarth and Dinas Runners	02:12:18	1773	02:08:48	1749
1060	Martyn	Heath	M	MSEN	393		02:12:18	1774	02:08:26	1736
897	Daniel	Gee	M	MSEN	394		02:12:20	1775	02:10:33	1822
1551	Alicia	Mather	F	FSEN	159		02:12:20	1776	02:07:32	1701
338	Andrew	Brammer	M	M40-44	253		02:12:20	1777	02:07:52	1712
1383	Robert	Kittler	M	M35-39	212		02:12:20	1778	02:07:52	1713
2138	Troy	Smith	M	M40-44	254		02:12:21	1779	02:11:54	1866
1788	Gareth	Owen	M	M35-39	213		02:12:22	1780	02:09:10	1762
2302	Julie	Valentine	F	FSEN	160	Julie Valentine	02:12:22	1781	02:08:06	1718
2600	Ian	Maddrell	M	M35-39	214	Atherton Running Club	02:12:22	1782	02:08:10	1722
224	Tony	Bartlett	M	M45-49	229		02:12:26	1783	02:08:13	1724
1386	Matthew	Knight	M	M60-64	32		02:12:26	1784	02:11:22	1845
1357	Ian	Kelly	M	M55-59	75		02:12:27	1785	02:08:17	1728
395	Lucille	Buttery	F	FSEN	161		02:12:31	1786	02:09:37	1786
1655	Mark	Moore	M	M50-54	140		02:12:34	1787	02:08:07	1719
1491	Andrew	Lustig	M	M35-39	215		02:12:37	1788	02:09:03	1761
232	Mark	Baxter	M	M45-49	230	Sneyd Striders	02:12:38	1789	02:10:34	1823
759	Helen	Ellis	F	F45-49	53		02:12:45	1790	02:11:47	1860
691	Graham	Donald	M	M55-59	76		02:12:45	1791	02:11:48	1864
1454	Emily	Littlehales	F	FSEN	162		02:12:46	1792	02:09:35	1784
2361	Claire	Welland	F	FSEN	163		02:12:47	1793	02:11:04	1839
2668	James	Davies	M	MSEN	395		02:12:49	1794	02:08:35	1744
2666	Izzy	Partridge	F	FSEN	164		02:12:49	1795	02:08:35	1743
2541	Sian	Murray	F	F40-44	72		02:12:51	1796	02:09:33	1783
1899	Carrie-Ann	Price	F	F40-44	73		02:12:53	1797	02:12:37	1891
1592	Sue	Mcindoe	F	F45-49	54	Deestriders Running Club	02:12:57	1798	02:09:35	1785
1615	Stephanie	Mememory	F	F45-49	55		02:13:03	1799	02:09:13	1764

1832	Lyndsey	Peacock	F	FSEN	165	chester road runners	02:13:05	1800	02:08:52	1755
2106	Tracy	Shufflebottom	F	F45-49	56	Biddulph Running Club	02:13:06	1801	02:10:10	1808
2741	Daniel	Pleass	M	MSEN	396		02:13:06	1802	02:08:53	1756
653	Dr Joe	Delaney	M	M55-59	77	Village Road Runners	02:13:07	1803	02:09:31	1780
1638	Andrew	Mills	M	M40-44	255		02:13:08	1804	02:09:30	1779
652	Clare	Delaney	F	F40-44	74		02:13:09	1805	02:09:33	1782
630	Peter	Davies	M	M55-59	78	Mossley Hill AC	02:13:10	1806	02:08:25	1733
193	Ian	Baillie	M	M70+	3		02:13:13	1807	02:08:56	1758
688	Will	Doherty	M	M50-54	141	Cambridge Avenue Fundraisers	02:13:14	1808	02:12:24	1883
2275	Joanne	Trafford	F	FSEN	166		02:13:15	1809	02:08:35	1745
1009	Colin	Hampson	M	M45-49	231	Rhedwyr Glanrafon	02:13:18	1810	02:09:59	1799
2071	Lorna	Seal	F	F45-49	57	Styal Running Club	02:13:20	1811	02:11:01	1838
1373	Angela	Kerslake	F	F45-49	58	Stockport Harriers & AC	02:13:21	1812	02:09:26	1775
1334	Tegwyn	Jones	M	M60-64	33		02:13:21	1813	02:10:07	1807
1970	Colin	Roberts	M	M35-39	216		02:13:23	1814	02:11:41	1857
521	Caroline	Constable	F	F45-49	59		02:13:24	1815	02:10:17	1814
1903	Vincent	Proost	M	M45-49	232		02:13:24	1816	02:10:55	1834
2067	Jill	Scorer	F	F50-54	41		02:13:25	1817	02:11:26	1847
1301	Jill	Jones	F	FSEN	167		02:13:27	1818	02:10:01	1800
2058	Peter	Saunders	M	M35-39	217		02:13:32	1819	02:10:11	1809
2550	Anthony	Annibale	M	M50-54	142		02:13:36	1820	02:10:44	1830
2549	Carl	Davies	M	M40-44	256		02:13:37	1821	02:10:46	1831
621	Julie	Davies	F	F45-49	60		02:13:37	1822	02:10:04	1805
2779	Andrew	Aird	M	M40-44	257		02:13:38	1823	02:09:39	1789
1563	Kerris	Mayes	M	M40-44	258		02:13:40	1824	02:10:39	1824
1562	Kerisa	Mayes	F	F40-44	75		02:13:41	1825	02:10:40	1828
345	Jo	Bridge	F	FSEN	168	West Cheshire AC	02:13:43	1826	02:09:20	1771
966	Dewi	Griffiths	M	M50-54	143	Fylde coast runners	02:13:46	1827	02:09:27	1776
1869	Robert	Pierce	M	M35-39	218		02:13:46	1828	02:11:56	1867
1242	Tamsin	Jessup	F	FSEN	169		02:13:47	1829	02:12:16	1877
837	Paul	Folly	M	MSEN	397		02:13:48	1830	02:09:55	1794
355	Clare	Brookes	F	F40-44	76	Mow cop runners	02:13:49	1831	02:10:55	1835
2025	Steven	Ross	M	MSEN	398		02:13:49	1832	02:12:54	1900
2799	Phil	Jones	M	M35-39	219		02:13:50	1833	02:12:28	1885
470	Eva	Christian	F	F40-44	77		02:13:52	1834	02:09:19	1770
1827	Ruth	Parsons	F	FSEN	170	Newcastle (Staffs) AC	02:13:52	1835	02:12:55	1902

651	Rachel	Degg	F	F40-44	78	Newcastle (Staffs) AC	02:13:52	1836	02:12:55	1901
1579	Jeanette	Mccormack	F	FSEN	171	Kirkby Stormers	02:13:57	1837	02:11:39	1856
277	David	Birchall	M	M65-69	12		02:13:59	1838	02:10:30	1819
1880	Hannah	Plumer	F	FSEN	172		02:14:01	1839	02:13:10	1907
2147	Tony	Southworth	M	M50-54	144	Winston Runners	02:14:01	1840	02:09:50	1792
369	Felicity	Bryson	F	FSEN	173		02:14:02	1841	02:09:58	1797
580	Anna	Crossley	F	FSEN	174		02:14:02	1842	02:09:58	1798
826	Julia	Fisher	F	FSEN	175		02:14:04	1843	02:13:21	1914
328	James	Boxall	M	MSEN	399		02:14:05	1844	02:11:21	1844
1284	Diane	Jones	F	F35-39	92	Abergele Harriers	02:14:05	1845	02:11:34	1853
1918	Dere	Ralphs	M	M50-54	145		02:14:10	1846	02:10:30	1817
1756	Claire	O'Callaghan	F	FSEN	176	Penny Lane Striders	02:14:10	1847	02:10:30	1818
1183	Carol	Hughes-Morris	M	M40-44	259		02:14:11	1848	02:13:13	1910
2673	Joanne	Evans	F	FSEN	177	Liverpool Running Club	02:14:14	1849	02:10:11	1811
878	Lester	Gallagher	M	M50-54	146		02:14:14	1850	02:10:02	1802
2291	Fiona	Turnbull	F	FSEN	178	Clapham Runners	02:14:14	1851	02:12:12	1875
2803	Elaine	Jones	F	F35-39	93	Liverpool Running Club	02:14:15	1852	02:12:54	1899
2618	Jennie	Rooney	F	FSEN	179	Liverpool Running Club	02:14:15	1853	02:10:12	1812
1722	Christine	Newbury	M	M45-49	233	Liverpool Running Club	02:14:16	1854	02:09:56	1795
1661	Ian	Morgan	M	M40-44	260		02:14:18	1855	02:11:47	1859
1840	Margaret	Pennington	F	F40-44	79		02:14:19	1856	02:12:31	1889
2796	Charlotte	Davis	F	FSEN	180	Riversway Road Runners	02:14:26	1857	02:11:48	1863
2833	Steve	Mack	M	M45-49	234		02:14:28	1858	02:12:51	1896
288	Peter	Blackburne	M	MSEN	400		02:14:29	1859	02:12:15	1876
694	Danielle	Donnelly	F	FSEN	181		02:14:33	1860	02:10:31	1821
524	Robert	Conway	M	M40-44	261		02:14:34	1861	02:13:20	1913
1938	Dave	Reid	M	M50-54	147	City of Chester Triathlon Club	02:14:35	1862	02:11:56	1869
1517	Glenn	Makin	M	M35-39	220		02:14:35	1863	02:13:20	1912
2023	Mags	Ross	F	F40-44	80		02:14:38	1864	02:10:11	1810
2927	Paula	Hughes	F	F45-49	61		02:14:39	1865	02:11:47	1858
866	Mary	Freer	F	F35-39	94	Royton Road Runners	02:14:40	1866	02:10:01	1801
2900	Jennifer	Brown	F	F40-44	81		02:14:43	1867	02:11:19	1843
2928	Carla	Xena	F	FSEN	182	Draga & Carla	02:14:43	1868	02:11:30	1850
806	Lianne	Farrow	F	FSEN	183		02:14:45	1869	02:13:35	1922
738	Lee	Edmondson	M	M40-44	262	petrides posse	02:14:49	1870	02:10:03	1803
483	Rachel	Clarke	F	F35-39	95		02:14:50	1871	02:10:14	1813

918	Douglas	Gladwin	M	M50-54	148		bungay black dog rc	02:14:51	1872	02:12:29	1887
1920	Lesley	Ramsden	F	F45-49	62		Wrekin Road Runners	02:14:53	1873	02:10:30	1820
1950	David	Richardson	M	M45-49	235			02:14:54	1874	02:13:22	1917
1867	Emma	Pickup	F	F40-44	82			02:14:55	1875	02:11:33	1852
1542	Fran	Mason	F	F40-44	83			02:14:56	1876	02:13:52	1927
1844	Rosie	Perkin	F	F50-54	42			02:14:56	1877	02:12:31	1888
2066	Claire	Scoots	F	FSEN	184			02:14:56	1878	02:12:52	1897
2917	Andrew	Teere-Lockley	M	MSEN	401			02:14:57	1879	02:13:58	1930
663	Yasmin	Devi-Mcgleish	F	FSEN	185			02:14:57	1880	02:10:59	1836
2647	Dave	Bailey	M	M35-39	221			02:15:00	1881	02:10:54	1833
833	Victoria	Fletcher	F	F35-39	96		UK Athletics Run Leader Walk2	02:15:00	1882	02:11:28	1849
932	Samantha	Goodwin	F	F45-49	63			02:15:01	1883	02:12:35	1890
2496	Mike	Wood	M	M60-64	34			02:15:05	1884	02:14:10	1938
563	Christine	Cranham	F	F40-44	84			02:15:06	1885	02:10:50	1832
132	Kenneth	Ackers	M	M60-64	35		Middleton Harriers	02:15:10	1886	02:10:22	1815
2184	Karen	Stone	F	F35-39	97		swindon striders	02:15:10	1887	02:14:23	1945
1467	Ffion	Lloyd Jones	F	FSEN	186			02:15:10	1888	02:11:33	1851
2890	Bridget	Jones	F	F50-54	43			02:15:13	1889	02:11:54	1865
375	Annabelle	Buky	F	F55-59	17			02:15:15	1890	02:11:17	1842
1513	Kevin	Maguire	M	M65-69	13		Winston Runners	02:15:16	1891	02:12:01	1871
325	Joe	Bowker	M	MSEN	402			02:15:19	1892	02:11:27	1848
2511	Susie	Woods	F	F45-49	64		City of Chester Triathlon Club	02:15:19	1893	02:12:44	1895
1264	Alison	Jones	F	F45-49	65			02:15:19	1894	02:11:07	1841
2683	Cathie	Parkinson	F	F45-49	66			02:15:30	1895	02:13:23	1918
672	Ian	Digweed	M	M45-49	236			02:15:33	1896	02:14:02	1933
466	Lisa	Chew	M	M40-44	263			02:15:36	1897	02:12:28	1886
1185	David	Hulbert	M	M35-39	222			02:15:40	1898	02:11:23	1846
2034	Nia	Rowlands	F	FSEN	187			02:15:42	1899	02:12:08	1872
1996	Paula	Roberts	F	F35-39	98		NWRRRC	02:15:42	1900	02:12:08	1873
639	Louise	Davis	F	F35-39	99			02:15:42	1901	02:12:08	1874
2074	Daniel	Seiderer	M	M40-44	264			02:15:47	1902	02:13:33	1921
1975	Eleri	Roberts	F	FSEN	188			02:15:54	1903	02:15:22	1957
721	Sharron	Duffy	F	F45-49	67			02:15:55	1904	02:14:43	1949
1665	Pukkie	Morgan	F	F45-49	68		Aberystwyth AC	02:15:56	1905	02:12:00	1870
821	Peter	Finlay	M	MSEN	403		Kings Heath Running Club	02:16:01	1906	02:12:23	1882
2494	Dan	Wood	M	M35-39	223			02:16:01	1907	02:12:20	1878

1236	Julie	Jenkins	F	F50-54	44	Atherton Running Club	02:16:03	1908	02:11:48	1862
1372	Jacqueline	Kersey	F	F45-49	69		02:16:03	1909	02:11:38	1854
1464	Paul	Lloyd	M	MSEN	404		02:16:03	1910	02:13:35	1923
1802	Rachel	Owen	F	FSEN	189		02:16:08	1911	02:12:26	1884
1182	Rebeca	Hughes Davies	F	FSEN	190		02:16:11	1912	02:11:56	1868
305	Heather	Bonnie-OWen	F	F40-44	85		02:16:11	1913	02:14:19	1944
1034	Carl	Harris	M	MSEN	405		02:16:13	1914	02:15:30	1961
1660	Hugh	Morgan	M	M40-44	265	Eryri Harriers	02:16:15	1915	02:14:02	1934
1160	Gavin	Hughes	M	MSEN	406		02:16:19	1916	02:13:47	1925
2087	Ian Robert	Sharp	M	M45-49	237	shelton striders	02:16:19	1917	02:13:40	1924
137	John	Albutt	M	M60-64	36		02:16:20	1918	02:11:48	1861
1720	Megan	New	F	F40-44	86	abergele harriers	02:16:24	1919	02:11:38	1855
725	Nicola	Duncalf	F	F35-39	100		02:16:27	1920	02:14:07	1935
1857	Mark Lee	Phillips	M	MSEN	407		02:16:28	1921	02:13:22	1916
2389	Pam	Wilcox	F	F40-44	87		02:16:32	1922	02:14:24	1946
1161	Huw	Hughes	M	MSEN	408	Team Guns	02:16:33	1923	02:13:22	1915
2041	Faye	Ruscoe	F	F35-39	101		02:16:35	1924	02:14:44	1951
316	Dominic	Bovis	M	M40-44	266		02:16:35	1925	02:12:42	1894
998	Ken	Hall	M	M45-49	238		02:16:39	1926	02:13:23	1919
114	Alison	Lysons	F	F50-54	45	Warrington Road Runners	02:16:40	1927	02:15:31	1962
986	Paul	Gurney	M	M35-39	224		02:16:41	1928	02:15:33	1963
2375	Rob	White	M	MSEN	409		02:16:42	1929	02:13:15	1911
350	Nicky	Brierley	F	F45-49	70		02:16:43	1930	02:14:18	1943
2195	Sian	Summers	F	FSEN	191		02:16:46	1931	02:13:31	1920
1901	Alexandra	Pritchard	F	FSEN	192	Aberystwyth AC	02:16:53	1932	02:12:57	1904
370	Caroline	Buckand	F	FSEN	193		02:16:55	1933	02:12:42	1893
2133	Lynn	Smith	F	F50-54	46	Crosby Stormers	02:16:57	1934	02:14:40	1948
2394	Alice	Wilkinson	F	FSEN	194		02:16:58	1935	02:12:22	1880
1895	Gareth	Price	M	MSEN	410		02:17:09	1936	02:12:22	1879
1560	Melissa	Maxwell	F	FSEN	195		02:17:09	1937	02:15:52	1968
2721	Florianne	Petit	F	FSEN	196		02:17:09	1938	02:12:22	1881
606	Helen	Davidson	F	F40-44	88		02:17:12	1939	02:12:38	1892
1162	Ian	Hughes	M	MSEN	411		02:17:13	1940	02:12:55	1903
297	Mpho	Bogatsu	F	F40-44	89		02:17:21	1941	02:16:05	1977
2621	Courtney	Hessick	F	F35-39	102		02:17:22	1942	02:13:13	1909
1052	Peter	Hatfield	M	MSEN	412		02:17:22	1943	02:16:18	1981

402	Danica	Caiger-Smith	F	FSEN	197		02:17:22	1944	02:14:56	1953
2850	Emily	Caiger-Smith	F	FSEN	198		02:17:22	1945	02:14:56	1954
2037	Susan	Royal	F	F50-54	47	Hyde Village Striders	02:17:26	1946	02:12:52	1898
2451	Rhys	Williams	M	M40-44	267	Rhedwyr Glanrafon	02:17:27	1947	02:14:07	1936
714	Alan	Duckers	M	M55-59	79	City of Chester Triathlon Club	02:17:34	1948	02:14:11	1941
2140	Warren	Smith	M	M35-39	225	Wrekin Road Runners	02:17:35	1949	02:14:07	1937
2282	Sarah	Tucker	F	F35-39	103	Shabbarunners	02:17:41	1950	02:16:56	1994
1654	Joanne	Moore	F	F50-54	48		02:17:42	1951	02:13:05	1906
2829	Maureen	Hadfield	F	F50-54	49	Winston Runners	02:17:42	1952	02:15:34	1964
2897	Susan	Pickering	F	F35-39	104		02:17:46	1953	02:13:01	1905
719	Jane	Duddle	F	F40-44	90		02:17:49	1954	02:13:12	1908
2691	Frankie	Smith	M	M45-49	239	Liverpool Running Club	02:17:53	1955	02:13:49	1926
2408	Annwen	Williams	F	F50-54	50		02:18:03	1956	02:16:24	1983
2501	James	Woodbine	M	M45-49	240		02:18:04	1957	02:14:51	1952
1425	Karen	Leadbitter	F	FSEN	199		02:18:11	1958	02:14:01	1932
492	Lynda	Clifford	F	F45-49	71	Winston Runners	02:18:11	1959	02:13:52	1928
2891	Janet	Wootton	F	F35-39	105	Blythe Bridge Running Club	02:18:16	1960	02:15:28	1959
1414	Jaz	Lawlor	F	FSEN	200		02:18:16	1961	02:13:54	1929
1399	Pauline	Lam	F	FSEN	201		02:18:18	1962	02:14:01	1931
1205	Andrew	Hyde	M	MSEN	413		02:18:18	1963	02:17:10	1996
940	David	Goulden	M	M35-39	226	RacingSnakeDave	02:18:18	1964	02:14:10	1939
2605	Terry	Hammond	M	MSEN	414		02:18:23	1965	02:17:05	1995
295	Mari	Boczar	F	FSEN	202	raf lakenheath/mildenhall runn	02:18:26	1966	02:17:39	2005
892	Robert	Gater	M	MSEN	415		02:18:27	1967	02:14:32	1947
450	Tracy	Chaplin	F	F35-39	106		02:18:28	1968	02:14:44	1950
2287	Paul	Turgoose	M	M45-49	241	Gatley Runners	02:18:35	1969	02:15:58	1972
1787	Francesca	Owen	F	F40-44	91		02:18:35	1970	02:15:57	1971
2242	Brian	Thompson	M	MSEN	416		02:18:37	1971	02:17:48	2011
2245	Jessica	Thompson	F	FSEN	203		02:18:37	1972	02:17:49	2012
1051	Tom	Hastings	M	MSEN	417		02:18:40	1973	02:14:11	1940
456	Lloyd	Charman	M	MSEN	418		02:18:40	1974	02:14:12	1942
2406	Andy	Williams	M	M45-49	242		02:18:41	1975	02:16:05	1976
2783	Jessica	Sales	F	FSEN	204		02:18:42	1976	02:15:23	1958
1220	James	Jackson	M	MSEN	419		02:18:43	1977	02:15:30	1960
1669	Katherine	Morgan Pike	F	F40-44	92		02:18:51	1978	02:16:39	1986
1677	Lindsay	Morris	F	FSEN	205	South Cheshire Harriers	02:18:54	1979	02:15:53	1969

1071	Daniel	Hewitt	M	MSEN	420		02:18:57	1980	02:15:04	1955
790	Terry	Evans	M	M55-59	80		02:19:00	1981	02:15:15	1956
2802	Elaine	Corfield	F	F40-44	93	Liverpool Running Club	02:19:03	1982	02:17:42	2007
2048	Christopher	Sagar	M	M45-49	243	Hyde Village Striders	02:19:05	1983	02:16:47	1991
597	Paul	Daly	M	M40-44	268		02:19:10	1984	02:16:02	1974
547	Fiona	Corden	F	F45-49	72	Shelton Striders	02:19:11	1985	02:17:56	2017
404	Laura	Callender	F	FSEN	206		02:19:16	1986	02:15:45	1966
2445	Nicola	Williams	F	F40-44	94		02:19:17	1987	02:15:53	1970
1905	Jane	Prosser	F	F50-54	51		02:19:17	1988	02:15:51	1967
1697	Sam	Murcutt	F	FSEN	207		02:19:23	1989	02:17:47	2010
2766	Nicola	Staniforth	F	F40-44	95		02:19:27	1990	02:16:54	1993
584	Holly	Cuffin	F	FSEN	208		02:19:27	1991	02:16:01	1973
1553	Ele	Mathieson	F	F45-49	73	Knowle and Dorridge Running C	02:19:32	1992	02:17:59	2019
2852	Amy	Donnellan	F	FSEN	209		02:19:35	1993	02:17:29	2002
2129	James	Smith	M	MSEN	421		02:19:39	1994	02:17:53	2013
2247	Matthew	Thompson	M	MSEN	422	Matthew Thompson	02:19:43	1995	02:15:43	1965
153	Joanne	Andreou	F	F40-44	96		02:19:50	1996	02:16:41	1987
722	Tanya	Duffy	M	MSEN	423	Cybi striders	02:19:50	1997	02:16:41	1988
1049	Paula	Harvey	F	F40-44	97	cybi striders	02:19:51	1998	02:16:42	1990
2270	Wayne	Tookey	M	M50-54	149	Cybi Striders	02:19:51	1999	02:16:42	1989
1607	Kirsten	Mcvey	F	F40-44	98	CLC Striders	02:19:57	2000	02:19:01	2034
1912	Aine	Quinn	F	FSEN	210	Chorlton Runners	02:20:01	2001	02:17:46	2009
2412	Catrin	Williams	F	FSEN	211		02:20:02	2002	02:18:18	2028
126	Kevin	Clark	M	M40-44	269		02:20:04	2003	02:16:21	1982
702	Becci	Downes	F	FSEN	212		02:20:06	2004	02:16:25	1984
2910	Rhys	Humphreys	M	M40-44	270		02:20:09	2005	02:18:10	2023
1717	Gemma	Neale	F	FSEN	213		02:20:11	2006	02:16:10	1978
419	Cynthia	Carter	F	F60-64	5	Crosby Stormers	02:20:24	2007	02:18:06	2020
1148	Sian	Hudson	F	FSEN	214		02:20:30	2008	02:17:27	2000
919	Hannah	Gledhill	F	FSEN	215		02:20:30	2009	02:17:28	2001
1943	Danny	Richards	M	MSEN	424	Newport and district running c	02:20:33	2010	02:16:11	1979
1046	Robin	Hartley	M	MSEN	425	Wrekin Road Runners	02:20:39	2011	02:16:17	1980
1106	Anne-Marie	Hodgson	F	F35-39	107		02:20:40	2012	02:16:28	1985
1098	Paul	Hirons	M	MSEN	426		02:20:40	2013	02:19:42	2049
1672	Anthony	Morris	M	M55-59	81	Liverpool Running Club	02:20:42	2014	02:16:50	1992
2645	David	Newell	M	M35-39	227		02:20:45	2015	02:20:01	2050

1192	Oliver	Hunt	M	MSEN	427		02:20:47	2016	02:18:29	2029
2336	Stacey	Warren	F	FSEN	216		02:20:50	2017	02:16:04	1975
1609	Elizabeth	Medhurst	F	FSEN	217		02:20:57	2018	02:19:29	2045
2781	Kate	Geary	F	FSEN	218	Potters Trotters	02:21:03	2019	02:17:40	2006
322	Rick	Bower	M	M55-59	82		02:21:11	2020	02:18:12	2025
2475	Abby	Wilson	F	FSEN	219		02:21:11	2021	02:18:08	2022
1796	Kevin	Owen	M	M40-44	271	Meirionnydd Running Club	02:21:16	2022	02:17:11	1997
135	Jenny	Airey	F	FSEN	220	Macclesfield Harriers	02:21:19	2023	02:17:55	2015
294	Wendy	Boardman	F	F50-54	52	Macclesfield Harriers	02:21:19	2024	02:17:55	2016
2265	Dawn	Tomlinson	F	F45-49	74	Shelton Striders	02:21:25	2025	02:20:10	2054
220	Peter	Barratt	M	MSEN	428	Peter Barratt	02:21:28	2026	02:17:45	2008
2571	Neil	Johnstone	M	M50-54	150		02:21:28	2027	02:17:11	1998
2464	Tony	Fletcher	M	M65-69	14		02:21:34	2028	02:19:18	2042
631	Richard	Davies	M	MSEN	429		02:21:35	2029	02:17:59	2018
797	Sonia	Fairweather	F	F50-54	53		02:21:39	2030	02:17:26	1999
1898	Sarah	Price	F	FSEN	221		02:21:39	2031	02:18:13	2026
368	Tom	Bryant	M	M35-39	228		02:21:43	2032	02:18:11	2024
2337	Robert	Warriner	M	M65-69	15		02:21:45	2033	02:18:40	2030
1187	Ian	Humphreys	M	M45-49	244		02:21:47	2034	02:17:38	2004
2255	Jane	Tibbitts	F	F55-59	18	Stourbridge Running Club	02:21:50	2035	02:18:14	2027
925	John	Gomez	M	M55-59	83		02:21:51	2036	02:17:38	2003
695	Danny	Donovan	M	M40-44	272		02:22:04	2037	02:18:47	2031
972	Tracy	Griffiths	F	F45-49	75		02:22:11	2038	02:19:23	2043
2446	Nigel	Williams	M	M50-54	151		02:22:11	2039	02:21:10	2080
1289	Graham	Jones	M	M55-59	84		02:22:12	2040	02:19:02	2035
1108	Julie	Hodgson	F	F55-59	19	new marske harriers	02:22:15	2041	02:21:24	2089
2273	Sue	Tovey	F	F50-54	54		02:22:16	2042	02:18:06	2021
2182	Michael	Stokes	M	MSEN	430		02:22:17	2043	02:19:32	2046
781	Jaime	Evans	M	MSEN	431		02:22:18	2044	02:19:33	2047
1227	Roy	Jardine	M	M65-69	16	Eryri Harriers	02:22:26	2045	02:20:24	2057
2372	Charles	White	M	M55-59	85		02:22:31	2046	02:20:20	2056
1984	Iorwerth	Roberts	M	M70+	4	Eryri Harriers	02:22:31	2047	02:17:54	2014
313	Peter	Boulton	M	M65-69	17		02:22:37	2048	02:21:14	2083
799	Jo	Fallows	M	M40-44	273	Manchester Harriers & AC	02:22:45	2049	02:20:51	2072
1212	Joanne	Irving	F	F40-44	99		02:22:45	2050	02:19:13	2039
886	Monica	Garnett	F	F50-54	55		02:22:45	2051	02:20:50	2071

1824	Eurwyn	Parry	M	M40-44	274		02:22:49	2052	02:19:33	2048
457	Daniel	Charnley	M	MSEN	432		02:22:50	2053	02:21:08	2078
1076	Stuart	Heys	M	MSEN	433		02:22:53	2054	02:20:28	2059
567	Lian	Crierie	F	FSEN	222		02:22:57	2055	02:21:20	2086
2459	Stephanie	Williams	F	FSEN	223		02:22:58	2056	02:21:21	2087
2373	Fay	White	F	FSEN	224		02:22:59	2057	02:20:48	2069
560	Deborah	Cox	F	F50-54	56	Stockport Harriers & AC	02:23:01	2058	02:19:00	2033
748	Joan	Edwards	F	F50-54	57	NWRRC	02:23:10	2059	02:21:34	2092
172	Lee	Atherton	M	M35-39	229		02:23:15	2060	02:18:49	2032
2832	Sonia	Wignall	F	F40-44	100	Abergele Harriers	02:23:19	2061	02:20:31	2061
177	Mair	Aubrey	F	F35-39	108		02:23:20	2062	02:20:52	2073
426	Jas	Cartwrigght	F	F40-44	101		02:23:21	2063	02:20:34	2065
427	Steve	Cartwright	M	M40-44	275		02:23:21	2064	02:20:34	2064
2276	Ian	Trencher	M	M35-39	230		02:23:29	2065	02:21:17	2085
984	Gillian	Gunstone	F	F55-59	20		02:23:29	2066	02:20:11	2055
2551	Becky	Fletcher	F	F45-49	76		02:23:33	2067	02:19:03	2036
2050	Isabella	Saletz	F	F40-44	102		02:23:33	2068	02:22:46	2117
1277	Chris	Jones	M	M50-54	152		02:23:35	2069	02:19:29	2044
117	David	Niblock	M	M50-54	153		02:23:36	2070	02:20:29	2060
948	Clare	Green	F	FSEN	225		02:23:45	2071	02:21:52	2095
2292	Clair	Turner	F	F40-44	103		02:23:46	2072	02:19:15	2040
2294	Lee	Turner	M	M40-44	276		02:23:47	2073	02:19:15	2041
318	Richard	Bowe	M	M40-44	277	Shelton striders	02:23:53	2074	02:20:37	2067
693	Sarah	Done	F	F40-44	104		02:23:55	2075	02:19:10	2037
692	Chris	Done	M	M40-44	278		02:23:55	2076	02:19:11	2038
1121	Karen	Holmes	F	F40-44	105		02:23:57	2077	02:20:33	2063
2739	Jennifer	Houghton	F	FSEN	226		02:23:59	2078	02:20:55	2074
2181	David	Stockman	M	M50-54	154		02:24:02	2079	02:21:17	2084
2149	Kate	Sowden	M	M35-39	231	Donkey Tri Club	02:24:07	2080	02:21:22	2088
1711	Eddie	Naisby	M	MSEN	434	Prestatyn Running Club	02:24:12	2081	02:21:26	2091
2949	Peter	Gerring	M	M45-49	245		02:24:16	2082	02:20:08	2053
2688	Edward	Roberts	M	M50-54	155		02:24:21	2083	02:23:57	2130
1209	Mark	Ireland	M	MSEN	435		02:24:21	2084	02:20:01	2051
123	John	Whitby	M	M45-49	246		02:24:22	2085	02:20:02	2052
198	Katharine	Baker	F	F45-49	77		02:24:24	2086	02:22:35	2112
538	Julie	Cooper	F	F50-54	58		02:24:30	2087	02:22:46	2118

728	Sharon	Dunne	F	F40-44	106	Warrington Running Club	02:24:31	2088	02:22:45	2116
2517	Ed	Wright	M	MSEN	436		02:24:39	2089	02:21:09	2079
309	Rebecca	Bostock	F	F40-44	107		02:24:39	2090	02:20:37	2066
1118	Hilary	Hollington	F	F60-64	6	Sneyd Striders	02:24:46	2091	02:22:39	2114
2073	Jacqueline	Seeney	F	F45-49	78		02:24:59	2092	02:22:30	2110
2790	Tracy	Lea	F	F40-44	108		02:24:59	2093	02:20:33	2062
2806	Lance	Hanly	M	M40-44	279		02:25:04	2094	02:20:25	2058
2870	Melisa	Blunt	F	F50-54	59	Blythe Bridge Running Club	02:25:07	2095	02:22:20	2109
201	Iola	Baldwin	F	F45-49	79		02:25:08	2096	02:20:59	2075
717	Andy	Duckworth	M	M40-44	280	Styal Running Club	02:25:08	2097	02:20:44	2068
1613	Kathleen	Mellor	F	F55-59	21	potters trotters	02:25:12	2098	02:22:48	2119
1234	Sarah	Jegou	F	F35-39	109		02:25:30	2099	02:21:05	2076
2425	Graham	Williams	M	M45-49	247		02:25:31	2100	02:21:06	2077
929	Beverley	Goodson	F	F45-49	80	Deestriders Running Club	02:25:31	2101	02:20:50	2070
2609	Jamie	Evans	M	MSEN	437		02:25:44	2102	01:49:56	906
2161	Andy	Stamp	M	MSEN	438		02:25:54	2103	02:21:25	2090
509	Andrew	Collin	M	M60-64	37		02:25:55	2104	02:21:55	2096
1018	Pippa	Hardwick	F	F35-39	110	Anglesey Canicross	02:25:59	2105	02:23:09	2121
1449	Michelle	Lindfield	F	F40-44	109		02:25:59	2106	02:21:13	2081
1329	Sian	Jones	F	F35-39	111		02:26:00	2107	02:23:28	2126
2849	David	Hobson	M	M50-54	156	Stockport Harriers & AC	02:26:00	2108	02:21:14	2082
1221	Liam	Jackson	M	MSEN	439		02:26:15	2109	02:21:59	2098
2495	Hannah	Wood	F	F35-39	112	Run in Wirral	02:26:17	2110	02:22:15	2106
1519	Cheryl	Male	F	F45-49	81	Run in Wirral	02:26:18	2111	02:22:15	2107
1961	Sara	Rioux	F	F40-44	110		02:26:18	2112	02:22:15	2108
564	Anwen	Crawford	F	F45-49	82		02:26:18	2113	02:23:36	2127
2132	Laura	Smith	F	FSEN	227		02:26:22	2114	02:22:03	2100
1030	Alison	Harper	F	F35-39	113		02:26:22	2115	02:22:03	2101
1968	Bethan Wyn	Roberts	F	F40-44	111		02:26:23	2116	02:25:22	2151
1156	Dave	Hughes	M	M55-59	86	10kDreamTeam	02:26:24	2117	02:22:51	2120
2718	Anne	Kirby	F	F45-49	83	Ellesmere Port Running Club	02:26:26	2118	02:21:58	2097
203	Elaine	Ball	F	F35-39	114		02:26:27	2119	02:21:40	2093
1072	Jim	Hewitt	M	M65-69	18		02:26:28	2120	02:23:50	2128
217	Carmel	Barnett	F	F55-59	22	Ellesmere Port Running Club	02:26:29	2121	02:22:01	2099
1501	Andy	Mac Donald	M	M40-44	281	Abergele Harriers	02:26:29	2122	02:22:32	2111
2584	Steve	Williams	M	MSEN	440		02:26:30	2123	02:21:42	2094

2810	Tom	Ambrose	M	MSEN	441		02:26:30	2124	02:24:31	2140
125	Simon	Wilkins	M	M50-54	157		02:26:31	2125	02:25:33	2155
327	Matty	Bowman	M	M45-49	248		02:26:35	2126	02:22:11	2103
2269	Amanda	Tooke	F	F40-44	112	Ellesmere Port Running Club	02:26:38	2127	02:22:10	2102
2715	Elaine	Hulse	F	F50-54	60	Ellesmere Port Running Club	02:26:39	2128	02:22:11	2104
2716	Chris	Hulse	M	M50-54	158	City of Chester Triathlon Club	02:26:41	2129	02:22:14	2105
2698	Daniel	Jackson	M	MSEN	442		02:26:43	2130	02:23:55	2129
264	Jason	Berry	M	M40-44	282	DynamicRunners	02:26:51	2131	02:24:14	2136
272	Catherine	Billington	F	F40-44	113		02:27:06	2132	02:24:28	2138
2022	Frankie	Ross	F	F45-49	84		02:27:07	2133	02:24:29	2139
2938	Elizabeth	Meehan	F	FSEN	228		02:27:08	2134	02:25:57	2161
2844	Darrin	Percy	M	M45-49	249	Ellesmere Port Running Club	02:27:15	2135	02:22:44	2115
2248	Tina	Thompson	F	F45-49	85	W2R Blackley	02:27:28	2136	02:24:10	2135
1256	Nicola	Johnston	F	FSEN	229	W2R Blackley	02:27:29	2137	02:24:10	2134
2563	Matt	Ricketts	M	MSEN	443		02:27:36	2138	02:22:38	2113
1927	Rachel	Randles	F	F40-44	114		02:27:38	2139	02:25:50	2157
1173	Robbie	Hughes	M	MSEN	444		02:27:41	2140	02:24:07	2133
2622	Wincy	Choi	F	FSEN	230		02:27:46	2141	02:25:02	2144
572	Ian	Croker	M	MSEN	445		02:27:46	2142	02:26:01	2162
2332	Wendy	Ward	F	F40-44	115	Red rose road runners	02:27:58	2143	02:23:18	2122
1774	Helen	Orson	F	F50-54	61	Red Rose Road Runners	02:27:58	2144	02:23:19	2123
2194	Rebecca	Styles	F	F40-44	116	Bramhall runners	02:27:59	2145	02:23:24	2124
1275	Cath	Jones	F	F50-54	62	Bramhall Runners	02:28:00	2146	02:23:24	2125
2029	Shirley	Rowen	F	F50-54	63		02:28:03	2147	02:25:54	2159
924	Kenneth	Gofton	M	M60-64	38	RUGELY RUNNERS	02:28:05	2148	02:25:55	2160
2513	Kenny	Worrall	M	M40-44	283	Liverpool Running Club	02:28:06	2149	02:24:01	2131
708	Catherine	Doyle	F	F35-39	115	Knowsley Harriers AC	02:28:06	2150	02:24:02	2132
2061	Holly	Savage	F	FSEN	231		02:28:10	2151	02:24:50	2142
1130	Polly	Hornby	F	F35-39	116	Betsi Runaways	02:28:20	2152	02:24:44	2141
2407	Angharad	Williams	F	FSEN	232		02:28:21	2153	02:27:37	2180
1352	Kathryn	Keeling	F	FSEN	233		02:28:25	2154	02:24:25	2137
2175	Phillip	Stewardson	M	MSEN	446	Sneyd striders	02:28:26	2155	02:26:25	2166
609	Amy	Davies	F	FSEN	234		02:28:33	2156	02:26:47	2169
1534	Neil	Marshall	M	M35-39	232		02:28:43	2157	02:25:26	2153
1703	Joanne	Murray	F	F40-44	117		02:28:47	2158	02:25:19	2150
312	Ginny	Boughton-Fellows	F	F50-54	64		02:28:48	2159	02:25:03	2145

813	Carol	Fell	F	F65-69	2	Warrington Wonder Women	02:28:53	2160	02:27:07	2172
259	Maryanne	Bennett	F	F40-44	118		02:29:02	2161	02:28:18	2185
2765	Margaret	Williams	F	F70+	1		02:29:05	2162	02:26:34	2167
2052	Kai	Samlofski	M	M40-44	284		02:29:09	2163	02:27:17	2175
2300	Susan	Utting	F	F65-69	3		02:29:10	2164	02:25:15	2147
1982	Gwyneth	Roberts	F	FSEN	235		02:29:10	2165	02:25:15	2148
2268	Kevin	Tooby	M	M55-59	87		02:29:11	2166	02:25:15	2149
1319	Rebecca	Jones	F	F35-39	117		02:29:19	2167	02:26:51	2170
968	Heledd	Griffiths	F	FSEN	236		02:29:25	2168	02:27:24	2178
2512	Martyn	Woodward	M	M40-44	285	Hyde Village Striders	02:29:28	2169	02:24:54	2143
582	Diane	Crump	F	F40-44	119	Lawley Running Club	02:29:30	2170	02:25:52	2158
2185	Nichola	Storey	M	M40-44	286	MK Lakeside Runners	02:29:38	2171	02:28:37	2194
2845	Leanne	Davies	F	FSEN	237		02:29:43	2172	02:26:07	2164
829	Laura	Fleming	F	FSEN	238	Falkland Trail Runners	02:29:49	2173	02:25:14	2146
2646	Heidi	Laverty	F	FSEN	239		02:29:51	2174	02:26:09	2165
2695	Paul	Dix	M	M65-69	19		02:29:51	2175	02:25:27	2154
2914	Ed	Chmara	M	M65-69	20		02:29:52	2176	02:26:45	2168
2650	Linzi	Duncalf	F	F45-49	86		02:29:55	2177	02:25:24	2152
1850	Heather	Perry	F	F35-39	118		02:29:57	2178	02:25:48	2156
848	Stephanie	Foster	F	F45-49	87		02:30:10	2179	02:28:42	2195
1985	Jade	Roberts	F	FSEN	240		02:30:13	2180	02:27:37	2179
1279	Christopher	Jones	M	M40-44	287		02:30:20	2181	02:28:26	2190
329	Anne	Boycott	F	F65-69	4		02:30:22	2182	02:26:05	2163
985	Abby	Gunstone-Smith	F	FSEN	241		02:30:36	2183	02:27:18	2176
1736	Pedro	Nogueira	M	MSEN	447		02:30:36	2184	02:28:19	2187
1536	Victoria	Marshall-Jones	F	FSEN	242		02:30:47	2185	02:28:11	2184
995	Deborah	Hale	F	F50-54	65	Lawley Running club	02:30:50	2186	02:27:58	2181
2379	Shaz	Whitfield	F	F45-49	88	Potters trotters	02:30:54	2187	02:29:17	2202
1679	Lynda	Morris	F	F45-49	89	Bentham Beagles Running Club	02:31:03	2188	02:27:16	2174
1417	Daniel	Lawrence	M	MSEN	448		02:31:06	2189	02:27:11	2173
357	Matt	Brookfield	M	M40-44	288		02:31:25	2190	02:28:36	2193
2203	Winston	Sylvester	M	M55-59	88		02:31:27	2191	02:27:02	2171
1013	Emily	Hankey	F	FSEN	243		02:31:27	2192	02:28:25	2189
1748	Alison	Nunn	F	F45-49	90	Shelton Striders	02:31:49	2193	02:30:35	2210
1503	Julie	Macdonald	F	F45-49	91		02:31:53	2194	02:29:05	2200
1777	Jane	Oughton	F	F55-59	23	Abbey Runners Leeds	02:32:00	2195	02:27:22	2177

455	Gwennan	Charlton	F	FSEN	244		02:32:07	2196	02:28:24	2188
1269	Ann	Jones	F	F65-69	5		02:32:08	2197	02:28:08	2183
528	Anna	Coombs	F	FSEN	245		02:32:10	2198	02:28:18	2186
2086	Yasmin	Sharif	F	F40-44	120		02:32:15	2199	02:29:04	2198
680	Katrina	Docksey	F	F50-54	66		02:32:15	2200	02:29:04	2199
1358	Katie	Kelly	F	FSEN	246		02:32:24	2201	02:28:53	2196
1461	Barry	Lloyd	M	M35-39	233		02:32:24	2202	02:28:33	2191
620	Jonathan	Davies	M	MSEN	449		02:32:33	2203	02:28:34	2192
2164	Claire	Stanistreet	F	FSEN	247	Penny Lane Striders	02:32:44	2204	02:29:03	2197
2381	Rebekah	Whittaker	F	F40-44	121		02:32:44	2205	02:28:04	2182
1902	Michael	Proctor	M	M40-44	289		02:32:55	2206	02:30:35	2211
209	Hazel	Barlow	F	F50-54	67	Michelin Athletic Club	02:33:06	2207	02:30:53	2213
1617	Hayley	Merchant	F	F40-44	122		02:33:11	2208	02:31:34	2220
2634	Alison	Ewing	F	F50-54	68	Warrington Running Club	02:33:18	2209	02:31:35	2222
2043	Lyndsey	Russell	F	F35-39	119		02:33:24	2210	02:30:03	2207
2051	Patti	Salisbury	F	F65-69	6		02:33:24	2211	02:29:37	2204
1839	Matthew	Pemrick	M	M40-44	290		02:33:24	2212	02:30:04	2208
1896	Georgina	Price	F	FSEN	248		02:33:32	2213	02:29:43	2206
1001	Harald	Halvorson	M	M45-49	250	Helensburgh Amateur Athletics	02:33:35	2214	02:29:29	2203
2499	Linda	Woodall	F	F50-54	69	Michelin athletic club	02:33:36	2215	02:31:23	2218
2489	Emma	Woloszyk	F	FSEN	249		02:33:46	2216	02:32:58	2236
2842	Kim	Hopkins	F	F40-44	123	Chester Road Runners	02:33:54	2217	02:29:38	2205
1863	Sara	Pickard	F	F45-49	92		02:33:58	2218	02:30:07	2209
2360	Mark	Weldrick	M	M40-44	291		02:33:59	2219	02:29:09	2201
304	Catherine	Bond	F	FSEN	250		02:34:00	2220	02:31:34	2221
2110	Corrina	Simmons	F	FSEN	251		02:34:28	2221	02:31:23	2217
1570	Damian	Mccafferty	M	M35-39	234		02:34:28	2222	02:31:24	2219
1318	Rebecca	Jones	F	FSEN	252		02:34:31	2223	02:32:43	2231
2311	Dragana	Vidovic	F	FSEN	253	Carla & Draga	02:35:14	2224	02:32:01	2228
1342	Emma	Kaar	F	FSEN	254		02:35:16	2225	02:32:53	2234
533	Colin	Cooper	M	M45-49	251		02:35:17	2226	02:30:54	2214
842	Michelle	Formosa	F	FSEN	255		02:35:17	2227	02:30:55	2215
1404	Samantha	Large	F	FSEN	256		02:35:26	2228	02:33:01	2237
1688	Sally	Moston	F	F45-49	93	Bramhall Runners	02:35:26	2229	02:30:52	2212
2658	Catrin	Parry	F	F40-44	124		02:35:38	2230	02:32:32	2230
2463	Tayla	Williams	F	FSEN	257		02:35:52	2231	02:33:24	2240

2295	Lucy	Tyack	F	FSEN	258		02:35:53	2232	02:33:25	2241
905	Elisabeth	Gibson	M	M45-49	252		02:35:58	2233	02:34:08	2249
1625	Kellie	Meyer	F	F40-44	125		02:36:06	2234	02:31:16	2216
2119	Drew	Skinner	M	M45-49	253	Chester Road Runners	02:36:11	2235	02:31:55	2227
1516	Rachel	Mairs	F	FSEN	259	Liverpool Running Club	02:36:15	2236	02:31:52	2225
2467	Marie	Williamson	F	F35-39	120	Derbyshire Dynamos	02:36:15	2237	02:34:05	2245
2468	Tracey	Williamson	F	F40-44	126		02:36:16	2238	02:34:05	2247
1462	Emily	Lloyd	F	FSEN	260		02:36:19	2239	02:32:27	2229
133	Shelagh	Ackers	F	F55-59	24	MIDDLETON HARRIERS	02:36:28	2240	02:31:38	2223
1764	Rosaline	O'Neill	M	M55-59	89		02:36:28	2241	02:31:39	2224
178	Sarah	Aubrey	F	F35-39	121		02:36:30	2242	02:31:54	2226
611	Bethan	Davies	F	F35-39	122		02:36:34	2243	02:34:06	2248
595	Vicky	Dale	F	F50-54	70		02:36:46	2244	02:33:09	2238
938	Katy	Gough	F	F40-44	127	Newcastle (Staffs) AC	02:37:05	2245	02:33:55	2244
2531	Lucy	Young	F	FSEN	261		02:37:09	2246	02:32:50	2233
1594	Laura	Mckee	F	FSEN	262		02:37:19	2247	02:33:44	2242
2502	Chris	Woodcock	M	MSEN	450		02:37:26	2248	02:32:50	2232
2069	Ceri	Scott	F	FSEN	263		02:37:28	2249	02:32:58	2235
2610	Charlotte	Ames	F	FSEN	264		02:37:28	2250	02:34:15	2254
1498	Karen	Lysek	F	F35-39	123		02:37:30	2251	02:33:49	2243
1624	Erin	Meyer	F	FSEN	265		02:38:06	2252	02:33:16	2239
705	Elly	Downing	F	F40-44	128	Meirionnydd Running Club	02:38:10	2253	02:34:05	2246
2824	Nina	Barthel	F	FSEN	266	Manchester Fronrunners	02:38:19	2254	02:37:09	2271
1170	Melissa	Hughes	F	FSEN	267		02:38:33	2255	02:34:13	2251
1053	David	Hatton	M	MSEN	451		02:38:33	2256	02:34:14	2252
1000	Allison	Halvorson	F	F45-49	94	Helensburgh Amateur Athletics	02:38:38	2257	02:34:31	2257
2941	Gareth	Culley	M	MSEN	452		02:38:38	2258	02:34:12	2250
2620	Kevin	Bailey	M	MSEN	453		02:38:39	2259	02:35:48	2263
822	Darren	Finnegan	M	M45-49	254	Knowsley Harriers AC	02:38:40	2260	02:37:12	2273
2042	Bethan	Russell	F	FSEN	268	Mutha Runners	02:38:49	2261	02:35:05	2259
2039	Peter	Rudd	M	M55-59	90		02:39:05	2262	02:34:20	2255
1152	Audrey	Hughes	F	F40-44	129		02:39:05	2263	02:34:14	2253
1806	Tina	Owen	F	F45-49	95		02:39:11	2264	02:34:31	2256
861	Celia	Free	F	F40-44	130		02:39:19	2265	02:35:46	2262
2100	Sadie	Sherran	F	FSEN	269		02:39:25	2266	02:36:30	2268
464	Elizabeth	Chesters	F	FSEN	270		02:39:33	2267	02:37:10	2272

2357	Lynne	Webster	F	F60-64	7	Bramhall Runners	02:39:34	2268	02:34:59	2258
2397	Gwenllian	Wilkinson	F	FSEN	271		02:39:45	2269	02:35:35	2261
2384	Colin	Wickens	M	M50-54	159		02:40:01	2270	02:35:17	2260
2234	Laura	Thomas	F	FSEN	272		02:40:02	2271	02:36:00	2265
2256	Rachel	Tickle	F	FSEN	273		02:40:04	2272	02:39:12	2283
1213	Marcus	Irving	M	M35-39	235		02:40:24	2273	02:39:05	2282
1465	Steve	Lloyd	M	M55-59	91		02:40:29	2274	02:36:17	2266
610	Anne	Davies	F	F60-64	8	potters trotters	02:40:34	2275	02:38:10	2275
1783	Christine	Owen	F	F40-44	131	Meirionnydd Running Club	02:40:34	2276	02:36:28	2267
1463	Jennifer	Lloyd	F	F35-39	124		02:40:56	2277	02:37:01	2270
1578	Jennifer	Mcconnell	F	FSEN	274		02:41:09	2278	02:38:54	2279
2506	Peter	Wooding	M	M45-49	255		02:41:10	2279	02:38:43	2278
2457	Sarah	Williams	F	FSEN	275		02:41:22	2280	02:36:36	2269
840	Stephen	Ford	M	M55-59	92		02:41:24	2281	02:37:34	2274
2674	Leeanne	Evans	F	FSEN	276	Liverpool Running Club	02:42:18	2282	02:38:13	2277
2675	Jackie	Mcgoldrick	F	F50-54	71	Liverpool Running Club	02:42:18	2283	02:38:12	2276
1907	Roy	Pugh	M	M55-59	93		02:42:35	2284	02:39:52	2287
1769	Joanne	Oliver	M	M35-39	236	Lawley Running Club	02:42:38	2285	02:39:47	2286
980	Lisa	Grundy	F	FSEN	277		02:42:40	2286	02:40:17	2288
841	Joanna	Foreman	F	FSEN	278		02:42:44	2287	02:41:12	2293
2424	Geraint	Williams	M	MSEN	454		02:43:20	2288	02:36:00	2264
816	Matthew	Ferdinando	M	MSEN	455		02:43:31	2289	02:39:38	2285
104	Debbie	Burgoyne-Dawson	F	F50-54	72		02:43:40	2290	02:39:37	2284
1343	Jumana	Kaderbhai	F	FSEN	279		02:43:56	2291	02:39:04	2281
270	Qasim	Bharmal	M	MSEN	456		02:43:57	2292	02:39:03	2280
1167	Llinos	Hughes	F	F35-39	125	10kDreamTeam	02:44:10	2293	02:40:36	2290
2321	Matthew	Wallace	M	MSEN	457		02:44:15	2294	02:40:17	2289
438	Phil	Catton	M	M55-59	94		02:44:42	2295	02:42:39	2297
1829	Alicia	Pasley	F	FSEN	280		02:44:43	2296	02:42:40	2298
1078	Brian	Heywood	M	M55-59	95		02:45:28	2297	02:40:44	2291
278	Lauren	Bird	F	FSEN	281		02:45:52	2298	02:41:41	2296
2788	Leslie	Thomas-Pugh	F	F40-44	132		02:45:55	2299	02:41:22	2294
1683	Helen	Morrison	F	FSEN	282		02:46:00	2300	02:41:05	2292
2797	Colin	Clayton	M	M45-49	256		02:46:06	2301	02:41:26	2295
679	Rachel	Dobson	F	FSEN	283		02:47:14	2302	02:44:04	2302
2540	John	Rowlands	M	M65-69	21	Whitchurch Whippets	02:47:27	2303	02:43:32	2300

2307	Clive	Vernall	M	M55-59	96		02:47:56	2304	02:43:19	2299
211	Jon	Barlow	M	MSEN	458		02:48:02	2305	02:47:19	2307
2363	Karen	Wellington	F	F45-49	96		02:48:25	2306	02:45:48	2305
2794	Christopher	Welsby	M	M45-49	257		02:48:40	2307	02:43:41	2301
1176	Sandra	Hughes	F	F35-39	126		02:49:27	2308	02:47:50	2309
1306	Margaret	Jones	F	F55-59	25		02:49:57	2309	02:47:28	2308
2205	Cerys	Symonds	F	FSEN	284		02:50:15	2310	02:45:42	2303
1291	Hannah	Jones	F	FSEN	285		02:50:15	2311	02:45:42	2304
2045	Cate	Rutherford	F	F45-49	97		02:50:50	2312	02:46:39	2306
2088	Kay	Sharp	F	FSEN	286		02:51:42	2313	02:48:35	2310
1164	Jessica	Hughes	F	F35-39	127		02:52:19	2314	02:49:51	2314
1479	Emma	Louise	F	F35-39	128		02:52:47	2315	02:48:44	2311
811	Joseph	Fearn	M	M35-39	237		02:53:07	2316	02:50:33	2318
1917	Emily	Ralph	F	FSEN	287		02:53:11	2317	02:50:32	2317
830	Alison	Fletcher	F	F50-54	73		02:53:31	2318	02:49:02	2312
1695	Caroline	Mulvaney Jones	F	FSEN	288		02:53:37	2319	02:52:13	2325
1466	Joanne	Lloyd	F	F35-39	129		02:53:44	2320	02:52:10	2323
500	Stuart	Cocklin	M	M35-39	238		02:53:46	2321	02:52:10	2324
1856	Bobbie	Phillips	F	F60-64	9	Rising Brook Runners	02:53:55	2322	02:49:56	2315
1583	Grainne	Mcdonagh	F	F50-54	74		02:53:55	2323	02:52:46	2326
770	Murtaza	Esmailji	M	MSEN	459		02:54:10	2324	02:49:18	2313
2095	Amanda	Sheldon	F	F45-49	98		02:54:39	2325	02:51:03	2320
2124	Trevor	Smart	M	M45-49	258		02:54:40	2326	02:51:05	2321
1648	Fiona	Moen	F	F35-39	130		02:55:18	2327	02:50:18	2316
1603	Amanda	Mcphee	F	FSEN	289		02:55:38	2328	02:50:43	2319
2510	Sean	Woods	M	M45-49	259	Sean Woods	02:56:13	2329	02:53:41	2328
274	John	Bilsland	M	M65-69	22		02:56:25	2330	02:51:45	2322
510	James	Collin	M	MSEN	460		02:57:06	2331	02:53:06	2327
1532	Gwenda	Marshall	F	F55-59	26	Fylde coast runners	02:58:32	2332	02:55:29	2331
1909	Ann	Pugsley	F	F55-59	27		02:58:32	2333	02:55:29	2332
2308	Nadine	Vernon	F	FSEN	290		02:58:37	2334	02:56:21	2335
1800	Pauline	Owen	F	F50-54	75		02:59:26	2335	02:54:46	2329
485	Karen	Clayton	F	F45-49	99		02:59:41	2336	02:56:04	2333
1540	Janet	Martin	F	F45-49	100		02:59:56	2337	02:56:17	2334
1062	Claire	Hegarty	F	F35-39	131		02:59:56	2338	02:55:21	2330
2083	Bernadette	Sexton	F	FSEN	291		03:00:03	2339	02:56:39	2336

1406	Christine	Larkin	F	F45-49	101	Sospan Road Runners and Pow	03:01:47	2340	03:00:13	2338
508	Amy	Collin	F	FSEN	292		03:04:13	2341	02:59:38	2337
828	Suzanne	Flavell	F	F35-39	132		03:06:33	2342	03:03:53	2341
636	Tracy	Davies	F	F45-49	102		03:06:34	2343	03:03:52	2340
1989	Kim	Roberts	F	F55-59	28	AOHL [action on hearing loss]	03:06:47	2344	03:03:52	2339
751	Rowena	Edwards	F	FSEN	293		03:09:14	2345	03:08:37	2342
1531	Kirsty	Marsh	F	FSEN	294		03:10:25	2346	03:08:45	2343
422	Natalie	Carter	F	F35-39	133		03:12:58	2347	03:09:01	2344
2568	Annie	Bickerton	F	FSEN	295		03:15:21	2348	03:12:33	2348
1718	Patrick	Nee	M	MSEN	461		03:15:42	2349	03:11:41	2346
2371	Adam	White	M	MSEN	462		03:15:42	2350	03:11:42	2347
2530	Lesley	Young	F	F60-64	10	Dulwich Park runners	03:16:03	2351	03:11:11	2345
163	Hayley	Arrowsmith	F	FSEN	296		03:21:54	2352	03:17:19	2349
817	Lee	Ferguson	M	M50-54	160		03:21:59	2353	03:19:37	2351
1894	Mark	Preston	M	M50-54	161		03:21:59	2354	03:19:38	2352
271	Rachael	Bickerton	F	FSEN	297		03:23:59	2355	03:19:23	2350
1450	Kathleen	Ling	F	F70+	2	Wrekin Road Runners	03:24:57	2356	03:20:57	2353
765	Suzy	Emsden	F	F40-44	133		03:26:04	2357	03:24:36	2354
1017	Gemma	Harding	F	FSEN	298		03:31:37	2358	03:26:44	2355
1036	Paul	Harris	M	MSEN	463		03:32:06	2359	03:29:19	2359
146	Gill	Amos	F	F40-44	134		03:32:08	2360	03:27:14	2356
279	Natalie Lou	Birkett	F	FSEN	299	Aims	03:32:08	2361	03:27:15	2357
1480	Mohamed	Loutfi	M	MSEN	464		03:32:24	2362	03:28:19	2358
2955	Paul	Craddock	M	M40-44	292		03:39:12	2363	03:34:51	2361
1395	Soni	Kumari	F	FSEN	300		03:39:12	2364	03:34:51	2360
769	Liz	Ennis	F	FSEN	301		03:41:07	2365	03:38:01	2362
590	Walter	Cusack	M	M45-49	DNF	Warrington AC	DNF	DNF	DNF	DNF
605	Grant	Davidson	M	M40-44	DNF	Mersey Tri	DNF	DNF	DNF	DNF
165	Jane	Ashbrook	F	F35-39	DNF	Helsby RC	DNF	DNF	DNF	DNF
2305	Jason	Vaughan	M	M40-44	DNF		DNF	DNF	DNF	DNF
1150	Aled	Hughes	M	MSEN	DNF		DNF	DNF	DNF	DNF
2199	Kate	Sweetman	F	FSEN	DNF		DNF	DNF	DNF	DNF
2856	Jo	Davies	F	F70+	DNF		DNF	DNF	DNF	DNF
292	Phil	Bloxham	M	M35-39	DNF		DNF	DNF	DNF	DNF
2038	John	Royle	M	M45-49	DNF	Wrexham Triathlon Club	DNF	DNF	DNF	DNF